



Young People
Scan this QR
code to find
support

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Parents scan
this QR code to
find support

SCAN ME

Text a school nurse directly to talk about
health or emotional wellbeing:
If you're 11-19 text our ChatHealth line on:

07507330510

or scan the QR code



If you're a parent of 5-19 year old text our
Lancashire ParentLine for support on:

07312263554

or scan the QR code

