

Summer Term – Remote Learning Plan

Year 10 – Sport Science RO41 Exam Revision

Week:	Instructions to Parents/Students
	<ul style="list-style-type: none">• Y10 Sport Science RO41 Exam Reducing the Risk of Injury Revision Booklet is on the school website.• Tasks and Questions to be completed. Links and QR codes to videos and articles online that will help you to answer questions.• Each Learning Outcome has Exam Questions at the end of the topic with answers that will allow you to mark your work.
28B – 20 th April	Learning Outcome 1 – Extrinsic Factors which can influence the risk of injury. Task 1,2,3,4,5
29A – 27 th May	Learning Outcome 1 – Intrinsic Factors which can influence the risk of injury. Task 6,7,8,9.
30B – 4 th May	Learning Outcome 1 – Exam Questions Task 10.
31A – 11 th May	Learning Outcome 2 – Physical & Psychological Benefits of a warm up. Task 1,2,3,4
32B – 18 th May	Learning Outcome 2 – Cool Down. Task 5,6,7
33A – 1 st June	Learning Outcome 2 – Exam Questions Task 9 and 8 mark question practice
34B – 8 th June	Learning Outcome 3 – Acute & Chronic Injuries. Task 1,2,3.
35A – 15 th June	Learning Outcome 3 – Know how and when to respond to injuries. Task 4,5,6,7,8.
36B – 22 nd June	Learning Outcome 3 – Emergency Action Plans. Task 9,10,11 & read the Fabrice Muamba Case Study
37A – 29 th June	Learning Outcome 3 – Task 12 Exam Questions & 8 mark question practice.
38B – 6 th July	Learning Outcome 4 – Symptoms of Medical Conditions. Task 1,2,3,4,5,6.
39A – 13 th July	Learning Outcome 4 – Know how to respond to medical conditions. Task 7,8,9 and 10 Exam questions.