

Activity sheet – Choosing food

Food around the world

Around the world, people choose different foods to make meals and snacks. A person's culture often affects the types of food they choose to eat.

☞ Study the people below. What food are they describing and where does it come from? Use the word bank to help you write your answers in your workbook.



"I like to eat it with flat bread. It's in a spicy sauce, with a little bit of meat and lots of vegetables. Sometimes I have a samosa with it"



"It's round and has vegetables and cheese on top. I cut it into slices so I can share it. I like to sprinkle parmesan cheese over it"



"It's in a red sauce, made with beef and beans. It can be a bit spicy. We have rice with it"



"They're served in paper and I like vinegar on mine. The batter is crispy and the potatoes are cut into long sticks and fried"



"It's cooked in a large frying pan with rice, vegetables, prawns and sometimes chicken. It's got a special yellow colour which comes from saffron"



"It's flaky and I eat it at breakfast time"



"My dad cooks it in a special pan called a wok. It's got lots of different things in it, like noodles and vegetables"

Word bank

France

England

naan bread

pizza

stir-fry

China

croissant

Mexico

India

curry fish

and chips

chilli

Italy

Spain

paella