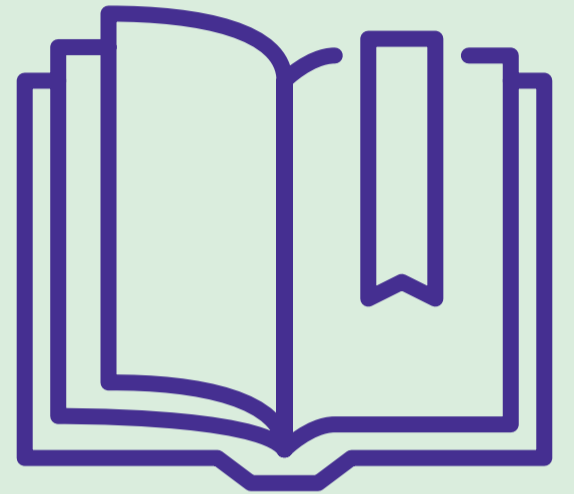


**ADULT COURSES**



# IT ALL STARTS ON YOUR DOORSTEP



## COMMUNITY COURSES NOW AVAILABLE AT CLAREMONT PARK COMMUNITY CENTRE

- ✓ SHARING STORIES WITH YOUR CHILD - 30TH OCTOBER
- ✓ CREATING A CALM HOME ENVIRONMENT - 6TH NOVEMBER
- ✓ MAKE THE MOST OF EVERY DAY - 13TH NOVEMBER
- ✓ SMALL TALK - HAVING GOOD CONVERSATIONS - 20TH NOVEMBER
- ✓ CREATING MAGIC MOMENTS - STRENGTHENING FAMILY TIES- 27TH NOVEMBER
- ✓ SETTING FAMILY BOUNDARIES - 4TH DECEMBER
- ✓ SHARING STORIES & BUDGET ACTIVITIES WINTER SPECIAL - 11TH DECEMBER

\* Funding for over 19 years subject to eligibility

**WEDNESDAYS, 9.15 AM - 12.15 PM**

**COME ALONG TO ANY SESSION - NO NEED TO BOOK**

**STAY LOCAL AND IMPROVE YOUR SKILLS WITH A FREE COURSE\***