

KS3 Curriculum Overview 2024-25

Subject: PSHE

Rationale of KS3 Curriculum:

DO NOW: activities focus on the core skills and retrieval practice

DO NOW: activities link to the agreed end points at Primary school ensure that students do not have gaps in their knowledge

LP1 in year 8 and LP3 in year 9 focus on RSE ensuring that age appropriate and local issue content is taught

Sequence of Learning:

KS3	Term 1	Term 2	Term 3
Year 7	Living in the wider world and SRE Self-esteem, resilience, safe social media, friendship, families, romance	Living in the wider world and SRE Bullying, cyber bullying, safe relationships, FGM, smoking and vaping, alcohol	Health and wellbeing Mental health, anger, healthy living, exercise, consequences of not living healthily, energy drinks
Year 8	SRE Consent, contraception, pornography, sexting, STIs, grooming, running away	Health and wellbeing Self-harm, personal development, behaviour, mindfulness, body image (males and females)	Living in the wider world Selfie safety, disabilities, homophobia, discriminating teenagers, drugs, county lines
Year 9	Health and wellbeing Peer pressure, anxiety, stress, revision, success	Living in the wider world Knife crime, acid attack, law, extremism, British values	SRE LGBTQ community, domestic violence, CRE, body image, teenage parenting =, sexual harassment