

# Summer Term – Remote Learning Plan

## Year 7 – Food Technology

| Week:                        | Instructions to Parents/Students   |
|------------------------------|--|
|                              | <ul style="list-style-type: none"><li>• All Resources can be found on the school website.</li><li>• The Knowledge Organiser document has lots of key information that will help you complete the tasks.</li><li>• Tasks 1-5 are separate sheets.</li><li>• Tasks 6-12 are in a booklet.</li><li>• The booklet contains ‘suggested’ recipes for you to try at home. These are completely optional. Recipes are at the end of the booklet.</li></ul> |
| 28B – 20 <sup>th</sup> April | Task 1 – Revise Knowledge Organiser. Make notes, test yourself, draw a spider diagram. Lots of key information to help you over the next 12 weeks!   |
| 29A – 27 <sup>th</sup> May   | Task 2 - Equipment   |
| 30B – 4 <sup>th</sup> May    | Task 3 – Nutrients   |
| 31A – 11 <sup>th</sup> May   | Task 4 – Food Miles  |
| 32B – 18 <sup>th</sup> May   | Task 5 – Cooking Methods   |
| 33A – 1 <sup>st</sup> June   | Task 6 Booklet – Healthy Eating  |
| 34B – 8 <sup>th</sup> June   | Task 7 Booklet – Creating a Food Diary   |
| 35A – 15 <sup>th</sup> June  | Task 8 Booklet – Adapting a Recipe   |
| 36B – 22 <sup>nd</sup> June  | Task 9 Booklet – Diet through life   |
| 37A – 29 <sup>th</sup> June  | Task 10 Booklet – Energy Balance   |
| 38B – 6 <sup>th</sup> July   | Task 11 Booklet – Seasonality  |
| 39A – 13 <sup>th</sup> July  | Task 12 Booklet – Seasonal Food Miles  |