

# Twyford C of E High School Wider Learning Bulletin



## October 2022

*“I have come so that you may have life, and live it to the full” John 10 v 10*

Miss Adams – Head of Careers & Wider Learning  
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Our 10:10 ethic



# Music

Music has got off to a **flying start with all ensembles and choirs rehearsing weekly again**. Our concert season started with Showcases from the **Year 12 and 13 A-level Music groups**, with all students performing a solo, and the Year 12's additionally performing songs they composed in the first two weeks of term! **Gospel Choir**, led by our Singing Teacher **Becky Thomas** (*from the London Community Gospel Choir*) have made a particularly enthusiastic start, with lots of new members from Year 8 in particular. The half term has ended this week with our '**Acoustic Cafe**', giving KS4 students a platform to audition for the **Popular Music Competition** which is coming up in November.

Ms Swadkin (Director of Music)





# Sports News



## Cross Country :

Twyford are celebrating coming **3<sup>rd</sup>** in the borough **Cross-country championships** – well done!

### Rugby:

Well done to Twyford **Rugby Teams** who have got off to an impressive start to the term including:

- Y10/11 Boys Rugby **Grasshopper Cup winners**
- Y7 Boys Rugby **Trust Cup winners**



1<sup>st</sup> Place for age group:  
**Edward Flewitt**  
 1<sup>st</sup> Place for age group:  
**Uther Hutchins**  
 3<sup>rd</sup> place for age group:  
**Sophie Ganne**  
 3<sup>rd</sup> Place for age group:  
**Cayo Ryder**



# Sports News



## Netball:

Twyford Netball Teams are celebrating some excellent results:

**Twyford VS Greenford (Win 11-3)**

**Twyford VS Greenford (Win 7-6)**

**Middlesex Tournament – well done to both the Senior A & B Team**



## Extra-curricular sports clubs

It has been fantastic to see so many students engaging in the **sports extra-curricular programme**. There are lunch clubs & afterschool clubs **every day for Y7-13** in a wide range of sports including:

- Girls Basketball
- Boys Basketball
- Table Tennis
- Tennis
- Girls Rugby
- Boys Rugby
- Netball
- Fencing (fee\*)
- Girls football
- Boys football
- Cross-country
- Well-being & fitness club
- Rowing (fee\*)
- Trampolining
- Badminton
- Interhouse sport

Year Learning	Before school	Monday	Tuesday	Wednesday	Thursday	Friday	
Year 7	<p><b>Term 1 Extra-curricular Timetable</b></p> <p><b>Lunch-4a (12.30-1.05pm)</b></p> <p><b>Afterschool 4B (1pm-1.45pm)</b></p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>	<p>Y7 Girls Netball</p> <p>Y7 Boys Netball</p> <p>Y7 Girls Rugby</p> <p>Y7 Boys Rugby</p> <p>Y7 Table Tennis</p> <p>Y7 Tennis</p> <p>Y7 Badminton</p> <p>Y7 Fencing</p> <p>Y7 Trampolining</p> <p>Y7 Interhouse Sport</p>

Year Learning	Before school	Monday	Tuesday	Wednesday	Thursday	Friday	
Year 9	<p><b>Term 1 Extra-curricular Timetable</b></p> <p><b>Lunch-4a (12.30-1.05pm)</b></p> <p><b>Afterschool 4B (1pm-1.45pm)</b></p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>	<p>Y9 Girls Netball</p> <p>Y9 Boys Netball</p> <p>Y9 Girls Rugby</p> <p>Y9 Boys Rugby</p> <p>Y9 Table Tennis</p> <p>Y9 Tennis</p> <p>Y9 Badminton</p> <p>Y9 Fencing</p> <p>Y9 Trampolining</p> <p>Y9 Interhouse Sport</p>

Year Learning	Before school	Monday	Tuesday	Wednesday	Thursday	Friday	
Y12 & 13	<p><b>Term 1 Extra-curricular Timetable</b></p> <p><b>Lunch-4b (12.30-2.00pm)</b></p> <p><b>Afterschool 4B (1pm-1.45pm)</b></p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>	<p>Y12 &amp; 13 Girls Netball</p> <p>Y12 &amp; 13 Boys Netball</p> <p>Y12 &amp; 13 Girls Rugby</p> <p>Y12 &amp; 13 Boys Rugby</p> <p>Y12 &amp; 13 Table Tennis</p> <p>Y12 &amp; 13 Tennis</p> <p>Y12 &amp; 13 Badminton</p> <p>Y12 &amp; 13 Fencing</p> <p>Y12 &amp; 13 Trampolining</p> <p>Y12 &amp; 13 Interhouse Sport</p>

**Mr MacDonald – Head of Sport**



## German Trip:

On Saturday the 17th of September, a group of **GCSE German students from Y10-11** participated in a **German day at Francis Holland school near Regents Park**. Along with students from other schools, including from as far away as Bristol, we prepared and performed a series of sketches around different themes, interspersed with enjoying some German food. The day began with a presentation by **Professor Stephanie Bird**, Professor of German Studies, at UCL about *“Angst essen Seele auf”* a 1974 West German film written and directed by Rainer Werner Fassbinder. The film studies a cross-cultural relationship between Emmi, an elderly German woman, and Ali, a Moroccan migrant worker. Next, in groups with students from the other schools, **we wrote and performed the first sketch on the subject of a television newsroom**. We were helped by a booklet containing typical German words and phrases for that context. Each of us chose a part and recited our lines in German. We performed the sketch to a couple of the other groups, who gave us valuable feedback. Other topics which we acted out in our groups in German **centred upon a job interview and organising a school sports day with all the associated vocabulary**. After lunch, each group chose one of their three sketches to perform in front of everyone, with the best groups winning prizes. It was fun and a chance to improve our performing ability, even in German! We also enjoyed the various German snacks provided.

Overall the day was a really **helpful and enjoyable way to explore German culture and improve our use and knowledge of German for these everyday situations**. It was also great to meet students from other schools studying German. I would certainly recommend this day to any student who wants to improve their German and have fun at the same time. *Written by Naomi (student)*.





# Drama



It has been a fantastic, **buzzy & vibrant half term in the Drama department.** With many shows, workshops, performances & extra-curricular activities, we are delighted to have such **high levels of engagement & enthusiasm** from students.

Mr Clarke (Head of Drama)

**The "Bard" visits Twyford:**  
Y9 Drama students were treated to a performance of *Twelfth Night* by students studying **MA Acting at LAMDA.** The performance was followed up by a workshop, in which they got the opportunity to throw **Shakespearean insults** at each other!



**The Twyford Male Ensemble**  
Every week a group of 15 boys from Y9-10 gather together in Studio 1 to form the first ever **"Twyford Male Ensemble"**. This term they have started work towards a production of **"Strangers Like Me"** which will form part of the **National Theatre Connections** festival and feature at the "Lyric Hammersmith" in April 2023.



**It's Panto Time (OH YES, IT IS!)**  
Rehearsals are well underway for this year's **KS3 production**, which promises to be a fairy-tale come true! Join us on December 14<sup>th</sup> for **"Cinderella: The Panto"** which features a superb cast and guaranteed laughs...

**Drama & Script-writing Club**  
Students have enjoyed coming together weekly on a lunchtime to take part in an array of Drama activities all led by the awesome **Creative Arts leadership team.** From Splat to freeze-frames to retelling fairy tales, every week we have something new and exciting. Our KS4&5 club have started writing a brand new play, which will have its debut at the upcoming **Trust Drama Festival next year.**

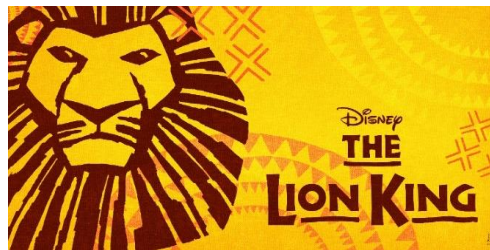


# Drama



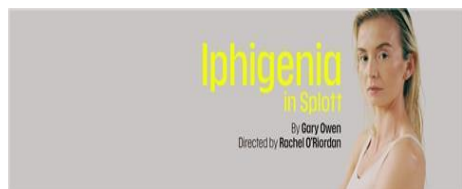
## The Lion King:

50 GCSE and A Level Drama students took a step on the wild side in September as they went to watch a performance of "The Lion King" on the West End.



## Iphigenia:

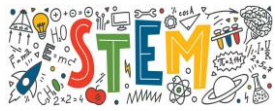
A- Level Drama students visited the Lyric in October to witness a one woman show titled **Iphigenia**. Students described the performance as being extremely moving, emotional but yet also still humours.



## SUS @ Park Theatre

On the 11th of October, **Y12 & 13 A-level students** visited the **park theatre** in Finsbury Park. The play **SUS** explored many relevant themes despite being set in the 70s. It addressed serious matters such as **police brutality and racial injustice**. What was particularly effective in the play was the close distance between the actors and the audience which created an incredibly intimate feel. We really enjoyed the play and found it very thought provoking. We were invited to stay for a **Q&A session after the performance**, which proved to be really insightful and was a great way to understand more about what goes on behind the scenes and having the ability to ask questions was an incredible opportunity". *Ava Bulatovic & Thea Jupe Y12*





Science



### Medicine Society (MedSoc)

It has been great to see Y12s for first MedSoc session of the year – there was standing room only with a whopping 40 Y12s squeezed into A22! I'm really looking forward to lots more sessions with you this year. For my Y13 MedSoc students – please put the dates below in your diaries and please RSVP as soon as you can!

### Interview Preparation Workshop – Tues 8th Nov 3.30-4.30 LRC

With the majority of you having sent off your UCAS application, we now need to think about interview prep! I will be running an interview workshop on the above date in the LRC to go over various do's and don'ts. Please can you RSVP using the link <https://forms.office.com/r/E8kvRPn0zm>

### Mock MMI Session - Tues 15th Nov 3.30-4.30 A27

In this session you will be able to put what you have learned to the test as you move from station to station and get a feel for what a real MMI format is actually like, and get live feedback on your technique. Again, please RSVP using the link.

<https://forms.office.com/r/qZUdDi41EX> Miss Hamilton



Twyford C of E High School



**MEDICINE**  
Competition for KS3 students

OPEN TO YR 7 to 9

**NHS**  
nhs.uk

Celebrate the NHS's 75th birthday in 2023 with the Step into the NHS Competition

Open to KS3 students

Gain Practical Medical Experience:  
Free, engaging resources that align with the KS3 curriculum and Gatsby Benchmarks. Students will have the opportunity to learn about the wide variety of roles in the NHS and raise their career aspirations before creating a unique job advert.

CLICK HERE to visit NHS to apply

**MEDICINE**  
Health leadership workshop events

OPEN TO ALL YEAR GROUPS

East London NHS Foundation Trust  
We are committed to the highest quality of life for all we serve. We build our success on the strength of our staff. ELFT will deliver a working collaboration with colleges and our striving towards continuous improvement.

HEALTH PIONEERS  
Pathway to Health Leadership Programme

Open to all students

Empowering young people to work with health professionals to design, implement and lead a project that solved a health problem. Throughout the year there are also virtual and in-person health and leadership events.

APPLY HERE

**MEDICINE**  
1-day virtual programmes

OPEN TO SIXTH FORMERS

ALLIED HEALTHCARE MENTOR

NHS Virtual Work Experience  
Dates from November  
Open to Year 12 & 13 Students

Take your first steps towards a healthcare career with the UK's only LIVE Virtual Work Experience Programme created and delivered by healthcare professionals. You can select from one day or a full 5 month work experience programme where you will follow patients from admission to discharge in the high fidelity simulation suite, designed to provide you with an immersive experience from the comfort and safety of Home. Simply select the dates below and save £10 if you opt for the full 5 month work experience programme. Students will be awarded certificates for attending each day. No work experience day is the same (as in real life), but students will gain insight into a variety of healthcare settings.

APPLY HERE

CIAG

Please do check out our **Careers IAG bulletin** each half term for a variety of **CIAG opportunities** in a range of industries – including STEM.  
Miss Adams & Mrs John

**YOUNG PROFESSIONALS**

SCAN TO SIGN UP!

**ENGINEERING CONSTRUCTION & PROPERTY DEVELOPMENT**  
Work Experience

MOTT MACDONALD | spectris | Berkeley | St Edward  
BRITISH AIRWAYS | babcock

25TH OCTOBER | 9 AM - 4 PM





English



Chaplaincy



The English Department have organised a range of Theatre trips for English students this half term including *'An Inspector Calls'* and *'The Lion the Witch and the Wardrobe'*. This has helped to enhance students understanding of the plays & texts. **Miss Neary (Head of English)**



**Junior TFG** has enjoyed meeting in the spruced-up Elms Basement for lively discussions ranging from the price of a Freddo (*spoiler: it's a lot!*) to the **entry requirements for God's kingdom** (*spoiler: it's not 'being a good person!'*).

We've also been looking at the opening chapter of **Mark's gospel** to see Jesus' arrival on the scene. All Y7-9s are welcome for sweet treats and great *conversation!* **Mr Faux**





# Wider Learning



It is fantastic to see wider learning back up to full capacity this half term. With a whopping **91 clubs on offer**, there really is something for all Y7-13 students to get engaged with...

We do take registers for all clubs, and I am already impressed with the high levels of wider learning engagement, particularly in Y7, Y8 & Y11.

Miss Adams



	Oct 2022
Year 7	85%
Year 8	72%
Year 9	64%
Year 10	54%
Year 11	72%
Year 12	41%
Year 13	15%

Year 7	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before school</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y7 Year 7 Club, Music	Bring Quizzes, Music
<b>Lunch (12:30-1:00pm)</b>	Y7BA Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y7 Year 7 Club, Music	Bring Quizzes, Music
<b>After-school (3:30pm - 4:30pm)</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y7 Year 7 Club, Music	Bring Quizzes, Music

Year 10	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before school</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y10 Year 10 Club, Music	Bring Quizzes, Music
<b>Lunch (12:30-1:00pm)</b>	Y10BA Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y10 Year 10 Club, Music	Bring Quizzes, Music
<b>After-school (3:30pm - 4:30pm)</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y10 Year 10 Club, Music	Bring Quizzes, Music

Y12 & 13	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before school</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y12/13 Year 12/13 Club, Music	Bring Quizzes, Music
<b>Lunch (12:30-1:00pm)</b>	Y12/13BA Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y12/13 Year 12/13 Club, Music	Bring Quizzes, Music
<b>After-school (3:30pm - 4:30pm)</b>	General Club, Music	Book, Science, Maths, Sport	Chess, Country, Art, Drama	Y12/13 Year 12/13 Club, Music	Bring Quizzes, Music



# Club spotlight



Y7-9 have been enjoying the new **Puzzle Club**, where we have been solving a range of puzzles, including **codebreaking, riddle competitions, crossnumbers**, reading each other's' minds and even finding the odd Oreo out! It has been great to see about **30 students coming along each week**.

Particular shout outs to **Sebastien Downer in Y7** and **Angelika Mnatsakanian and Arya Sherafat in Y8** for their continuous enthusiasm and relentless attempts to solve all the puzzles available that day!

Ms Purdy

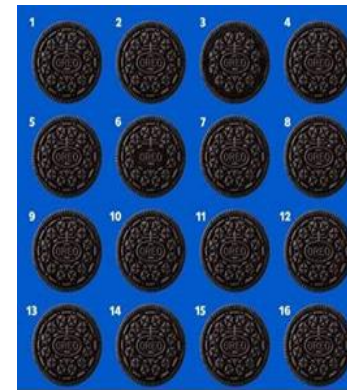
**Cross Number #1**

**ACROSS**

- 1. 22 - 9
- 3. 139 - 13
- 6. 485 - 750
- 8. 2329 - 3234
- 10. 22 - 15
- 11. 18833 - 9266
- 12. 20 - 7
- 13. 15 - 16
- 14. 100 - 24
- 16. 952 - 344
- 19. 99 - 40
- 21. 440 - 8975

**DOWN**

- 1. 730 - 543
- 2. 46 - 15
- 3. 237 - 1209
- 4. 238 - 232
- 5. 28 - 1
- 6. 15 - 4
- 7. 28 - 90
- 8. 5457 - 2355
- 9. 2026 - 7989
- 10. 560 - 180
- 11. 361 - 1199
- 12. 3236 - 5885
- 13. 27 - 49
- 14. 181 - 86
- 15. 2380 - 4892
- 16. 27 - 22
- 17. 22 - 10
- 18. 22200 - 5244
- 19. 487 - 47
- 20. 42 - 11
- 21. 24 - 24
- 22. 61 - 6
- 23. 17 - 44



## A Coded Message

You find the following coded message slipped under your door. You know that sometimes a code exchanges letters like this:

abcdefghijklmnopqrstuvwxyz  
lmnopqrstuvwxyzabcdefghijklmnopghijkl

So you need to look in a coded message for simple short words like a, he, it, the. In a code like: Wzzv qzc esp nxxzy hzcod ty esp nzop.

The word "esp" appears twice, so it might be the word "the".  
Can you work out the rest of this code?

Here is the message you received. This message uses a different code.

Pfl nzcc evvu r jrzg reu r tivn. Kyve pfl nzcc sv xzmve pfl uvjkerkzfe.