JESS



Hi, I'm Jess. I'm 15 and I've been in love with my dance teacher for two years. He's not my school teacher – I have dance lessons out of school, so it wouldn't create any problems for me at school. I don't think he's married because I can't see a ring on his finger and he's never mentioned being married to somebody.

I think he is absolutely gorgeous and I can't stop thinking about him. He's the reason I'm still doing dance classes – seeing him is the highlight of my week. It's not just that he's really good looking – he's also really funny, and loads more mature than boys my age. I think he's 25. I have been feeling like this for 2 years, so I don't think it's a phase. I think he likes me because he's always really nice to me.

Should I tell him how I feel?

VINITA



Hi, I'm Vinita. I'm 14 and my boyfriend broke up with me last month. I'm really sad about it. I keep crying when I should be studying at home or having fun with my friends.

My parents don't know about it, because I was delaying telling them until the relationship got serious. Sadly, the relationship never got serious - my boyfriend dumped me after 8 weeks. I really liked him and I thought it was going to last.

I can't even think about being with anyone else. It really hurts that he ended it, when it seemed so special to me.

What should I do?

PERRY



Hi, I'm Perry. I'm 16 and my boyfriend is 14. We've been together for nearly a year and we really love each other. We get on really well and mean the world to each other. We're also really attracted to each other.

Things are going really well and I want to take it to the next level. Neither of us have had sex before and I would really like to try it with him. My boyfriend wants to try it with me too. It's not like he can get pregnant, so I don't see any problem.

Should I go ahead and try it?

ALIYA



Hi, I'm Aliya. I'm 13 and I'm not interested in romance. My friends are all going crazy over their latest crushes, but I'd honestly rather read a book or play a computer game.

I love hanging out with my friends, but I do find it a bit boring when they're going on about the people they fancy. I also worry that if I don't fancy anyone, my friends will think I'm weird. I don't want my friends to see me as different from them, because I'm scared they won't like me.

I've tried to fancy people, but I just don't. Is there something wrong with me?

JERMAINE



Hi, I'm Jermaine. I'm 17 and I've started having feelings for one of my close friends. We've been good friends all through school, and in the last few months I've started to wonder if there could be more than just friendship between us.

She's really funny and creative, especially with art. I'd like to show her that I'm interested and show her that I care about her. I will tell her how I feel, but maybe there's something else I could do to impress her.

She gets a lot of attention from men, so how can I make myself stand out and show her that I really care for her?