

# KS3 3 YEAR CURRICULAR MAP – P.E.

*Pupils will develop these areas throughout the course of the year.*

*All Sports-  
Pupils become more autonomous in decision making*

*Competitive Sports-  
Accurate and informed decision making*

*Athletics-  
Highly competitive*

*Fitness-  
Technique throughout session without faltering*

*Games -  
Skills and tactics to influence games*

*Leadership Skills-  
Leading teams and sessions*

**YEAR 9**

**YEAR 8**

*Leadership Skills-  
Leading drills*

*Games Sports-  
Accurate skills in games situations*

*Fitness-  
Exercise whole session without faltering*

*Athletics-  
Develop competitiveness*

*Outdoor & Adventurous activity-  
Develop orienteering skills*

*Striking and Fielding-  
Refine and apply techniques*

*Striking & Fielding-  
Develop fundamental technique*

*Dance-  
Rhythmic movements*

*Athletics -  
Developing fundamental athletic skills*

*Fitness -  
Developing fitness for sports*

*Games -  
Accurate skills in isolation*

*Leadership Skills-  
Leading warm-ups*

**YEAR 7**