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The Upton Schools

Belonging  **Growth**  **Excellence**

Newsletter

23rd January 2026

Dear Parents and Carers,

I hope this email finds you well. In this week's newsletter I want to talk about bullying and how we deal with it across our schools. Bullying is obviously something that children, parents and carers are concerned about. In our schools it is rare.

Anti Bullying

We define bullying in our school as being repeated, deliberate behaviour that causes physical, emotional or social harm to another person. Bullying can take several forms:

- **Physical bullying:** hitting, pushing, kicking, or damaging someone's belongings.
- **Verbal bullying:** name-calling, threats, insults, or discriminatory language.
- **Social/relational bullying:** spreading rumours, excluding others, manipulating friendships, or encouraging others to isolate someone.
- **Cyberbullying:** using digital devices, social media, messaging, or online platforms to intimidate, threaten, embarrass, or harass.

While we consider what bullying is, it is useful to consider what bullying is not. Bullying is not a single argument, disagreement, or falling-out between students; it is intentional, repeated, and aimed at causing harm.

We talk to the children about bullying in our assemblies and in our PSHE lessons. We teach the children how to identify bullying and that if they are worried about it, or think that someone might be being bullying, as well as, if they are being bullied, they must tell an adult at school or at home.

If there is a concern about bullying that is raised by parents, children, or staff it will be directed towards the Anti-Bullying Champions who are Mr Williams in the Infants and Mr Thompson at the Juniors. The Anti-Bullying Champions and myself will agree the best way to investigate the concerns, how to resolve them and the outcome. During the process we will keep parents and carers informed. By doing this I believe we will have the structure in place in our schools to make sure we do not have bullying in our school and if there are concerns, they are dealt with quickly and effectively.

Parents Evening

A reminder that across the schools we will be having parents evening week beginning Monday 9th February and booking links will be out shortly via the MCAS app.

Ofsted

As some of you may be aware Ofsted has changed how it is inspecting schools. Please see the letter below from Bob Farmer the Chief Executive of Hamwic Education Trust with more details.

Dear Parents and carers,

Re: New Ofsted Inspections

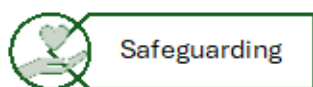
We are writing to you to explain a bit about the new Ofsted inspections that the government have introduced. You may have already heard about parts of this in the news, but we recognise that some of the messages are confusing.

At Hamwic Education Trust, we are very proud that most of our schools have been graded as good or outstanding.

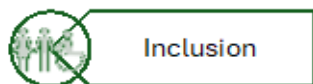
None of our schools have had a new-style inspection yet. However, we are working with them closely to ensure they are well prepared for when inspectors do visit.

The new inspections do not use the same grades and Ofsted have made it very clear that the new grades and old grades can't be compared. The new grades that have new expectations to reach them are as follows:

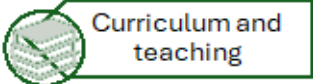
Urgent Improvement	Needs attention	Expected standard	Strong Standard	Exceptional
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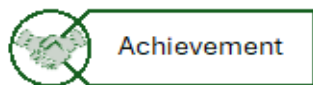
Safeguarding



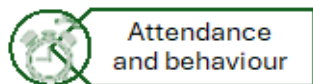
Inclusion



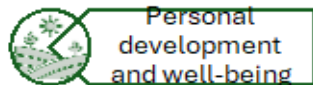
Curriculum and teaching



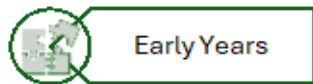
Achievement



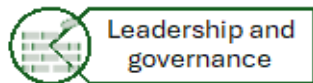
Attendance and behaviour



Personal development and well-being



Early Years



Leadership and governance

The government make judgements about schools in the areas to the left of this paragraph. Across these areas they have said they expect that most schools will have a range of judgments from 'needs attention' to 'strong standard'. Different areas can have a different judgement. There is no longer just one word to describe a school.

The **expected standard** is where schools should be – it's what the government expects to ensure children are getting the education they deserve.

The **strong standard** is met when schools are well above average. They meet every point in the expected standard and every point in the strong standard criteria. To achieve this in any area will be impressive.

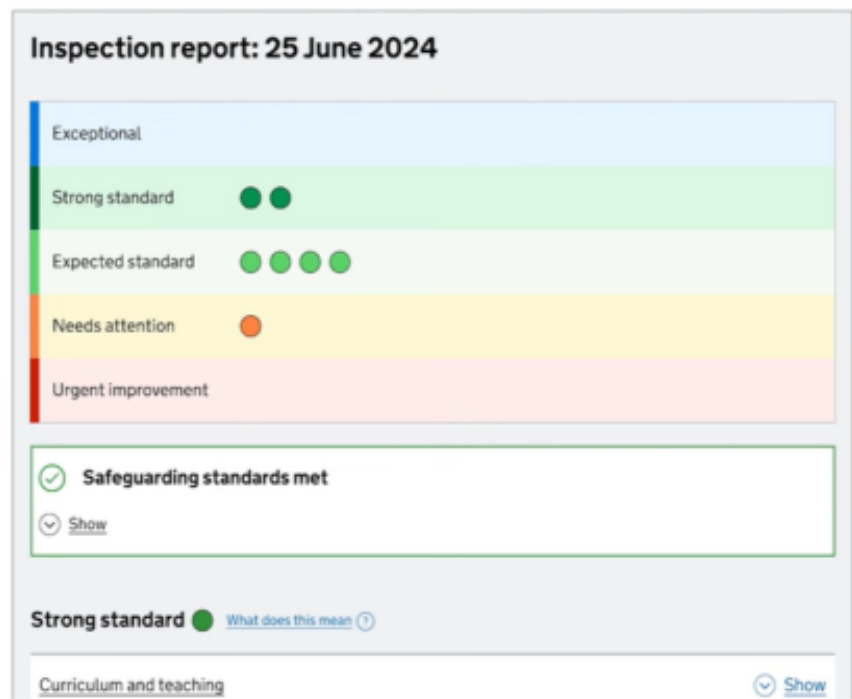
Needs attention is described by Ofsted as a bit like an advisory on an MOT. It's certainly **not** a 'fail', but it could do with being sorted out so it doesn't get any worse.

A school who reaches an exceptional standard in any area will be just that. These grades are likely to be very rare. It is a higher standard than the current outstanding grade.

Urgent improvement means a school is not where it needs to be and needs support to get better in one or more of the areas being judged.

Parents will be able to see how well a school is doing by looking at the new school report cards. Information about report cards can be found by using this link: <https://youtu.be/iMMoqZv-DUU>

They will look like the example below with drop down menus to give you some information about why a judgment has been made in each area.



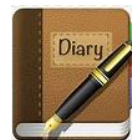
We hope this information will help you understand what the judgements mean when we do get an inspection in one of our schools.

However, regardless of inspection, we will keep working hard to provide the best education we can, not because of Ofsted, but because we believe it's what your children deserve.

Your sincerely,

Robert Farmer
CEO Hamwic Education Trust

Upton Junior School Announcements



Diary Dates

- ❖ Wednesday 28th - Friday 30th January – Bikeability Year 4
- ❖ Wednesday 4th February – Sports for Champions Athlete “Pierre Henry-Fontaine”
- ❖ Tuesday 10th February 3.30 – 6.30pm– Parents Evening
- ❖ Thursday 5th – 13th February – Bikeability Year 5
- ❖ Wednesday 11th February 3.30 – 6.30pm – Parents Evening
- ❖ Monday 16th – Friday 20th February – Half Term
- ❖ Monday 23rd February – Children return to School
- ❖ Friday 6th March – INSET DAY

PE Days

	Year 3	Year 4	Year 5	Year 6
Monday				
Tuesday	PE			PE
Wednesday	PE	PE		
Thursday			PE	PE
Friday		PE	PE	

Upton Infant School Announcements



Diary Dates

- ❖ Wednesday 11th February – Parents Evening
- ❖ Thursday 12th February – Parents Evening
- ❖ Monday 16th – Friday 20th February – Half Term
- ❖ Monday 23rd February – Children return to School
- ❖ Friday 6th March – INSET DAY

PE Days

	Honeybees	Reception	Year 1	Year 2
Monday				
Tuesday		PE		
Wednesday			PE	
Thursday			PE	PE
Friday	PE			PE

TENNIS LESSONS

AT YARRELLS SCHOOL



BRETT TOWNSEND



TENNIS COACHING

STARTING SUNDAY 25TH JANUARY!

9-10am Mini RED Coaching
Ages 4-7

10-11am Mini ORANGE Coaching
Ages 7-10

11-12:30pm YELLOW BALL Coaching
Ages 11-18

Prices per session

- £8.75 per hour Classes
- £13 for 1.5 hour classes

TO BOOK CONTACT BRETT TOWNSEND:

07979 368094



February Half Term 2026

School holiday arts and sports activities
for Dorset children who need additional support



Bookings close
Wednesday 28 January



Artz+ Sportz+ is funded and organised by Dorset Council
dorsetcouncil.gov.uk/sport-leisure/artz-sportz

SWIMMING LESSONS

Individuality
SWIMMING & FITNESS

Free Trial Days

Hamworthy Park Junior School

20-01-2026

21-01-2026

**BOOK YOUR
FREE TRIAL
SESSION NOW!**

AVAILABLE CLASSES:

Non-Swimmer

Beginner 1 and 2

Improver 1 and 2

01202 031701

info@individualityswimmingandfitness.co.uk



DORSET
& SOMERSET
AIR AMBULANCE

**9
MAY
2026**

SEASIDE SCRAMBLE

RUN. CLIMB. CRAWL. SAVE LIVES.
5KM / 2 LAPS / 16 OBSTACLES

**FROM
9:30
BAITER PARK
POOLE**



**SIGN UP
NOW**



www.dsairambulance.org.uk/seasidescramble





ASPIRE LIFE SPORTS FEBRUARY HALF TERM HOLIDAY SPORTS CLUBS

ASPIRE
LIFE
SPORTS

HELD AT:

LYTCHETT MINSTER SPORTS CENTRE

HELD AT:

Lytchett Minster Sports Centre
Post Green Road
Lytchett Minster
Poole
BH16 6JD

DATES:

Monday	16th Feb
Tuesday	17th Feb
Wednesday	18th Feb
Thursday	19th Feb
Friday	20th Feb

COST:

£24 per child
1 x Sibling 25% off

TIMES:

08:00–12:00 / 13:00–17:00 / 09:00–15:00

Early drop off (AM) and Late pick up (PM) available



FOOTBALL
CAMP

MULTI-
SPORTS
CAMP



www.aspirelifespports.co.uk

Confidence | Creativity | Ambition | Respect | Enthusiasm | Determination



The Cornerstone Academy

The best in everyone™

Part of United Learning



Mrs Hinks-Sleep
Grammar Stream
Co-ordinator



Mrs Teixeira
Deputy
SEND Co



Miss Hornby
Assistant
Principal



Mr Phillips
Principal

Coffee



and Q&A Tours

GENERAL TOUR | 3.30–4.30PM
WEDNESDAY 28TH JANUARY 2026

GRAMMAR STREAM TOUR | 3.30–4.30PM
WEDNESDAY 25TH FEBRUARY 2026

SEND TOUR | 3.30–4.30PM
THURSDAY 19TH MARCH 2026

Calling parents and carers of
Year 5 and Year 6 children!

We warmly invite prospective
parents and carers to join us for
a tour of the academy, followed
by a Q&A session with our
principal on life at TCA and the
application process.

To book a tour, please contact us:
enquiries@cornerstoneacademy.org.uk
01202 676789

Half Term Football Camp with Coach Kev 19th February 10am-3pm Lytchett Matravers Primary School Years 1-6 Only £25



The club will take place outside on the field, unless the weather is dreadful then we will go indoors!
Please dress for the elements, we recommend shinpads and football boots if you have but bring trainers for indoors just in case.
Please bring a packed lunch (NO NUTS/CHOCOLATE) and plenty to drink

Email totalsportsdorset@gmail.com or Text 07795258274
to book a space

RIPPA RUGBY

TO BOOK YOUR SPACE
VISIT RIPPARUGBY.CO.UK

TAG, TOUCH & CONTACT RUGBY COACHING & GAMES

DESIGNED TO DEVELOP CORE RFU VALUES OF SPORTSMANSHIP, TEAMWORK, RESPECT, DISCIPLINE AND ENJOYMENT.

For children ages 4-13 years old.

ONLY
£5
PER CHILD*

TO BOOK YOUR SPACE
VISIT RIPPARUGBY.CO.UK
EMAIL STUART@RIPPARUGBY.CO.UK
CALL STUART ON 07899 268265



OFFICIAL COMMUNITY PARTNER

RIPPA RUGBY

TO BOOK YOUR SPACE
VISIT RIPPARUGBY.CO.UK

COACHING
CONSULTANCY
AVAILABLE

WHAT IS RIPPA RUGBY?

It's Tag, Touch and contact based Rugby games designed with the objective to develop skills such as catching, passing, invasion, evasion, spatial awareness and decision making. Rippa Rugby develops communication skills and improves overall fitness levels. Above all it's great fun. Our aim to make our sessions the most rewarding activity your child will participate in all week.

OUR PHILOSOPHY

To develop the RFU 'Five C's' within a child in line with National Curriculum standards which includes;

- Competence and skill development
- Confidence to take part in sport and games
- Connection with other children to develop strong friendships
- Creativity to try something different and not be afraid of making mistakes
- Caring character and encouraged to support and look after each other

WHO IS IT FOR?

It is for school children (both boys and girls) aged between 4 and 13 years old during the following times;

- During and after school/pre-school
- School holidays
- Rugby themed birthday parties

HOW MUCH DOES IT COST?

It's only £5 per session per child per hour (school subsidy may apply). Visit our website for more information.

COACHING CONSULTANCY

We also offer a coaching consultancy for teaching staff and developing coaches at competitive rates.

Provision of coaching services at Rugby themed parties.

All our coaches are DBS Cleared, First Aid trained and RFU Level 2 Experienced Bournemouth Rugby Age Group Coaches.

TO BOOK YOUR SPACE
VISIT RIPPARUGBY.CO.UK
EMAIL STUART@RIPPARUGBY.CO.UK
CALL STUART ON 07899 268265



OFFICIAL COMMUNITY PARTNER

*School subsidy may apply.

www.studysmartuk.online

**STUDY
SMART**
Free Online Courses

**Starting
Monday 2nd
February**

Fully Funded Education Support Course
Online LIVE Webinars
6 Week Course
Mon - Fri 9.30 - 11.30 & 12.30 - 2.00
Support Session 4.00 - 4.30

Levels 1, 2 & 3 Available
Accredited Awards & Certificates in:
Prepare to Work in Schools
Wellbeing
Safeguarding & Prevent
Occupational Studies
Understanding Challenging Behaviours
Principles of SEN



**STUDY
SMART**

Study Smart UK | free online course

Free Online Courses for School Support Jobs with
employment engagement sessions

www.studysmartuk.online

and click on 'Education Support Courses' for more information.

Looking to work in a school, that fits in around your family?

Join Aspire Education Academy's Fully Funded (FREE) Education Support Course.

Starting on **Monday 2nd February!**

6 Week Course

Half Term Break 16th-20th February

Online ONLY Education Support Course with LIVE webinars

1st webinar at 9:30am - 11:30am daily

2nd webinar at 12:30 - 2pm daily

3rd webinar at 4pm - 4:30pm daily Reflection and Support (this is an optional daily webinar)

Available in Levels 1, 2 & Level 3 progression

Level 1

NCFE CACHE Level 1 Award in Preparing to Work in Schools

NCFE CACHE Level 1 Award in Safeguarding in a Learning Environment

NCFE CACHE Level 1 Certificate in Wellbeing

Level 1 Occupational Studies for the Workplace

Level 2

NCFE CACHE Level 2 Certificate in Understanding Safeguarding & Prevent

NCFE CACHE Level 2 Certificate in Understanding Challenging Behaviours

Level 3

NCFE CACHE Level 3 Certificate in the Principles of Special Educational Needs

You'll receive guided support from our friendly tutors throughout the course of your choice.

Simply go to the 'Education Support Course' tab on our website:

www.studysmartuk.online

We run within school hours and ONLY in term time and not during half term/ end of term periods.

No previous experience required.

All you need is access to the internet and a laptop or tablet.

Course cannot be completed on a mobile.

Yara in the Wild Wood

Yara is wild and free
But there's more to these woods than the trees..

A tale of growing up, getting wiser,
and making unexpected friends

HINTON MARTELL VILLAGE HALL

Tuesday 17 February, 11am

£8, £6 (u18s) £24 (family) online at artsreach.co.uk

or from Fran & Steve: 01258 840066 / frocks100@gmail.com

or Sue Dawson: 07476 020522 / suedawson6@hotmail.co.uk

Drinks & Snacks available - bring a cushion! Recommended for ages 3+

Artsreach

Registered Charity No 1058198

Supported by Dorset Council
& Arts Council England

Yara is wild and free...
...but there's more to these woods than the trees

An endearing tale of growing up, getting wiser and
making unexpected friends.



Front Room Theatre offers a tale of friendship and adventure for
all the family, featuring captivating puppetry, exquisite non-verbal
storytelling, and spellbinding original music.

Come into the woods and explore your wild side with Yara!



**FRONT
ROOM**
THEATRE