11th September 2026

E-Bulletin

Theme of the week 14th September — **Community and Identity**

Theme of the week 21st September — **Student Leadership**



Could we please remind all parents and carers of the correct procedure when collecting children for appointments.

If your child has an appointment during the day, it is important that you notify the office in advance. Unfortunately, we are still seeing a high number of parents arriving to collect their child without prior notice, which can cause disruption to classes and delays in getting children ready.

To help everything run smoothly, please:

- Inform the school in advance of any appointments
- Provide details of the collection time where possible
- Allow a few minutes for your child to be brought to reception

For children, whose eligibility for Free School Meals has been confirmed, a daily allowance of £3.25 will be credited to their catering account at lunchtime only.

Please note that this allowance will not be available during morning break. If your child wishes to purchase food or drinks at break time, you will need to ensure that sufficient funds have been added to their account.

Any unused balance from the £3.25 daily allowance will not be carried forward to the next day and cannot be accumulated.

PE Update

All students have been briefed on the routines, expectations and uniform policy within PE lessons. In the coming weeks, we will update you with these details and any changes to help support your child at home.

Earrings in PE

As a member of the Association for PE, we follow the strong advice and guidance of students not wearing earrings during PE. Therefore, students are asked to remove these items before each PE lesson.
For those students who are temporarily awaiting the piercing to heal from the summer holidays, we will allow students to tape over their earrings. This temporary measure will be in action for this half term.
It will be the student's responsibility to bring in and tape their own earrings. Any non-compliance will result in administration of our behaviour consequence system and contact home.

This protocol is to ensure the safety of all students when participating in physical activities. Thank you for your support in this matter.

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Follow USH on socials

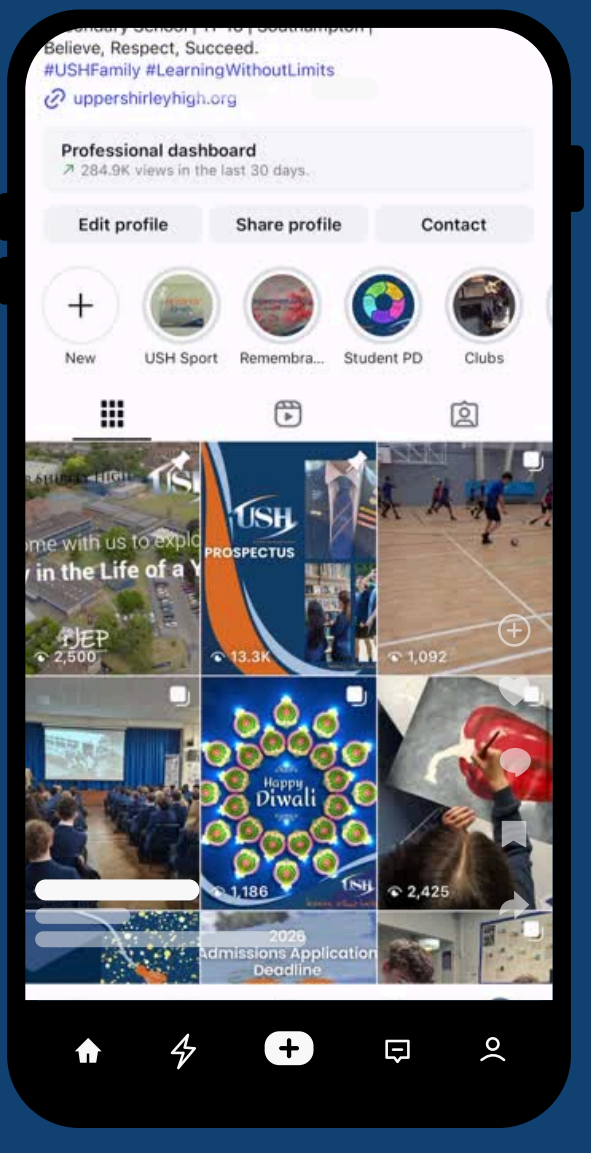
The PTFA manage private Facebook groups for each year group, where you can keep up to date on what's going on. Please join by searching for the following groups:

You can also email us anytime on ptfa@ushschool.org

USH Stuff! (for all year groups)
Year 7 @ USH 2026/2027
Year 8 @ USH 2026/2027
Year 9 @ USH 2026/2027
Year 10 Parents USH 2026/2027
Year 11 @ USH 2026/2027

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Dates For Your Diary

SEPT 14 – Y7 Portrait Photographs	SEPT 17 – GCSE Art Trip - Exbury Gardens	SEPT 26 – USH Open Morning
OCT 02 – Staff Inset Day - Closed to Students	OCT 05 – Staff Inset Day - Closed to Students	OCT 09 – PTFA Quiz & Curry Night
OCT 13 – Flu Vaccinations	OCT 22 – Y7 Disco	OCT 23 – Y7 & Y8 Maths World Trip - London



Join us for an exciting evening at the Lymington Town Sailing Club exploring the diverse career opportunities in the marine industry!

Aimed at Year 9 students upwards, parents and carers, this event is perfect for anyone looking to dive into the world of marine professions.

Come and explore exhibitors and connect with industry professionals in the marine sector, including presentations, practical work and goodie bags to take away.

Don't miss this opportunity!

Scan the QR code to register your place.

For more information, please email lisa.fox2@hants.gov.uk

Lymington Town Sailing Club, Bath House, Bath Road, Lymington, SO41 3SE



Crisis Resilience Fund (CRF) and Holiday Activities and Food (HAF) programme

This information explains changes to school holiday support and sets out the help available through the Crisis Resilience Fund and the Holiday Activities and Food programme.

Crisis Resilience Fund (CRF)

From Autumn 2026, Southampton City Council will no longer be providing supermarket vouchers during school holidays for families with children who receive benefits related free school meals.



Clubs are back!

Keep an eye out next week for our new club timetable.

Last year, more than 60 staff and student-led clubs were on offer, providing a fantastic range of opportunities for all students.

Safer Parking Campaign Supports a Safer School Community

USH is proud to support Safer Parking Campaign, launched by Southampton City Council to help keep children, families and local residents safe during the busy school run.

As pupils return for the new school year, parents, carers and visitors are encouraged to park responsibly and considerately around the school. Unsafe parking can block visibility, create hazards for pedestrians, restrict access for emergency vehicles and make it more difficult for those using wheelchairs, mobility aids or pushchairs to travel safely.

We ask everyone in our school community to help by parking legally, avoiding school zig-zag markings and yellow lines, keeping junctions and dropped kerbs clear, and considering parking a little further away before walking the final part of their journey.

By working together, we can help create a safer, more accessible and welcoming environment for all members of our school community. Thank you for your continued support.





