

FREQUENTLY ASKED QUESTIONS

What food is on offer for mid-morning break?

We have a range of delicious snacks to help keep students focused for the day, including breakfast muffins, bagels, fruit pots, yoghurts, smoothies, and more!

Do you sell confectionery and fizzy drinks?

Our offer follows the government school food standards which are designed to help children develop healthy eating habits and ensure that they have the right energy and nutrition they need to get the most from their school day. Therefore, we do not sell chocolate confectionery or sugary/sweetened drinks. Instead, we offer desserts, cakes and biscuits, and a range of water, fruit juices, and both still and carbonated juice/water combination drinks.

BRAIN FOOD

Good nutrition can improve concentration and memory, ideal for exams.



What food is available for lunch?

Each student is different, so we make sure we have a variety of hot and cold options available to cater for everyone.

As well as familiar staples like jacket potatoes, paninis, salads, soups, and baguettes we have quick handheld food for those on the go – pasta pots, pizzas, nachos and chicken wings, and for bigger appetites, delicious hot dinners and daily specials including curries, chillis, stews, lasagnes, burgers, enchiladas, noodles and lots more! For afters we offer a selection of freshly baked muffins, brownies, cookies and desserts.

**FOOD
UNION**

FOOD UNION

BY CHARTWELLS



**WELCOME
TO YEAR 7**

UNITED BY A LOVE OF FOOD

Food should be a source of physical, social and emotional enjoyment no matter whenever or wherever eaten. At Chartwells, we're passionate about sharing our love of good food with students, and Food Union is the place where everyone can unite and enjoy good food. Working with our team of dedicated chefs, we bring the latest food trends, dining concepts and innovative pop-ups to dining halls across the country.



**FOOD
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ANTI WHAT?

Antioxidants are in foods like fruit and vegetables. They help our bodies fight off cell damage.



Pop-ups aplenty

To add more choice and whet students' appetites, you can expect a whole calendar of pop-ups throughout the year too, covering on-trend culinary extravaganzas **plus** seasonal and cultural events.



FREE SCHOOL MEALS

If you have been entitled to the free school meals benefit in primary school KS2, then do not worry, **this will continue into secondary school KS3**. If you are unsure, or have any questions regarding free school meals in secondary schools, then contact the school office, who will be able to help.

