



Dear Parents/Carers

**Family Sports Night , every Tuesday in term time from 4pm until 6pm.**

We would now like to open this session for our students to attend **without** a guardian.

The activities will remain the same:

- Trampolining
- Multi Skills
- Climbing Wall
- PT/Fitness suite (over 14s)
- Exercise to music (over 14s)

We will still continue to have activities for under 5s but they will need to be accompanied by an adult.

Please ensure all students are in suitable clothing and footwear and bring a drink.

If you would like your child to participate in this please can you sign the consent form below and return to Miss Allen at school

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I give permission for ..... to attend Family Night.

Signed..... Relationship to child.....

Emergency contact number.....

Medical conditions.....

How would you like your child to be released from Family Night.....