KS4 CORE P.E.

Pupils will develop these areas throughout the course of the year.

YEAR 11

- *Leadership- Influential in area/position of expertise*
- *Sports Role- Refine role within sport/activity*
- *Tactics & Strategies- Refine, adapt + influence in sport /activity*
- *Fitness- Prowess in technique without faltering*

YEAR 10

- *Leadership- Develop influence in area of expertise*
- *Sports Role- Develop role within game/activity*
- *Tactics & Strategies- Enhance within full sided games/adapted games*
- *Fitness- Enhance fitness for specific activity*
- *Athletics- Comp/race prep + competitive*
- *Striking & Fielding- Competitive application*