

Our Curriculum Aims

- To be brilliant learners who are curious, creative, resilient and enjoy learning
- To be brilliant at gaining knowledge and developing skills confidently that will stick with us for life

What do Brilliant sports people and dancers do?

- To learn how to be competent in basic skills so they can excel in a broad range of physical activities when older
- Are physically active for sustained periods of time
- Engage in sports and activities at an appropriately competitive level
- To know the benefits of leading healthy, active lives.

Our Physical Education Curriculum Intent

Reception	Year One	Year Two
Children in reception will be confident to try new sporting activities Children will be taught to work and play cooperatively. During games, dance and gymnastics they will be taught to negotiate space and obstacles safely while demonstrating strength, balance and coordination. They will learn to move energetically such as running, jumping, dancing, hopping, skipping and climbing and when appropriate try to move in time with music.	In gymnastics children will learn to recognise, use and link basic gymnastic actions and shape such as turn, twist, spin, rock and roll with increasing control and into longer movement phrases. In dance children will learn to respond to a range of stimuli and types of music while exploring space, direction, levels and speeds. They will learn to create actions, perform linked movements using a range of body parts from given actions. They will be able to respond to supporting concepts such as canon and levels. In games children will learn to run, jump, hop, catch, throw and kick with increasing agility, balance and co-ordination while using and applying simple strategies and tactics for invasion and other games. Children will begin to be able to talk about the benefits of being physically active.	In gymnastics children will learn how performers can transition and link gymnastic elements. They will learn to perform basic actions with increasing control, consistency and rhythm. They will learn to create and perform simple sequences that will develop their body management. In dance children will learn to perform more sophisticated formations as well as an individual. They will learn to use the stimuli to copy, repeat and create dance actions and motifs. Children will be able to explain the importance of emotions and feeling in dance. In sports children will learn to refine and improve throwing, hitting, catching, kicking and dribbling balls, to link combinations of skills and to play a range of invasion and other games. Children will learn to build attacking and defending play in games and to recognise good quality work in themselves and others. They will begin to keep score. Children will be able to talk about the physical and mental benefits of being active, the impact it has on them and what they like to do.

PE Heroes

			
Marcus Rashford	Mo Farah	Max Whitlock	Kate French
			
Simone Biles	Lucy Bronze	Tanni Grey-Thompson	Strictly Dancers

Year R

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sports	Gymnastics	Dance	Gymnastics	Dance/Sports	Sports

Year 1

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Sports	Gymnastics	Dance	Gymnastics	Dance/Sports	Sports

Year 2

Autumn	Spring	Summer
Sports Gymnastics	Dance Gymnastics Sports	Dance Sports Gymnastics