

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	PAN-ASIAN SWEET AND SOUR BEEF MEATBALLS with Wholegrain Rice and Vegetables 🌿	PAN-ASIAN YELLOW VEGETABLE CURRY with Wholegrain Rice 🌿 🌿 🍷	HOT DISHES: Paninis Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿 🌿 SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌿 🌿 🍷 Roasted Indian Chickpea Salad 🌿 🍷 SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌿 Chicken Salad Sandwich 🌿 🍷 Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap 🍷 Chicken Caesar Wrap 🍷 Crunchy Pepper and Houmous Wrap 🌿 🍷
TUE	BURGER BAR JERK CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	BURGER BAR BLACK EYED BEAN BURGER with Baked Garlic and Herb Wedges and Salad 🌿	
WED	SPICE IS NICE TANDOORI CHICKEN with Wholegrain Rice and Salad 🌿	SPICE IS NICE SPICED SWEET POTATO AND CHICKPEA ROAST with Wholegrain Rice and Salad 🌿 🌿 🍷	
THURS	STREET CHEESY BOLOGNESE HOT POT with Baked Garlic and Herb Wedges and Vegetables	STREET OPEN CAJUN VEGETABLE FAJITA with Baked Garlic and Herb Wedges and Vegetables 🌿 🍷	
FRI	FRIDAY FAVOURITES CRISPY CHICKEN KATSU BURGER with Chips and Baked Beans or Peas	FRIDAY FAVOURITES BBQ QUORN BITES with Chips and Baked Beans or Peas 🌿	

Vegetarian

Vegan

Oily Fish

Wholegrain

Nutritionist's Choice

Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE CHICKEN TIKKA MASALA with Wholegrain Rice and Vegetables 🌿❤️	SPICE IS NICE SPINACH AND CHICKPEA DAHL with Wholegrain Rice, Vegetables and Mint Raita 🌿🌿❤️	HOT DISHES: Paninis Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿🌿 SALADS: Tuna and Sweetcorn Pasta Salad ❤️ Pesto Pasta Salad 🌿🌿❤️ Roasted Indian Chickpea Salad 🌿❤️ SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌿 Chicken Salad Sandwich 🌿❤️ Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap ❤️ Chicken Caesar Wrap ❤️ Crunchy Pepper and Houmous Wrap 🌿❤️
TUE	BURGER BAR SRIRACHA CHICKEN BURGER with Baked Garlic and Herb Wedges and Salad	BURGER BAR TIGER BHAJI BURGER with Baked Garlic and Herb Wedges and Salad 🌿	
WED	ROAST CHICKEN with Roast Potatoes, Vegetables and Gravy	PAN-ASIAN SWEET CHILLI VEGETABLE NOODLES with Satay Sweetcorn 🌿❤️	
THURS	STREET FIRECRACKER BEEF with Wholegrain Rice and Vegetables 🌿❤️	STREET VEGETABLE JAMBALAYA with Green Beans 🌿	
FRI	SOUTHERN FRIED CHICKEN GOUJONS with Chips and Baked Beans or Peas	FRIDAY FAVOURITES CHEESE, ONION AND POTATO SLICE with Chips and Baked Beans or Peas 🌿	

🌿 Vegetarian

🌿🌿 Vegan

🐟 Oily Fish

🌿 Wholegrain

❤️ Nutritionist's Choice

Our menu is subject to change.

WEEK 3

THIS WEEK'S MENU

W/C: 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR BUN-LESS BURGER BOX with Crispy Potatoes and Salad	BURGER BAR BEETROOT AND FETA BURGER with Baked Spiced Wedges and Salad 	HOT DISHES: Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings   SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
TUE	PAN-ASIAN SWEET THAI CHILLI CHICKEN NOODLES with Salad 	PAN-ASIAN VEGETABLE NOODLE POT with Salad  	
WED	ITALIAN MAC CHEESE BOLOGNESE with Margherita Pizza Pinwheel and Salad 	ITALIAN MAC CHEESE VEGGIE BOLOGNESE with Margherita Pizza Pinwheel and Salad 	
THURS	STREET SRI LANKAN CHICKEN ROTI STIR-FRY with Wholegrain Rice and Vegetables  	STREET YAKISOBA SOYA NOODLES with Vegetables  	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS with Chips and Baked Beans or Peas	FRIDAY FAVOURITES CHEESY BEAN BURGER with Chips and Baked Beans or Peas 	

 Vegetarian

 Vegan

 Oily Fish

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change.