



When your child starts school there are many skills that they should have ideally mastered or that you could help with along the way. You can use this sheet as a guide to track their progress.



Self Care

- ♥ I know when to wash my hands.
- ♥ I can wipe my nose.
- ♥ I can ask for help if I don't feel well.

Independence

- ♥ I am happy to be away from my mummy, daddy or my main carer.
- ♥ I am happy to tidy up my belongings and look after my things.
- ♥ I am feeling confident with starting school.

Speaking & Literacy

- ♥ I am interested in books & looking at pictures.
- ♥ I am practicing recognising my name when it is written down.

Getting dressed on my own

- ♥ I can button & unbutton my clothes.
- ♥ I can put on my own shoes & socks on.
- ♥ I can put on my coat on & use the zip.

Writing Skills

- ♥ I like tracing patterns & colouring in.
- ♥ I enjoy experimenting with different shapes.
- ♥ I am practicing to hold a pencil.
- ♥ I can go to the toilet on my own.
- ♥ I can wipe myself & flush correctly.
- ♥ I can wash & dry my hands without help.

Counting

- ♥ I enjoy counting objects.
- ♥ I like saying number rhymes and playing counting games.
- ♥ I can recognise some numbers when they are written down.

Sharing

- ♥ I can share toys & take turns.
- ♥ I can play games with others.
- ♥ I can interact with other children.

Listening & Understanding

- ♥ I am able to sit still and listen for a short while.
- ♥ I can follow instructions.
- ♥ I understand the need to follow rules.

Eating

- ♥ I can use a knife and fork.
- ♥ I can open my packed lunch on my own.
- ♥ I am confident at opening wrappers.

Routines

- ♥ I have practised putting on my uniform & getting ready to leave on time.
- ♥ I have a good bedtime routine so I'm not feeling tired for school.
- ♥ I am learning to eat at the times that I will at school.