**PHSE/ RSE Curriculum Overview 2022-2026**

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|  | **LP1** | **LP2** | **LP3** |
| **Year 7** | **Living in the wider world and SRE**  Self-esteem, resilience, Safe social media, friendship, families, romance | **Living in the wider world and SRE**  Bullying, cyber bullying, safe relationships, FGM, Smoking and vaping, alcohol | **Health and Wellbeing**  Mental Health, anger, Healthy living, exercise, consequences of not living healthily, energy drinks |
| **Year 8** | **SRE**  Consent, contraception, pornography, sexting, STIS, grooming, running away | **Health and wellbeing**  Self-harm, personal development, , behaviour, mindfulness, body image (males and females) | **Living in the wider world**  Selfie safety, disabilities, homophobia, discriminating teenagers, drugs, county lines |
| **Year 9** | **Health and Wellbeing**  Peer pressure, anxiety, stress, revision, success | **Living in the Wider World**  Knife Crime, Acid attack, law, extremisms, British values | **SRE**  LGBQT Community, Domestic violence, CRE, Body image, teenage parenting, Sexual harassment |
| **Year 10** | **SRE**  Safe relationships, domestic and emotional relationships, sexting, Pornography and the laws, contraception, STI’s | **SRE / Health and Wellbeing**  FGM, Sexual harassment, gender equality, Eating disorders, checking the body for lumps, Alcohol, smoking and drugs | **Living in the wider world**  Mental health (anxiety, stress and depression), careers, further education, CV writing |
| **Year 11** | **SRE**  Safe relationships, domestic and emotional relationships, sexting, Pornography and the laws, contraception, STI’s | **SRE / Health and Wellbeing**  FGM, Sexual harassment, gender equality, Eating disorders, checking the body for lumps, Alcohol, smoking and drugs | **Living in the wider world**  Mental health (anxiety, stress and depression), careers, further education, CV writing |