



PSHE Intent, Implementation and Impact Statements

Curriculum intent:

At Upton Junior School, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. Our aim is to improve the wellbeing, resilience and achievement of all children so that they can thrive. This is developed through a well-planned personal, social, health and emotional education programme which is accessible to all. Our intent is to maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this, they will become healthy, independent and responsible members of society who recognise how they are developing personally and socially, and give them the assurance to tackle many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our school will ensure in policy and practice that it adheres to the fundamental British Values, which include valuing democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. Our children will be taught to develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain.

In addition, our intention is to provide personalised content which meets the needs of the pupils in our school setting including water safety, internet safety and anti-bullying.

Implementation:

PSHE at Upton Junior School is implemented using the Coram Life Education and SCARF programme which promotes safety, care, achievement, resilience and friendship. This whole school approach highlights the importance of behavior, safety, achievement and wellbeing and takes a three-strand method, addressing children's knowledge, skills and attitudes. For each year group, six themed units provide a complete PSHE and wellbeing curriculum, including mental health and Relationships and Sex Education (RSE). In addition, we also teach some additional content (in red) to meet the needs of our pupils:

Aut 1	Aut 2	Spr1	Spr2	Sum1	Sum2
Rights and Responsibilities	Me and My Relationships <i>Anti-bullying</i>	Valuing Differences <i>Internet Safety</i>	Being My Best	Keeping Myself Safe <i>Water safety</i>	Growing and Changing

The curriculum for PSHE is delivered throughout the whole school, starting with a shared assembly each half term to introduce the new topic. Children are then taught weekly, through specific lessons in each topic, during an hour long, whole class lesson which is led by class teachers. PSHE is interlinked within the wider curriculum and is embedded within the ethos of our school. The curriculum is delivered to all children and has been planned progressively to allow children's understanding and skills to build and develop as they mature.

To support the children and all staff, the following learning tools are in place to reinforce the PSHE curriculum at Upton Junior School, enabling children to make links across the wider curriculum:

- **All children to have knowledge organisers** in their books which give them access to key knowledge, language and meanings to understand PSHE and to use across the curriculum.

- **Subjects within the wider curriculum** make links to PSHE, British Values, SMSC and the language is used consistently by all staff. They particularly relate to the safety aspects of the wider curriculum.
- **PSHE, British Values and SMSC displays** reinforce the PSHE curriculum, enabling children to make links.
- **Whole school and class assemblies** make links to PSHE, British Values and SMSC.
- **Circle time reflections** are used when needed to discuss and explore issues such as friendships and feelings. These are tailored to a class or Year groups needs at the time.
- **Life Education** visits are made by qualified professionals each year providing external expertise on technical subjects such as medicine and drugs.
- **External experts** contribute to the implementation of the curriculum including the RNLI, the NSPCC and the Dorset Safe Schools and Communities Team (SSCT). Dorset Young Minds run workshops for our pupils.

PSHE lessons allow the children the opportunity to discuss their feelings, anxieties and opinions and to explore those held by others in a sensitive and safe environment, free from pressure. Ground rules are negotiated with the children, formed collectively within each class, so clear boundaries for their discussions are established. An 'opt out' clause is always offered and staff are sensitive in their handling of these issues. Any safeguarding concerns that may arise are reported to the Designated Safeguarding lead.

During PSHE lessons, children explore an array of topics and themes within units, including bullying, online safety, prejudice, feelings, health, British values, financial education, relationships and sex education, and many other important areas. When appropriate, the topics we explore are often reinforced by visits from external guests or delved into even more deeply for national awareness topic areas.

RSE (Relationships and Sex Education): From September 2020, it has been statutory for all schools to teach relationships and sex education (RSE) and Health Education (HE). All children, throughout the school, will learn about healthy friendships and relationships, keeping themselves safe from abuse, different family structures, physical and mental wellbeing, gender stereotypes and basic first aid.

To teach these areas well and ensure that all content is age appropriate, we follow the SCARF programme and associated lessons: **Growing and Changing**, which will be delivered in the second half of the Summer term. These lessons are linked with our science curriculum; naming body parts accurately and changes during puberty are elements that are statutory. The sex education lessons delivered in Year 6 that focus on 'Making Babies', are not statutory and parents have the right to withdraw their children from these.

Impact:

- A meaningful PSHE curriculum enables children to become safer, more caring, higher achieving, more resilient and friendlier.
- PSHE is evidenced using the PSHE book. All teachers use the PSHE book to record significant learning in any way that they choose.
- Through circle time sessions, children have a safe space in which to discuss their feelings, opinions and develop their emotional intelligence.
- Teachers use assessment tools to review how the children are progressing within each area of PSHE learning discussions, focus questions and independent tasks. Pupils self-assess themselves at the end of each half-termly unit too.
- Children demonstrate a healthy outlook towards school, and demonstrate positive behaviour because they understand that they have a responsibility for their own actions and how they affect others.