01.02.23

# Urmston Primary School

**Dear Parents and Carers…**
**Have a lovely weekend!**
**Best wishes from us all at UPS**

## ST CLEMENTS JUNIOR CHRISTMAS SERVICE

Join us at around 1.45pm on Monday 18th December at St Clements Church for our annual Christmas event! It'd be lovely if you could make it...

## Christmas Celebrations

Whilst Christmas in the UK is traditionally a time of religious celebration, we understand that we have families of so many faiths and want to point out that if you don't wish your children to sing and practice hymns about God and Jesus, then please do let us know and we will arrange alternatives.

## URMSTON MANOR RESIDENTIAL VISITS

It was the turn of Y4 Boudicca to visit the residents of Urmston Manor this week, and what a credit the children were to our school. The residents were thrilled to talk to the children and the respect and kindness that they showed was exemplary and an example of how brilliant human beings can be. Well done guys...you should be so proud of yourselves!

## PTA XMAS FAIR…

**Thank you so much to everyone who came along to the PTA Christmas Fair and a huge thanks to our brilliant PTA and everyone who volunteered for such a super event! In their words…**

***'Thank you so much to all the wonderful volunteers that helped make our Christmas fair a success. It was brilliant to see so many new faces joining us for our first big fundraiser of the year. It was really well attended and has raised £3325, this along with the £1775 that was generated through the sales of our lovely tea towels, will go towards paying for the air conditioning in the lower junior building, while the rest will be spent making learning even more engaging and interesting across the school. Thank you once again for all your support.'***

**Also, a big thanks to Henry, Dillon, Annalise, Will and Jack for their support too! Well done guys...super 'being more'!**

## WELLBEING

Looking out for one another's wellbeing is essential for us all. Below are a couple of links to how we can consider how we connect, follow routines and raise self-esteem. They are about both child wellbeing and, essentially, parent wellbeing. Do take a look!

Child Mental Health & Wellbeing- 10 Top Tips for Parents | SSS Learning Ltd (ssscpd.co.uk)
Your Mental Health & Wellbeing- 10 Top Tips for Parents | SSS Learning Ltd (ssscpd.co.uk)

## BEING MORE…

A special mention to Annie this week. She has shown kindness and responsibility when she decided to give half of her car boot sale profits to her year group charity, British Red Cross. Great stuff, Annie!

autism
a hands on approach

# Neurodiversity and Demand Avoidance - Can we talk about this?

**TO BOOK GO TO:** www.autismahandsonapproach.co.uk/neuro/

Thursday 18th January 2024

7.30 pm – 9 pm

**£30 TICKET**

**ZOOM workshop**

**CLARE LANGTON**
Having worked in an educational environment for 20 years, Clare specialises in supporting the mental health and wellbeing of neuro diverse young people, she is a Child Centred Psychotherapist & Autism Lead.

**KATE SHARP**
Lead Occupational Therapist for inpatient mental health, learning disability and autism services in a local NHS Trust.

PARENT KIND

Please see the link below for some fantastic webinars that might be of interest!

https://www.parentkind.org.uk/your-pta-expert/parent-webinars?utm_source=parentkind.org.uk&utm_medium=website-notification&utm_campaign=parent-webinars-spring-2024&utm_term=parents&utm_content=static

## CLASSROOM ACTION…

Another busy week...we've been… respecting each others' boundaries; working on our compliments to 100; giving movement commands to 'good' and 'bad' sprites in Computing; created freeze frames of the gunpowder plot; working on our compass points; practising our tennis backhands; learning about each others' faiths; creating blackout poems; and much more!

Felix Moore
is a transgender, autistic actor and activist who trained at Drama Studio London

# GENDER IDENTITY AND AUTISM

**FRIDAY 1st March 2024**

**10:30AM - 12:30PM**

**£20 TICKET**

**Online Workshop**

Dr Kate Whitaker
a Clinical Psychologist focused on autistic people's experiences of gender and mental health.

**TO BOOK GO TO:** www.autismahandsonapproach.co.uk/giworkshop/

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# What's on in November

BOOKING IS ESSENTIAL
or contact the facilitator directly
www.bookwhen.com/calmconnections

## PLAY AREA

**DROP IN FOR OUR WEEKLY ACTIVITIES**
Open 10am - 5pm
Mon, Weds, Thurs, Fri and Sat
£3.50 per child £2.50 per adult

**ADDITIONAL ACTIVITIES**
**UKULELE RHYME TIME**
Every Monday - 11am

**MESSY PLAY WITH CORNER HOUSE NURSERY**
Every Weds - 10am - 12pm

**STORY TIME**
Every Thurs - 10.30am

**CRAFT CLUB**
Fri 4pm - 5pm
crafts for the family

**WELLBEING BIRTHDAY PARTIES**
available on Sundays!
Please enquire for more information

## STUDIO

BOOKING IS ESSENTIAL

**FAMILY ZUMBA**
£6 per adult/child
Dancing in the Dark
Thursday 9th Nov, 4-5pm
Fun family dance and includes drink and biscuit/fruit

**CHILDREN'S CRYSTAL WORKSHOP**
£5.50 child/adult
Mon 13th Nov, 4.30 - 5.30pm
Working with the new moon, includes crystal

**MINDFULNESS FOR ADULTS**
£4pp - Every Friday
12:00pm - 1:00pm

**BABY MASSAGE**
£6 adult and baby - Every Thursday
10:00 -11:00 am, Drop In available
Rachael: 07435 304245

**YOGA**
Chrissie 07584394943
Tuesday 7.30 - 8.30pm (from 14.11.23)
Weekly yoga followed by a social

Florence Whatsapp 07746935730
Thurs 6.30-7.30pm - Hatha Yoga
Contact teachers directly to book

## OTHER EVENTS

BOOKING IS ESSENTIAL

**STARTING YOUR NEURODIVERSE JOURNEY DROP IN**
Tues 7th Nov, 2-4pm
A monthly session for parent/carer support while little ones play.

**UNDER 2'S SUPPORT DROP IN**
Thurs 16th Nov - 10:00am - 12:00pm
jemma@blissedoutbabies.co.uk

**PARENT AND CARER SUPPORT GROUP**
(no children)
Drop in, Stretford - 15th Nov 12.30-2.30pm
A safe space to share all things mental health and wellbeing.

**ONLINE PARENT AND CARER SUPPORT GROUP**
Thurs 30th Nov 7pm
See website for link

If you need to access support as a parent/carer please join our facebook page @CalmConnectionsFamilySupport or email emma@calmconnections.org

Please note we are closed to the public on Tuesdays and Sundays

calmconnectionscic @calmcic
www.calmconnections.org

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

# What Schools Need to Know about THE ONLINE SAFETY ACT

The Online Safety Act was passed into UK law in October 2023, with the aim of establishing major new layers of protection for children when they're online. The government has pledged "a zero-tolerance approach to protecting children from online harm" – and the act certainly includes more powerful legislation which should help to safeguard young people in the digital world. Our guide summarises the key points for schools ...

## WHAT THE ACT WILL DO

### HARMFUL CONTENT

Social media sites must rapidly remove illegal and/or harmful content such as bullying or harassing comments; pornography; and content that supports extremist activity or encourages or depicts violence, suicide, self harm or eating disorders. If they fail to do so, they can be fined up to 10% of their global revenue while their executives may even face jail time.

### ANIMAL CRUELTY

Content featuring cruelty to animals is now prohibited, even if it originates from abroad (where the law may be different). Again, it is the platform's responsibility to remove this.

### MORE TRANSPARENCY

Sites must be transparent about the hazards that any children using them could encounter – by publishing risk assessments for their platforms, for instance.

### HOSTING MISLEADING ADVERTS

Scams and fraudulent adverts must be blocked or removed, or the hosting companies are liable to be fined.

### NON-CONSENSUAL SHARING

It's now easier to convict online abusers or people who share intimate images without consent, while legislation on the criminality of deepfakes has been clarified. The new laws also relate to any individuals who even threaten to share such images. This should help to protect women and girls in particular online.

### REPORTING AND FILTERING

Sites should have easy reporting mechanisms for children (or their parents and carers) to flag up problems quickly. They must also provide options to filter out unwanted content.

### AGE-RESTRICTED MATERIAL

Sites must prevent children from accessing age-inappropriate material. This includes enforcing age limits and implementing robust age verification.

## What this means for you

The act has some specific implications for schools: it's essential that leaders understand the new legislation's scope and limitations. The act is certainly a positive step, but as artificial intelligence and other advances in tech continue to produce new challenges, schools will still need to remain extremely vigilant.

### KNOW WHERE TO GET HELP

Look out for the Code of Conduct that Ofcom is creating in response to the Online Safety Act. Note that the new legislation doesn't mean an instant change: many of its elements will only come into force at the end of 2023. An Ofcom consultation on 'protecting people from illegal harms online' will be running until February 2024.

### REMEMBER THE ESSENTIALS

Remain mindful of your organisation's own online activities: the legal duty for schools to maintain appropriate software monitoring and filtering, for example, will not change.

### WATCH FOR FUTURE DEVELOPMENTS

There are some issues on which the legislation remains less clear for now: whether it's possible for Ofcom to scan encrypted private messages (such as on WhatsApp) has yet to be resolved, for instance – making this an area where, for the moment, young people have less legal protection.

### UNDERSTAND AND EXPLAIN

Staff should learn how to raise concerns with tech companies whose platforms contain anything upsetting or unpleasant. Students also need to be made aware of the newly strengthened laws relating to cyber-bullying, sexting or posting inappropriate content. Young people do make mistakes online – so the clearer their understanding of the possible consequences, the better.

### ENGAGE WITH PARENTS

Schools should also explain to parents and carers the new possibilities that the Online Safety Act affords them in terms of protecting their children. Many parents may have previously felt that there was little they could do about changing online platforms' content; they now have a far greater level of support when complaining about a company or the behaviour of an individual.

## Meet Our Expert

Luke Ramsden is Senior Deputy Headmaster and Director of Safeguarding for the St Benedict's family of schools. He is a regular speaker at conferences and writes in the TES (among other journals) on school leadership, pastoral care and safeguarding. In 2022, he was named Pastoral Leader of the Year at the National Awards for Pastoral Care in Education.

National Online Safety®

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