



Hello and welcome to our first online Play on session.

### Introduction: Exploring Pulse and Beats

Click [here](#) to explore pulse and try out some body percussion with Jamie.

### Activities: Try it yourself!

- Listen to your favourite piece of music.
- Listen carefully to try and hear the pulse.
- Make up your own body percussion routine to go along with the music.

If you want more pieces of music to find the pulse to, check out this [online game](#). Click on 'feel the beat' to clap, tap, dance and play along to the beat.

If you would like to share your body percussion routines with us to we would love to see them. Send them [here](#).



### Looking for more?

In this week's video, Jamie plays the Violin. Would you like to hear more performances on the Violin and the other String instruments? Click [here](#) to find out more about the String family. For more performances click on the links below.

- [Bond – Victory](#)
- [Andre Rieu – Nightingale Serenade](#)
- [Nigel Kennedy – Spring from the four seasons](#)

We hope you enjoyed this week's music lesson!