

# Year 9 and 10

## Online

Google classroom will be used and all instructions will be provided.

Google classroom codes are on Gillian's google sheet document for each class.

Tasks will include:

E-Worksheets to complete

Google quizzes (forms)

GCSE pod videos to watch

3 lessons a week will be placed on google classroom and emails checked daily at

[pe@unity.fcat.org.uk](mailto:pe@unity.fcat.org.uk)

## Paper copies

Year 9 have been given a Unit 2 booklet (based around food diet and training programmes)

Year 10 have been given a Unit 1 booklet and they have also been provided with a health and fitness revision guides.