

This week we are going to look at Science, PSHE and French

PSHE	<p>How to accept change</p> <p>During our lives we go through a lot of change. Today we are thinking about changes and how we accept them.</p> <p>We change physically through our lives. We grow up and grow older. Look at the video on this BBC page which introduces an interesting philosophical question: What makes me, me?</p> <p>https://www.bbc.co.uk/programmes/articles/2vDywsv75L5s5m0nW0rxBGL/what-makes-me-me</p> <p>What is it about me that makes me the person I am, when so much around me and about me changes? Discuss this with someone else to try and answer this question.</p> <p>In Year 4 we are facing a big change with moving to middle school. We need to understand this is part of growing up and one of many changes that have happened and will happen in our lives.</p> <p>https://www.youtube.com/watch?v=CGquWvJH39M</p> <p>Look at this and read along with this lovely story about how change can be worrying, but is part of growing as a person (or little tree!).</p> <p>Activity 1: Write down six changes that have happened already in your life. Write next to them two words which describe how you felt when this happened. Underneath this, write some ways in which you helped yourself cope with these changes. We have to realise that changes will happen, we need to accept them, and find ways to cope with these changes.</p> <p>Activity 2: Write down two words to describe how you feel about moving to middle school. Write down ways that you think you could help yourself to cope with this change.</p>
French	<p>Learning to say parts of the body</p> <p>Look at the powerpoint. There are some extra parts of the body words that we have not yet looked at – but try learning these as well.</p> <p>Fill in the activity sheet. Try and challenge yourself.</p> <p>Get another person to say the French word and you have to point to that part of the body.</p>
Science	<p>This week we are going to look at classifying vertebrates (animals with backbones)</p> <p>Take a look at the powerpoint and you can see the groups of vertebrates that we can put different animals into.</p> <p>https://www.bbc.co.uk/bitesize/topics/zn22pv4/articles/zp6g7p3</p> <p>Take a look at this page on BBC Bitesize as well.</p> <p>You might even want to look at a video on Espresso. Do a search on “The key to classification” which shows how scientists classify animals.</p> <p>Look at the pictures of the animals on the uploaded sheet. They are sorted into the five groups of vertebrates. Write down the five different groups in your book, with space underneath.</p> <p>Then look at the second sheet and write the statements under the correct group. For example: “have feathers” would go under “birds”.</p> <p>From this you can see some of the “characteristics” of each group of vertebrates.</p>