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Creating the best version of you

Why is this so important?

Let's start at the very beginning, after all, we all have to start somewhere.

This is specifically to do with careers, so first things first, submit an application.

How do I make sure I stand out amongst all of the other applicants??

Read on to find out more:

To begin with.....

- Who do I want the world to see me as?
- Is that the person I am presenting to the world?
- How do I make sure I am the person I want to be?
- Next steps in being the best version of myself!

This is important because whatever circumstances you are faced with, you want the world to see you a certain way.

For example: When I apply for a job and am successful in reaching the interview process I want the interview panel to see me as (the world to see me as).....

Balanced in my point of view

Rational in how I approach problems

Great in communicating

Develop a rapport with people quickly
Good at influencing outcomes
Lovely to talk with
Well educated in my chosen field
Willing to try and learn new skills in fields I have not yet tried
Constantly developing myself
Hardworking
Effective
Take pride in everything I do

Am I presenting that person to the interview panel (world)?

I try to offer calm and thoughtful responses to the questions
Think about a sensible and methodical way to approach problems
Articulate my thoughts clearly and open discussions to include others points of view
Smile and look at people while I am talking to them
Always use language the best way I can, positive words especially
Include information about the subject
Talk about all the new skills I have learned as the years have gone by
Show an interest in many areas and discuss all the workshops I attended and the extra sessions/activities I have done
Describe examples clearly of how I am hardworking, effective and demonstrate pride in everything I do

How do I make sure I am the person I want to be?

I start by doing the first 2 things in the list above and make sure I know who I am, how I can achieve those things and make a conscious choice every day to include them until it is part of the person I am presenting.

Next steps.....

Practice
Practice
Practice
Improve my experiences so I have more to discuss
Pay attention to those around me
Look at the next thing I want to improve about myself.