**Science Lesson – Forces**

This is our first lesson about forces.

* Watch this video clip: <https://www.bbc.co.uk/bitesize/topics/zvpp34j/articles/zywcrdm> and there is a little quiz further down the page if you want to have a look.
* Work through the powerpoint on the Ongoing resources page on the School Class News webpage.
* You can freezeframe a push or a pull as suggested in the last slide. Why don’t you try to draw it and label the forces and the direction they are working in.
* Complete the activity sheet also on the Ongoing resources page. The answers are included so you can check your work.