

Autumn 1
2024-2025



Personal Development

The USH Way
Community
Raising the Bar
Roald Dahl Day
Team building
Jeans for Genes day
European languages day
House Council representatives
Black History Month
World Space week
Inclusivity- Dyslexia and Dyspraxia
Your future
Be your best
HSBC Bank finance sessions (external speaker)

Daily- Tutor group litter pick, daily mile, mindfulness minute



Careers

Year 7: Careers program launch lead by our careers advisors

Year 8: Careers program launch lead by our careers advisors

Year 9: Gatsby benchmark introduction
Careers pilot, Manufacturing Day (Martins Rubber Company trip)

Year 10: Gatsby benchmark introduction, CEMEX trip, visit from IBM

Year 11: Gatsby benchmark introduction, Careers interviews with school careers advisors, trip to the boat show (student leadership team), college drop in sessions, Solent University revision skills assembly, visit from IBM

Autumn 2
2024-2025



Personal Development

Remembrance
Grandparent open morning
Diwali
House assemblies
Anti bullying week
Children in Need
Climate Change and COP
Empowerment sessions (Luke Stanton external speaker)
Numeracy ninja showdown
12 Days of USHmas
Christmas diversity

Daily- Tutor group litter pick, daily mile, mindfulness minute



Careers

Year 7: Careers pilot
Year 8: Careers pilot
Year 9: Careers pilot
Year 10 : Work experience launch
Year 11: Careers interviews with school careers advisors
All years: Careers fayre

Spring 1
2024-2025



Personal Development

Planet USH- Healthier you in 2025

Report, review, refine week

Year 11 mock result day

Kelly Simm- Olympic gymnast guest speaker

Holocaust Memorial Day

LGBTQ+ History month

House celebrations

Go Green fundraising run

Daily- Tutor group litter pick, daily mile, mindfulness minute



Careers

Year 8: 'Making the right choice'- Solent University,
Options evening

Year 9: 'My Solent story' - Solent University

Year 10: Solent University trip, work experience
launch, employability workshops
All years: Meet the professional

Spring 2
2024-2025



Personal Development

Autism Awareness month

World Book day

Mindfulness

Year 10 Citizenship student led assemblies

House assemblies

House team building day

Numeracy challenge assemblies

Guest speaker: Pete Thompson '44 marathons in 44

European countries in 44 consecutive days

Cultural diversity week

Daily- Tutor group litter pick, daily mile, mindfulness minute



Careers

Year 8: Options support

Year 9: Go to work with an adult

Year 10: SUN Festival of industries Bournemouth
University trip, insight into health degrees tutor drop
in

Summer 1
2024-2025



Personal Development

House celebration assemblies
Alumni week: Guest Speaker Reagon Alford 'My journey to PhD'
Duke of Edinburgh celebration
Mini London Marathon
Target review
USH way
Internet safety
Mental Health Awareness week
USH Eurovision
Year 10 Citizenship marketplace

Daily- Tutor group litter pick, daily mile, mindfulness minute



Careers

Year 8: Options support

Year 9: Careers pilot

Year 10: Oxford University trip, Early years in education workshop, Royal navy careers trip