HISTORY

Year 7 Workbook

Summer Term 1

This booklet contains 8 hours work to be spread across this half term.

You can complete work in this booklet, in your exercise book or into the electronic version in your Google classroom.

Any questions please email history@unity.fcat.org.uk



Guide

- Each week there are at least two activities to complete. You should be able to finish them within your normal amount of history lesson time.
- You have everything you need inside the booklet. There are suggested weblinks for you to find extra information if you have access to the internet.
- Make a note of any work you have completed, and if possible let your teacher give feedback by email to history@unity.fcat.org.uk, or through google classroom.

Date	Activity One	Activity Two	Quiz Score	Extra Activity	Follow up with teacher	Confide nce			
20/4/20									
27/4/20									
4/5/20									
11/5/20									
18/5/20									
Example	V	V	7/10	V	SPaG checked. Make sure I always explain my reasoning.	X			

Tick each box when you have completed each activity. Fill in the quiz score you got for that week.

Give yourself a score for how confident you are that you understand the topic. Green means you understood the topic well, amber that you understood some and red that 2 you found it challenging.



C.

Topic: Week beginning 20/4/20

Desilli

What was the Black Death?

Acti	ivity One -
Α.	Look at Source A. Can you pick out 5 interesting pieces of information (things you can see) from the picture? Describe what you can see.
	1.
	2.
	3.
	4.
	5.
В.	What do you think the artist is trying to say about the Black Death in the source?

Do you you think the source is useful for a historian? Why?



Source A, 'The Triumph of Death'.



Useful links:

 $\underline{https://schoolshistory.org.uk/topics/medicine-through-time/the-triumph-of-death-image-analysis-on-the-black-death/}\\$





Activity two -

- A. Read the information on the two types of plague, Pneumonic and Bubonic. You can use the information on the next page and/or the internet.
- B. Complete the table below based on the information you have read.

	Bubonic Plague	Pneumonic Plague
How was it caught?		
What time of year were you likely to catch it?		
What were the symptoms?		
How long did it take to die?		

Useful links: https://www.bbc.co.uk/bitesize/guides/z7r7hyc/revision/1

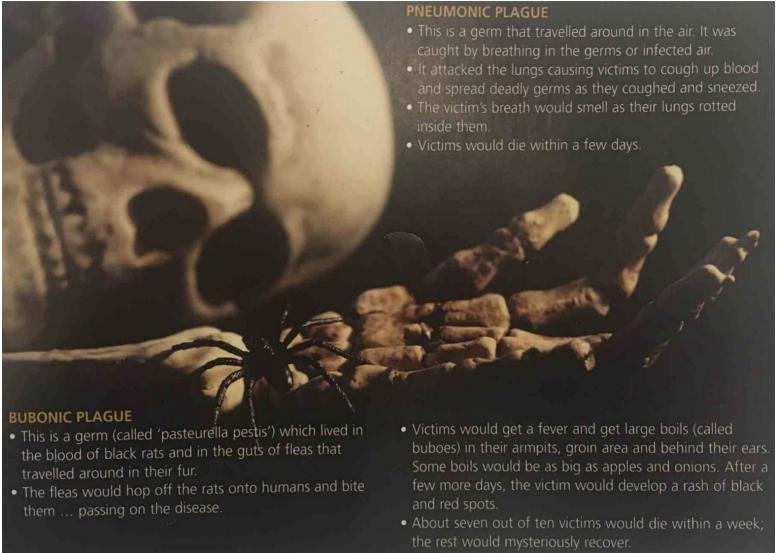


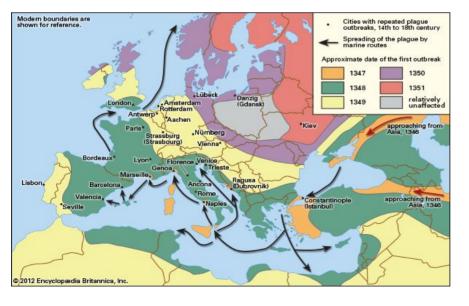
http://ks3historygames.co.uk/the-black-death-ks3-history/

https://www.dkfindout.com/uk/history/black-death/

Information on the types of plague







How did it Reach Europe?

- The Black death probably started in Central Asia
- Then travelled along the 'silk road' to Europe.
- It was carried by rats, and as people traded the disease came with them.
- It arrived in England in 1348, at the port of Melcombe Regis in Dorset.
- The plague then spread through England, and evntually reached Wales, Scotland and Ireland.

Useful Links: https://www.youtube.com/watch?v=KwllKNs3bwE





Topic: Week beginning 27/4/20 The Black Death: How people reacted



Activity one -

A.	sources on the next page.
•	
•	
•	When the contribution are a second of the contribution of contribution of the contribu
B.	Why do you think there were so many different explanations for the Black Death?
C.	Which explanation is do you think is closest to the real cause?
D.	In the space below or using your own resources, create a poster of information on how to cure the plague. You MUST use the cures people tried at the time on the next page or through
	research. Add references of any internet sources you use.

What did people think caused the Black Death?

Doctors didn't know that germs caused disease so looked for other reasons to explain why something so terrible was happening. Sources I to M show the different ways in which people at the time tried to explain the cause of the Plague.

'The plague carried by these cursed Italian ships was a punishment sent by God.'

C SOURCE I: By an Italian writer in the Middle Ages.

'In many German cities, Jews were thought to have caused the deaths by poisoning the water supply. Many Jewish men, women and children were burned to death for this.'

C SOURCE J: From a book written in 1349.

You should avoid overeating and avoid having a bath. These open up the pores of the skin through which the poisonous air can enter.

C SOURCE K: A French writer, 1365

The long term cause is the position of the planets. It is also caused by evil smells which mix with the air and spread on the wind. When you breathe in the corrupted air you catch the plague.'

by doctors at Paris University in 1348.

'The disease was spread by contagion If a healthy man visited a plague victim, he usually died himself.'

L SOURCE M: Written by Jean de Venette in 1348

source N: Some of the cures suggested at the time. It's easy to laugh at some of them, but try to appreciate that people were scared – not stupid – and were prepared to try anything.

How did people try to cure the plague?

Doctors didn't know what caused the Plague so were unable to find a way of curing it and stopping it spreading further. Some recommended herbal potions to fight the disease, others suggested begging God for help or eating (yes, eating) prayers that had been written down for you. And as the Plague got worse, the 'cures' seemed to get crazier. Just look at those suggested in Source N below.

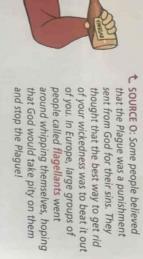
So many people died that church graveyards filled up. Soon people were left to rot where they fell. However, by 1353, after spreading up into northern Europe (Denmark, Sweden and Norway), the Black Death eventually died out... for a while. There were five more outbreaks of plague before 1400, although none was as bad. It continued to haunt Europe for the next 250 years. As people said at the time, 'the smell of death hangs over this le



Just kill a toad, dry it in the sun, hold it on your boils and watch the poison get

sucked out.





My doctor told me to drink vinegar and mercury.



Topic: Week beginning 4/5/20 The impact of the Black Death



Activity one -

- A. Read the 12 boxes with information on the impact of the Black Death on the next page. The plague had both positive and negative impacts.
- B. Sort the boxes into positive and negative impacts for people. Then add them in the correct columns below. The first box for each column has already been completed.

Nega	ative impacts of the Plague	Positive impacts of the Plague			
-	Villages were deserted. Some like Wharram Percy never recovered.	- Some people believed that the plague could strike them any day. They lived a wild life and threw parties, drank and had fun.			
C.		n which you think were most significant. Put a st significant, 2 next to the next most significant			
D.	Which impact of the plague do you think was	s was most significant? Why?			

In some places, Peasants had The Black Peasants were able peasants stopped going more freedom to bargain with the Death killed to work and instead of movement lords to farm more the Lord gave them over 1/3 of lower payment. Lords land at lower rents because they did not complain because there was could go and the people in because they wanted so much unworked work for England. to keep the peasants land around. someone else. on their manors. Some people There were not Lords tried to believed that god The Jews were blamed enough workers for the Black Death, it had sent the Black poach peasants was said they had to farm the land Death as a from other poisoned the wells. punishment and so crops were left manors by Jews were murdered in turned to the to rot in the thousands to try to offering them Church to pray and prevent the spread of fields= food make God happy higher wages. the Black Death. shortages again. Families were torn apart Lords could not Some people by the Black Death. get labourers to believed that as Villages were Children were left work on their disease could strike orphaned, villages had deserted. Some, land. They were them any day, they their entire population of like Wharram young people wiped out should live a wild so desperate that and families were often Percy, never life. They would they were left with just one adult to drink, throw parties recovered. prepared to pay work and look after the and live carelessly. high wages. young children.

Activity two -

Do you think the Black Death was a good thing for England's people? When answering, you should consider both sides. There are sentence starters to help you.
The Black death reached England in 1348, and was an infectious disease that killed millions. It was a bad thing for english people because
However, it also had some positive impacts for English people, such as
Overall, I think that the Black Death was

Useful Links:



https://www.activehistory.co.uk/main_area/videoplayer/index.php?id=588957421 https://www.activehistory.co.uk/main_area/videoplayer/index.php?id=488957421 https://www.activehistory.co.uk/main_area/games/yr7_black_death/index.htm http://ks3historygames.co.uk/Black_Death_Quiz/Black_Death_Quiz.html



Topic: Week beginning 11/5/20 Why were Monks and Nuns important?



Activity One -

Read the information on Nuns and their lives on the next page. List three became Nuns below.	reasons why people
Read the information about Monks and their lives on the next page. List the people became Monks below.	nree reasons why
Do you think Nuns lives are similar to Monks lives? How are they similar?	

ENQUIRY

THE MIDDLE AGES WERE PEOPLE IN HOW RELIGIOUS

> did they help the rest of society? And what made so many men become monks? they do when they got there? What rules did they live by to please God? How homes and possessions and moved into a monastery as a monk. But what did Some men decided to devote their whole lives to God. They left their families.

2: A day in the life of a monk

MISSION OBJECTIVES -

- To understand why some men became monks and what their daily life involved.
- To understand how monks contributed to medieval society.

Why take up the habit?

were over 12,000 monks in England – meaning that out of every 150 but this number quickly increased after William's invasion. By 1300, there the first monastery. In 1066, there were around 1000 monks in England -Monks first arrived in England in the sixth century, when Saint Benedict built

people, one was a monk! Stay in the monastery until and shave the top of his Wear a habit (robe), sandals monastery) at all times, Obey the abbot (head of the Give away all of his property. God. Spend his life in service to A good monk must: Saint Benedict

SOURCE A: To us, the life of a medieval monk seems pretty escape from everyday pressures Joining the monastery was an tough. But to many monks,

Not all monks followed the rules laid down by Saint

Benedict. As well as Benedictines, there were Cistercians,

Hungry for MORE

set down by Saint Benedict three hours - day and night! The It was dominated by prayer - ever A monk's life was not an easy one had to live by a strict set of rules



Read Source B.

very friendly and no one is selfish. worry of the world. All the monks are We are free from all the noise and Here everything is peaceful and quiet

C SOURCE B: By a monk from Rievaulx Abbey in 1170.

not unknown for an artist to be paid to paint the birth of for them but these usually showed religious scenes too. It was Rich families sometimes paid artists to paint pictures especially although sometimes they doodled scenes from everyday life. Jesus – and put the rich nobleman's family in the background painted by the monks, mostly showed Bible stories -Most art was religious. The illuminated manuscripts, ACT What's that in the back of the picture?

WISE-UP words

illuminated manuscripts monastery monk scriptorium

chronicles



C SOURCE C: Large monasteries like this housed dozens of monks and were called abbeys.

Illuminating work

Monks were probably the best educated people in medieval society and nonasteries were important centres of learning. They acted as libraries for



not only read these books but made sure ancient books and manuscripts. Monks them. This took place in a special room the knowledge wasn't lost by copying called a scriptorium, a long narrow ha with booths placed against windows to monks wrote their own books called if they were knocked off. Sometimes the desk to prevent them being damaged doing. Valuable books were chained to help the monks see what they were chronicles. They also often illuminated around the edges of the page and on their books with tiny, beautiful paintings the capital letters

MISSION ACCOMPLISHED?

- Can you explain why some men decided to become monks?
- Do you know how a monk spent an average day?
- Could you explain how monasteries preserved and spread knowledge?

C SOURCE D: This example of an illuminated manuscript comes from the Lindisfame Gospels.

different orders lived by.

around. See if you can find out more about the rules that these who did not live in monasteries but spent their time travelling friars arrived in England in the thirteenth century. They were monks Cluniacs, Augustinians, Premonstrations and Carthusians. Franciscan

HISTORICAL THE MIDDLE AGES? WERE PEOPLE IN HOW RELIGIOUS

How and why did women become nuns? And how did they help the rest of society? they hardly ever worked with books or manuscripts. So what did they do instead? became nuns and lived in nunneries, mostly followed the rules of Saint Benedict, and It wasn't just men who wanted to devote their lives to God, women did too. They lived lives fairly similar to monks. There were not as many nuns as monks though and

3: Was it fun to be a nun?

MISSION OBJECTIVES

- To understand why some women became nuns and what their lives involved.
- To understand how they helped the rest of society

my life doing His work if I lived. promised Him that I would spend my mother and I nearly died. My My name is Sister Emily and I'm 16 years old. When I was born, girl, my father kept his promise did, so when I was a very young and handed me over to the father prayed to God and Sisters with a dowry

being a wife and mother. My father would have responsibilities and jobs gave a dowry to the nunnery and I that are far more interesting than my education would continue and I My name is Sister Ursula and I'm 22 years old. When it became time wanted to become a nun. That way, for me to marry. I told my father that I didn't want a husband - I donated my silver necklace that belonged to my grandfather

ago. I decided to dedicate the rest of my life to God and gave all of my money and belongings, including my nothing to worry about other than house, to the nunnery. Now I have My name is Sister Winifred and I am 55 years old. I became a nun pleasing God and doing His work when my husband died two years



various different ages. Look at the stories of the three nuns above. Women became nuns for a number of different reasons and at

The Brides of Christ

have a ring placed on her finger and she wore a wedding crown as she took After living by the rules of Saint Benedict for five years, nuns were consecrated her vows. From then on, she would be seen as being married to God This involved a ceremony that was very similar to a wedding. The nun would

duty to look after the sick (see Source A). The Church built 160 new hospitals between 1205 and 1300, many of which were attached to nunneries and chores. But rather than working in the scriptorium, nuns saw it as their The daily life of a nun was very similar to that of a monk – based around prayer

as 'sisters'. often attended to the sick - that's why SOURCE A: A picture of nuns looking after senior nurses in hospitals today are known the sick in their nunnery. Nuns or sisters



sleep for the night but people soon began to take their sick relatives to the for guests'. Originally, they were just intended as places where visitors could grew in number and size nunneries. It was the nun's duty to care for the unwell and the hospitals soon the word hospital comes from the Latin word hospitalis, which means 'a place

WISE-UP Words

consecrated dowry

merit with God. The sick helping them. Also, you any single point and you will gain quarter must be patient with them whom you really help by help them as Christ would before everything. You must should not be neglected at Care for the sick stands

C SOURCE B: The rules for Benedictine monks, AD534

_MISSION ACCOMPLISHED?.

- Can you give at least two reasons why women became nuns in medieval England?
- Could you explain why you would be glad that there were nuns, if you were alive in the Middle Ages?

becoming consecrated! in an attempt to escape staged her own funeral Clementhorpe Nunnery, called Joanna from

faked her own death and

Act	ivitv	two	
\neg	IVILV	LVVO	

Why are Monks important in the middle ages?	Ü
How did Monks lives differ from the rest of society during the middle ages? You could everyday activities, and what the monks were not allowed to do.	mentior

C. Using the textbook pages and/or your own research, draw and label both a Monks clothing and a Nuns in the space below.

Useful Links:

https://www.bbc.co.uk/bitesize/guides/znjnb9q/revision/3

https://www.youtube.com/watch?v=ikicnfBQEcw

https://www.ducksters.com/history/middle_ages_monastery.php





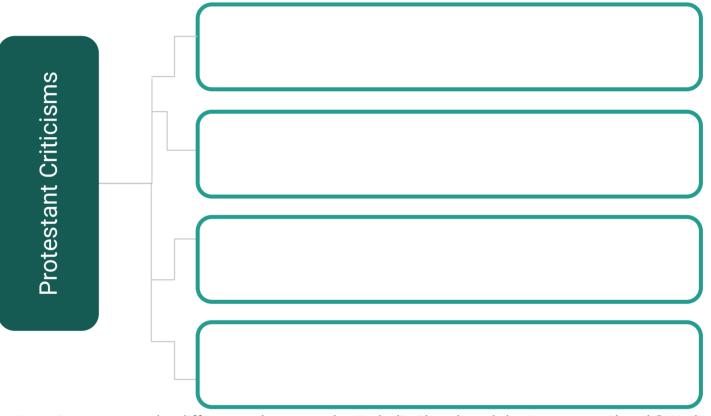
Topic: Week beginning 18/5/20

Martin Luther: How one action changed th.

world

Activity One -

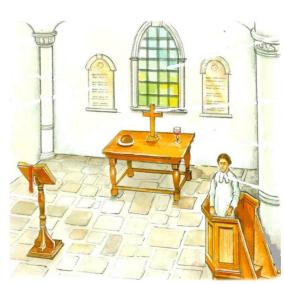
A. Can you sum up the four main criticisms that Protestants had about the Church? Place them in order of which you think were most important, with most important at the top.



B. Can you spot the differences between the Catholic Church and the Protestant Church? Circle the differences that you can see.







Protestant Church

HOW RELIGIOUS WERE THE TUDOR MONARCHS? ENQUIRY

cinemas or shopping centres, the Church was the centre of most people's lives. It according to one survey, more people go shopping on Sundays than go to a church course, to worship God. Everybody in Tudor England believed in God but for the provided a welcome meeting place, somewhere to enjoy summer fairs and, of service. Things were very different in Tudor times. In a world without televisions, Today, only a small minority of people visit church on a regular basis. In fact, becoming unhappy with the Church? What did they believe instead? And what did great deal of upheaval and many thousands of deaths. So why were some people very seriously and this doubting of what they saw as the word of God led to a first time people started to question how the Church was run. People took religion this mean for religion in Europe?

3: What did Protestants protest about?

MISSION OBJECTIVES.

- To understand why some people became unhappy with the Catholic Church.
- To know how Protestants got their name and what they believed.

Spreading the word

People in Tudor times used God to explain things they regularly, then you would definitely end up in hell and prayed regularly, then you would probably go to and hell were real places. If you led a good life on earth because God wished it so. They also believed that heaver as punishment from God. If the harvest was bad, it was didn't understand. Nasty illnesses or infections were seen person who committed crimes and didn't attend church heaven when you died. However, if you were a bad

than Latin. For the first time, ordinary men and women on many topics. There were lots of books on religion and church and listen to what the priest told them. Some could read it for themselves instead of having to go to even copies of the Bible were available in English rather By 1500, there were thousands of books available to reac about the Church and wonder whether everything they people who were not priests started to think very deeply had ever been told was entirely correct.

In 1517, a German monk called Martin Luther wrote out groups in Europe who believed in a Christian version it to his local church door. Luther wanted the Catholic a long list of criticisms of the Catholic Church and nailed both wanted to worship Him in slightly different ways of God - the Catholics and the Protestants. However, attracted many followers. By 1529, the followers were Church to change and soon his ideas and beliefs the Catholic Church. Now there were two religious known as **Protestants** because they protested against

The Church was too rich!

 The Church owned about one-third of all the land in England. priests and monks lived in luxury, whilst the poor suffered An ordinary peasant had to give 10% of their harvest (a tithe) to the priest every year. Some felt that the bishops,

CRITICISM NO. 2

very good example to the people in the village or town. nor write and so cannot look after the parishioners' souls. He is living with a woman, Margaret, and he cannot read and there his tongue is loosened to the scandal of everyone. substitute. Sir John [the priest] spends his time in the taverns he was away for six weeks and made no arrangements for a Ordinary people did not think some priests were setting a Some priests had a few jobs and neglected their work. The priests didn't lead a very 'holy' life. The priest puts his horses and sheep in the churchyard... Villagers once told the Bishop of Hereford:

CRITICISM NO. 3

Ordinary people couldn't understand the church services.

understand what was being said in church. found it difficult to feel close to God if they couldn't were held in this language as well. People said they The Bible was written in Latin and the church services



The Bible and prayer books are written in Latin

chosen by God.

• The Pope is Head of the Catholic Church and i

The Catholic way to worship: FACT Rival religions

WISE-UP Words

indulgences **Protestants** Purgatory tithe

A church should be a bright and colourful place to

worship God, with pictures on the walls, stained-glass

windows, a large stone altar, silver cups and crosses,

C SOURCE A: A print of the execution of translating the Bible into English so William Tyndale. He was executed for



C SOURCE B: Martin Luther's protest against the Pope changed religion forever

_MISSION ACCOMPLISHED?

- Can you name three things about the some people unhappy? Catholic Church in Tudor times that made
- Do you know two differences between the Catholic and Protestant ways to worship
- Could you explain to somebody what the word 'Protestant' means?

was fair. They thought that they were being punished for being poor. Rich people could buy lots of indulgences. Poor people didn't think it from a bishop. This meant that you travelled through Purgatory quicker stay for very long. When you were alive, you could buy 'indulgences committed whilst you were alive. It wasn't meant to be a nice place to people believed you were punished for any sins you may have passed through a place called Purgatory on the way. In Purgatory, When a person died, they went to heaven or hell. It was thought you

that ordinary people could read it.

 A church should be a plain and simple place to worship The Bible and prayer books should be in a language

God. Money shouldn't be wasted on decorations or

robes for the priest.

that the worshippers understand - not in Latin.

The Protestant way to worship:

and priests in magnificent robes.

A country's monarch should be the Head of the Church



Poor people couldn't afford 'indulgences'

Activity two -

A. Complete the factfile on Martin Luther. Make sure you fill in all the key details, using both the textbook pages and online resources.

<u>Martin Luther</u>	
Born:	
Died:	
Job:	
Life Story:	
	Key Events
Why are they important to remember:	
	

Useful Links:

http://www.bbc.co.uk/history/historic_figures/luther_martin.shtml

https://www.activehistory.co.uk/main_area/2nds/prot_cath/frameset.htm



Topic: Changing Britain What did Britain look like?



Activity One - Read the information below. During the middle ages, Britain was not one nation. It was split into different countries that often battled each other. Several English monarchs fought to try and get it all under their control.

Wales

- The Normans took over <u>bits of Wales</u> when they first conquered England. But, because of the mountains, Wales was <u>hard to control</u>.
- Edward I conquered Wales in the 1270s and 80s and built <u>castles</u> there to help control it.
- Though there were still many revolts against the English, Wales was <u>under English control</u> by Henry VII's day in around 1500.

Ireland

- The English first got involved in Ireland when <u>Dermot McMorrough</u> (King of Leinster) lost his throne, and asked <u>Henry II</u> to <u>help</u> him get it back.
- Henry built <u>castles</u> and sent <u>knights</u> to help Dermot. Most Irish chieftains seemed <u>quite happy</u> with this. Dermot offered Henry an <u>oath of loyalty</u> in return for his help.
- 3) Irish chieftains gave allegiance (loyalty) to the King of England from 1172 onwards.

Scotland

There was a lot of argument about whether Scotland was a free country. The English thought the Scots owed the King of England an oath of loyalty, but not all the Scots agreed.

- 1) Edward I, the "Hammer of the Scots", conquered Scotland at the end of the 1200s.
- But the fighting (and campaigns in Wales) left Edward short of money, so he could not afford to build castles to hold the land.
- 3) Within a year, rebellions had started across Scotland, and they managed to defeat Edward's forces in battle when he first tried to put them down.
- 4) Robert the Bruce freed Scotland by 1328, and ruled as its king.
- Throughout the Middle Ages there were <u>lots of border raids</u> between the English and Scots, involving <u>fighting</u> and <u>theft</u>.



A. Based on the information you've read, answer the questions below.



Source A — The Scottish clan system

The Scottish population was divided into hundreds of clans. These clans protected and cared for their members. In times of war, they fought together as a regiment of soldiers in the army. Whilst this system was useful for raising large armies quickly, it also meant that there wasn't much loyalty between the clans, who often fought each other. By bribing and separating certain clans, the English were able to weaken many Scottish rebellions.

Source B - The Scottish rebellions

The first Scottish war of independence struggled partly due to divisions in Scotland. The two leaders, Robert the Bruce and John Comyn, were enemies. Because the Scottish lords and clans constantly switched sides and fought with each other, they were bound to have trouble uniting and staying together for any long period of time. This made winning a long war against England more difficult.

VVE	eaken many Scottish rebellions.	
In Ed	rce C — An account of the attack on Berwick 1296, the people of Berwick-upon-Tweed refused to surrender to dward I. His troops attacked the city. In revenge for their refusal to trender, Edward massacred the population and sacked the town.	massacre = savage killing = of a large group of people = 711111111111111111111111111111111111
a)	Read Sources A and B. What were the advantages and disadvantages of the clan system?	
b)	Look at the sources. What could English kings do to try to put down a rebellion in Scotland? Explain your answer.	
c)	Using the sources above, give two reasons why a Scottish chief might have chosen to fight for the English king, Edward I.	

Extra Activities

These are activities that you could complete, but are not expected to complete. Some will require extra equipment or the internet. These will further help you understand history and will be fun to do!

20/4/20

What was the Black Death?

• **Draw your own picture of the Black Death.** What do you think people would have done? You could show the expressions on peoples faces, how the dead are buried, what the plague does to people how it travelled through europe, the symptoms of the plague.

27/4/20

The Black Death: How people reacted

• Create your own potion to try and cure the Black Death. Remember you can only use things that you have access to! You could either create a label with ingredients in or actually create the potion in an old bottle! Examples of things to include are: Grass, Vinegar, carrots, peas etc.

4/5/20

The impact of the Black Death

 Complete the Black Death crossword, jigsaw and take on the role of a plague doctor online here: http://ks3historygames.co.uk/the-black-death-ks3-history/

11/5/20

Why were Monks and Nuns important?

Go on a virtual tour of a monastery! Using the link at the end of the page, imagine you are a monk on living in the monastery. Write down or draw what you can see!
 https://www.english-heritage.org.uk/visit/inspire-me/top-abbeys/
 https://www.youtube.com/watch?v=p10 OraOcnk

<u>18/5/20</u>

Martin Luther: How one action changed the world

• Create a new badge/crest for the protestant Church. Think about what a protestant beliefs, what would they want to include? Examples could include: Jesus, a Bible in English and a married priest.