



3.2.23

Urmston Primary School

Dear Parents and Carers.

Have a lovely weekend,
From us all at UPS

All things Science...with Mrs Vitkin!

Our science question of the week this week is: What makes bridges so strong?

[Twig Science Reporter](#)

I would also like to share this free website. The super scientists of UPS may enjoy watching weekly videos on this science news service which helps children to connect with science related news.

<https://www.twigsciencereporter.com/>



Strike Action

We just wanted to say how appreciative we are of the many kind words that we received with regards to Wednesday's strike. The support for those teachers that went on strike and those that didn't was very heartening and we are pleased that there is such understanding on why this is such an important issue. For people to decide to strike - who care so deeply about what they do and care so deeply about the children who are in their care - just serves to illustrate how challenging it is right now to give our children the education that they deserve. Wednesday was tough, but there is more to come and it may be the case that on different days of the week, we'll find things more difficult, for a variety of reasons. The next strike days are on Tuesday 28th February, Wednesday 15th and Thursday 16th March. We'll let you know our plans a little closer to the time but would advise you take steps to consider alternatives for childcare in the case that we can't open safely. Thanks for your understanding.

Place2Be Children's Mental Health Week- Let's Connect

Human beings thrive in communities, and this connection is vital for our wellbeing, and our survival. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

Let's Connect is about making meaningful connections for all, during Children's Mental Health Week - and beyond.

For Children's Mental Health Week 2023, we're encouraging people to connect with others in healthy, rewarding, and meaningful ways. We will be engaging in a range of activities in school to help our children to feel connected. We will end the week on Friday 10th February with a 'Dress to Express' day where we will encourage children to use clothing and colour to express themselves. This could be dressing as their favourite superhero or simply wearing their favourite outfit- anything that makes them smile and reflects their personality.



Safer Internet Day

Tuesday is Safer Internet Day. It's likely that we're all aware of the perils of online life for our children and quite often it is down to us parents to not only guide our children to be safe online but to model that with our own behaviours and screen time...no mean feat!!! We'll talk to the children, especially our juniors, about online chat, gaming and not only how to keep safe, but how to be kind, responsible and respectful online. For further support on this go to...

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.internetmatters.org>

**CURRENT WHOLE
SCHOOL**

ATTENDANCE: 96%

Trafford Music Service

Attached on this email is the letter on information with how to get your children booked on music tuition in school time. If your children are interested in learning to play woodwind or brass, then please take a look at the link and sign up!

NSPCC Speak Out Stay Safe

We took the opportunity this week to talk to our children about the importance of speaking out to stay safe. We help the children to remind themselves that they can always speak to a trusted adult at home or at school and they were incredibly responsible in their listening and their discussion. As a result of these discussions, some children have been tremendously brave in talking about their worries and this really is what we're looking for. Of course, feel free to consolidate this key message.

Bags2School

A huge thanks to everyone who donated to the PTA Bags2School collection. We had a massive 535 kg and raised £267.50. Wonderful 'being more'!

Megan 'being more'

Megan went out her way in 'Being More' this weekend when she visited her grandad. She spotted how much litter had been dropped on the country lanes near his house. So she went out with her litter picking tool and a bin bag and collected all the rubbish from the bushes and paths, helping keep the area cleaner and animals safer. Brilliant respect and responsibility for the environment, Megan...well done you!



SEND meeting

We will be holding our next SEND meeting next Thursday ninth at 3:45 pm (room to be confirmed). It is an opportunity for parents and School to discuss some current issues and things that we might develop within school to improve the provision and experiences of all of our children, regardless of needs. We'll even provide a space for your children whilst we converse! We really hope to see you here!

Friendly February 2023

MONDAY



6 Get back in touch with an old friend you've not seen for a while

13 Smile at the people you see and brighten their day

20 Make a plan to connect with others and do something fun

27 Call a friend to catch up and really listen to them

TUESDAY



7 Show an active interest by asking questions when talking to others

14 Tell a loved one or friend why they are special to you

21 Really listen to what people say, without judging them

28 Give positive comments to as many people as possible today

WEDNESDAY

1 Send a message to let someone know you're thinking of them

8 Share what you're feeling with someone you really trust

15 Support a local business with a positive online review or friendly message

22 Give sincere compliments to people you talk to today

THURSDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

16 Check in on someone who may be struggling and offer to help

23 Be gentle with someone who you feel inclined to criticise

FRIDAY

3 Do an act of kindness to make life easier for someone

10 Look for good in others, particularly when you feel frustrated with them

17 Appreciate the good qualities of someone in your life

24 Tell a loved one about the strengths that you see in them

SATURDAY

4 Invite a friend over for a 'tea break' (in person or virtual)

11 Send an encouraging note to someone who needs a boost

18 Respond kindly to everyone you talk to today, including yourself

25 Thank three people you feel grateful to and tell them why

SUNDAY

5 Make time to have a friendly chat with a neighbour

12 Focus on being kind rather than being right

19 Share something you find inspiring, helpful or amusing

26 Make uninterrupted time for your loved ones





Baby Club Stay & Play Sessions

New Parent? Then we welcome you to come and enjoy one of our Baby Club Stay & Play sessions at one of the following locations.
Free Admission

For parents and children aged 0-12 Months

Stretford's Stay and Play Session at
Stretford Early Help Hub, 9 Poplar Road, Stretford, M32 9AN
Please call to book a place
Telephone 0161 912 5020
Wednesday 10am - 11:30am

Partington's Stay and Play Session at
Partington Children's Centre & Early Help Hub, 106 Central Road Partington, Manchester,
M31 4FL
Please call to book a place
Telephone 0161 912 2122
Friday 10am - 11:30am

Young parents under 20

Talkshop, 2 Tatton Rd, Waterside, Sale, M33 7ZF
Telephone 0161 912 2453

Butterflies group
Wednesday 11am - 3pm
Lunch provided, life skills for parents and social skills for babies

Expectant parents under 20

Young Bumps antenatal project at Talkshop
Friday – please call Talkshop to arrange a time
Everything you need to know to be a parent and much more!

