*Optional	PE Kit	
Non - Uniform items may not be worn in place of optional school items	Plain Black PE bag (no logos)	Football Boots with plastic studs any colour
Twyford branded items can be purchased from one of our five uniform suppliers. Other items can be purchased Online or in local sports stores.	Twyford PE Polo shirt Black/red	Shin pads (Football)
Long Hair needs to be tied back and no jewellery can be worn during PE lessons.	Twyford PE shorts Black/red	Gum shield (Rugby)
Students need to be prepared before their PE lesson and bring a bottle of water with them.	Twyford PE Long Socks Black/red	Predominantly White sports trainers (suitable for running and non-marking)
	*Twyford Track suit bottoms	
	*Twyford mid layer sports top	
	*Plain Black under layer (for colder months)	
	*Twyford Reversible Jersey	

Running Trainers

We understand that people have different feet sizes and shapes, therefore need a specific size, brand and shaped shoe. We do however ask that trainers need to be predominantly white, and suitable for running. We ask for white trainers as they are a common and a universal colour and available in many different shoe brands. We ask for running trainers as this style offers a good level of support for a variety of different sports. Please keep receipt on purchase of the trainers if you think they might be in breach of the given guidance.

