08.02.23

Urmston Primary School

Dear Parents and Carers…
Have a lovely weekend!
Best wishes from us all at UPS

Trafford Educational Psychology Service

You can book a free 30 minute consultation with an Educational Psychologist—search them up on Facebook if you feel it might be useful!

KS1 Phonics and Reading meeting and KS2 Reading Workshop

Thanks to everyone who joined Mrs Hall for the KS1 meeting on Wednesday via Zoom and today's KS2 Reading workshop. The slides and resources are on the wesbite at https://www.urmstonprimary.com/parents/resources-for-parents

XMAS GATHERINGS AND PERFROMANCES

Lot's going on and we can't wait…
Early Years Nativity: 2pm Tuesday, 10am Wednesday
KS1 Nativity: 2.10pm Wednesday, 10.30am Thursday
Junior Christmas Service: 1.45pm on Monday 18th, St Clements Church
Carols on the junior playground: Thursday 21st, 2.50pm
We'll look forward to seeing you!

BEING MORE…

A big shout out to Cass this week whose cycling exploits continue to impress. Finishing third in his field has been no mean feat and neither is winning, 'Most Determined Racer'! To continue showing such enthusiasm, even when times get really tough (as does the weather) shows great grit and is something we might all learn from and something we all need at the moment. ! Well done Cass!

We've got six blue tables going spare. If anyone would like them, give us a shout!

autism
a hands on approach

Neurodiversity and Demand Avoidance - Can we talk about this?

TO BOOK GO TO: www.autismahandsonapproach.co.uk/neuro/

Thursday 18th January 2024

7.30 pm – 9 pm

£30 TICKET

ZOOM workshop

CLARE LANGTON
Having worked in an educational environment for 20 years, Clare specialises in supporting the mental health and wellbeing of neuro diverse young people, she is a Child Centred Psychotherapist & Autism Lead.

KATE SHARP
Lead Occupational Therapist for inpatient mental health, learning disability and autism services in a local NHS Trust.

Felix Moore is a transgender, autistic actor and activist who trained at Drama Studio London

GENDER IDENTITY AND AUTISM

FRIDAY 1st March 2024

10:30AM - 12:30PM

£20 TICKET

Online Workshop

Dr Kate Whitaker a Clinical Psychologist focused on autistic people's experiences of gender and mental health.

TO BOOK GO TO: www.autismahandsonapproach.co.uk/giworkshop/

autism
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WELLBEING

Looking out for one another's wellbeing is essential for us all. Below are a couple of links to how we can consider how we connect, follow routines and raise self-esteem. They are about both child wellbeing and, essentially, parent wellbeing. Do take a look!

Child Mental Health & Wellbeing- 10 Top Tips for Parents | SSS Learning Ltd (ssscpd.co.uk)
Your Mental Health & Wellbeing- 10 Top Tips for Parents | SSS Learning Ltd (ssscpd.co.uk)

PARENT KIND

Please see the link below for some fantastic webinars that might be of interest!

https://www.parentkind.org.uk/your-pta-expert/parent-webinars?utm_source=parentkind.org.uk&utm_medium=website-notification&utm_campaign=parent-webinars-spring-2024&utm_term=parents&utm_content=static

CLASSROOM ACTION…

Another busy week...we've been…exploring the difference between natural and man-made rocks; linking main and subordinate clauses; hot-seating St Nicholas(!) and looking at 'Twas the night before Christmas'; creating variables in our algorithms; practising our 9s; researching, designing, creating and evaluating in our DT days; making slider mechanisms; inserting images and editing text...and much more!

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many platforms which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about DISNEY+

The Walt Disney Company's streaming service, Disney+ combines entertainment from the famous animation studio itself with Pixar, Star and National Geographic, plus the Marvel and Star Wars franchises. With access to the latest releases, Disney classics and original series, there's plenty of content to explore. While parents may have noted that adverts have now been introduced on some versions of the service, the platform is – unsurprisingly for a Disney product – designed to be appropriate for the whole family.

WHAT ARE THE RISKS?

LESS SUITABLE CONTENT

While Disney+ is predominantly family friendly, there are some movies and shows in its library which are aimed at an older audience: these may scare younger ones or contain themes or language that you'd rather your child wasn't exposed to. You could avoid such situations by enabling Junior Mode (see 'Adjust content settings', below) or specifying a content age rating for your child's profile.

BINGE WATCHING

With the option to view content on any internet-enabled device and a growing catalogue of movies, cartoons and documentaries, Disney+ can make managing screen time difficult. This could result in children binge watching content, distracting them from activities like homework or socialising. Too much screen time has also been shown to negatively impact mood, sleep patterns and weight.

PHISHING EMAILS

Be especially cautious if you receive emails or text messages purporting to be from Disney+. There have been numerous reports of online scammers impersonating Disney+ staff in an attempt to gain access to subscribers' personal information. Disney+ states it will never email or call customers asking for their payment details, their private information or their password.

ENCROACHING ADVERTS

Disney+ has introduced a new subscription package – Disney+ Standard with Ads – which plays commercials before movies and during shows (like many TV channels). There are no adverts in Junior Mode, but profiles with a content rating of 6+ years will see ads appropriate for that age category. Adults who give consent will see personalised adverts based on their location and viewing history.

ACCESSING ADULTS' PROFILES

If adults don't set a PIN for their profile, children could access it and encounter content which isn't age appropriate. In the settings, Junior Mode has a toggle titled 'Kid-Proof Exit' which requires the user to read four words (numbers, spelled out) and enter them to switch profiles. For older children who can read, though, this isn't secure enough – so using a PIN for adult profiles is recommended.

Advice for Parents & Carers

ADJUST CONTENT SETTINGS

When setting up an account, there's an option to create profiles in what's called Junior Mode. This generally covers material that's suitable for children up to age 6 and is therefore fairly limited. You can give older children a wider choice of viewing by building a standard profile, then going into the settings and choosing a content rating from one of the pre-set alternatives: 6+, 9+, 12+ or 14+.

ADD PIN PROTECTION

Disney+ enables you to effectively lock profiles behind a four-digit PIN. In particular, some of the shows on the platform's Star content hub are far more oriented to adults (including several hard-hitting dramas from US networks), so protecting parents' or older siblings' profiles with a PIN will help to prevent younger children stumbling across material which isn't intended for them.

TURN OFF AUTO-PLAY

When a cartoon, show or movie finishes, Disney+ uses algorithms to identify content with similar themes, which it thinks your child will also enjoy. This suggestion will then automatically begin to play by default. There's an option to turn off this auto-play function in the profile settings, which will encourage your child to take a break from the screen and move on to a different activity.

ENJOY AS A FAMILY

When your child watches a movie or show on Disney+ for the first time, you may want to sit with them to ensure it's suitable. You could do the same when introducing them to older films that you haven't seen for years: your perception of what's appropriate has very probably changed, and some of the language and attitudes in movies from your own childhood may seem quite shocking today.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

National Online Safety

#WakeUpWednesday

Source: https://help.disneyplus.com/article/disney-plus-content-age-ratings | https://help.disneyplus.com/article/disney-plus-content-age-ratings | https://help.disneyplus.com/article/disneyplus-parental-controls | https://www.bbc.co.uk/bitesize/articles/zbqqxyc#:~:text=Parental%20controls%20are%20a%20way,of%20%20%20