



# Trinity St Stephen CE Aided First School

Vansittart Road, Windsor, SL4 5DF

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Headteacher: Mrs Louise Lovegrove

07 February 2025

Dear Parents,

This week has been Children's Mental Health Week. The theme this year is, 'Know Yourself, Grow Yourself'. By understanding our emotions and feelings and connecting with others we can grow into confident, resilient young people.

Place2Be offers five top tips for families:

- Encourage journaling. Expressing thoughts or worries through journaling can be less confrontational than talking about these things and allows time for processing.
- Make space for reflection. Giving space helps young people reflect and ultimately better understand themselves.
- Be visual. Using emojis or pictures to represent emotions can help young people better label their emotions.
- Practice mindfulness. Encourage children to be in the moment.
- Communicate. Reflecting and sharing your own thoughts and feelings as parents helps children to understand themselves and the world around them.

The Place2Be has a families page with activities and information about Children's Mental Health. Please use the link below:

<https://www.childrensmentalhealthweek.org.uk/families/>

There is also a link to a page which gives lots of advice on how to deal with a variety of common parental challenges from friendship issues to helping your child prepare for the next stage of their education. Take a look using the link here: <https://parentingsmart.place2be.org.uk/>

Many thanks to Caroline for coordinating the Uniform Sale tonight. This is an extremely valuable service for all our parents and carers. The TSSSA have asked me to point out the Valentine's Biscuit Sale which will be on the stage next week on Thursday. There will also be two movie nights after the half term. Please see the dates below and save the date.

After half term there are several themed weeks. We will be celebrating Book Week in the week beginning 03 March 2025. The week will culminate in a parade where children will be showing off their costumes of their favourite book characters. The TSSSA have kindly agreed to again support the prizes for this event. Judges will be looking out for the most creative and sustainable costumes. Good luck! We will be focussing on Science in the week beginning 10 March looking at aspects of Adapting and Changing. Mrs Brech will be sharing more information nearer the time.



***Thriving and Achieving in a Caring Christian Community***

*This is my commandment, that you love one another as I have loved you.* John Ch15 v12



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Thank you to all the children who submitted posters for our Eco Competition. Mrs Brech is putting a news item up on the website to display the winning entries. The posters will be up around the school to remind everyone to save energy.

Finally, we look forward to seeing the Year 1 Peek of the Week Blog today. We will also be hearing about the learning in Year 3 next week at the year group’s assembly on Thursday 13 February. All are welcome to join us at St Stephen and St Agnes Church at 9am.

Kind regards,

### Dates:

11 February 2025	Year 3 to St Edward’s Middle School to see Aladdin
13 February 2025	Year 3 Class Assembly in St Stephen and St Agnes Church at 9am
13 February 2025	TSSSA Valentine’s biscuit sale at 3.15pm
13 February 2025	Pupil term finishes
14 February 2025	<i>In Service Training Day - no school for pupils</i>
28 February 2025	Year 2 Movie Night Year 3 Movie Night
03 March 2025	Book Week
03 March 2025	Shakespeare Workshop led by The Young Shakespeare Company for Year 3 and 4
07 March 2025	<b>WORLD BOOK DAY DRESSING UP- Come dressed as your favourite book character. Try and think about recycling and reusing when you are creating your outfits.</b>
10 March 2025	<b>Science Week – Adapt and Change</b>



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06 March 2025	Year 1 visit to Winchester Science Museum
11 March 2025	Year 3 visit to Chertsey Museum
18 and 20 March 2025	Parents Evenings
28 March 2025	TSSSA Mother's Day shop
03 April 2025	Family Worship at St Stephen and St Agnes Church, starting at 9am
04 April 2025	Nearly New Uniform Sale
04 April 2025	Term finishes
24 April 2025	Easter Service at Holy Trinity Church at 9.30am
28 April 2025	Reception Workshop, starting at 3.15pm
29 April 2025	Year 1 Maths Workshop, starting at 3.15pm
30 April 2025	Year 3 and 4 Maths Workshop, starting at 3.15pm
01 May 2025	Year 2 Maths Workshop, starting at 3.15pm



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