

WASH WASH WASH ENN INFORMATION

Allergy / Intolerance:  
Child Name / Area :  
Dates / Term:

**Allergy/Intolerance Menu**

WHE Spring Summer 2024

14 EU Allergen Free menu (Except Fish)

Implementation Date

\*All recipe codes are given in bold (e.g.: **F6**) - to find the recipe on Sharepoint start your search with the letters PRI - e.g.: **PRI.F6**.

DATES	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>		
<b>Option 1</b>	V261 <b>Vegan Tortilla Stack with SD84 Rice</b> <i>Vegan Sheese contains Gluten Free Oats</i>	<b>B2 Beef Bolognaisse with NGCI24 Gluten Free Penne</b>	Roast of the Day, <b>SD82 Roasted Potatoes &amp; SD118 Gravy</b>	<b>Yamas</b> NGCI33 <b>Greek Chicken with GR5 Turmeric Rice</b> (No Greek Salad)	NGCI5 <b>NGCI Fish Fingers with SD5 Chips &amp; SD14 Tomato Sauce</b>		
<b>Option 2</b>	NGCI50 <b>NGCI Vegan Sheese &amp; Tomato Pizza</b> <i>Vegan Sheese contains Gluten Free Oats</i>	V188 <b>Tomato Pasta with NGCI24 Gluten Free Penne</b>	<b>V238 Vegan Sausages, SD82 Roast Potatoes &amp; SD118 Gravy</b>	<b>V237 Vegan Plant Balls with GR5 Turmeric Rice</b> (No Greek Salad)	SD55 <b>Jacket Potato with SD22 Beans, F17 Tuna</b> (No Mayonnaise) or <b>V216 Vegan Sheese</b> <i>Vegan Sheese contains Gluten Free Oats</i>		
<b>Vegetables</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day		
<b>Dessert</b>	<b>D223 Freshly Chopped Fruit Salad</b>	NGCI15 <b>NGCI Apple Crumble</b>	<b>Fresh Fruit</b>	NGCI11 <b>NGCI Vanilla Cake</b>	NGCI7 <b>NGCI Chocolate Shortbread</b>		
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>		
<b>Option 1</b>	<b>Pasta Kitchen</b> NGCI24 <b>Gluten Free Penne with V225 Tomato Pasta Sauce</b>	<b>B81 Burger</b> in an NGCI47 <b>NGCI Burger Bun</b> with <b>SD6 Potato Wedges &amp; SD14 Tomato Sauce</b>	<b>C4/C5 Roast Chicken, SD82 Roast Potatoes, &amp; SD118 Gravy</b>	<b>QB14 BBQ Chicken with SD84 Rice</b>	NGCI5 <b>NGCI Fish Fingers with SD5 Chips &amp; SD14 Tomato Sauce</b>		
<b>Option 2</b>	<b>PK5 V216 Toppings</b> <i>Vegan Sheese contains Gluten Free Oats</i>	<b>V236 Vegan Burger</b> in an NGCI47 <b>NGCI Burger Bun</b> with <b>SD6 Potato Wedges &amp; SD14 Tomato Sauce</b>	<b>V238 Plant Sausages with SD82 Roast Potatoes &amp; SD118 Gravy</b>	V199 <b>Roasted Cauliflower &amp; Butternut Curry with SD84 Rice</b>	SD55 <b>Jacket Potato with SD22 Beans, F17 Tuna</b> (No Mayonnaise) or <b>V216 Vegan Sheese</b> <i>Vegan Sheese contains Gluten Free Oats</i>		
<b>Vegetables</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day		
<b>Dessert</b>	NGCI12 <b>NGCI Chocolate Cake</b>	NGCI6 <b>NGCI Vanilla Shortbread</b>	<b>D224 Fruit Medley</b>	<b>D235 Jelly with Mandarins</b>	NGCI6 <b>NGCI Vanilla Shortbread</b>		
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>		
<b>Option 1</b>	NGCI39 <b>NGCI Vegetable Pasta Bake</b>	<b>Fiesta Espanol FE1 Chicken Paella</b> (made with fresh lemons, no Arroz Lemon Juice) with <b>FE4 Patatas Bravas</b>	<b>P5 Roast Gammon, SD2 New Potatoes or SD1 Mashed Potatoes &amp; SD118 Gravy</b>	<b>C92 Chicken Fajitas with SD84 Rice</b>	NGCI5 <b>NGCI Fish Fingers with SD5 Chips &amp; SD14 Tomato Sauce</b>		
<b>Option 2</b>	<b>V239 Vegan Chilli with SD84 Rice</b>	or <b>FE2 Veggie Meatballs with FE4 Patatas Bravas</b>	<b>T056 Parsnip &amp; Sweet Potato Loaf, SD2 New Potatoes or SD1 Mashed Potatoes &amp; SD118 Gravy</b>	<b>V252 Vegetable Fajitas with SD84 Rice</b>	<b>V238 Plant Sausage with SD5 Chips &amp; SD14 Tomato Sauce</b>		
<b>Vegetables</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day		
<b>Dessert</b>	<b>D166 Peaches</b>	NGCI30 <b>NGCI Syrup Biscuit</b>	<b>D225 Fruit Platter</b>	NGCI7 <b>NGCI Chocolate Shortbread</b>	NGCI29 <b>NGCI Banana Cake</b>		

Note: no other menu options other than above should be offered in relation to this menu  
 ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinkhd.co.uk for someone to contact you.  
 Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.