



08.11.24

Urmston
Primary School

**Dear Parents and Carers...
Have a lovely weekend.
From us all at UPS**

Parents Evening

You should have all had the letter to book appointments for parents evening on Thursday 14th and Tuesday 19th. Any issues please let us know. We look forward to seeing you!



Dates...further details will follow...

*WB Monday 11th November: Anti-Bullying Week/World Kindness Day (see letter)
Thursday 14th and Tuesday 19th November: Parents Evening
Friday 15th November: Children In Need—own clothes and £1 at the gate
Thursday 21st November: 9.15 - Sleep Talk with Sleep Therapy Services
Friday 22nd November: Own clothes and tombola donation (chocolates or bottle!)
Saturday 23rd November: PTA Xmas Fair...volunteers please!
Tuesday 10th pm and Wednesday 11th December am—EYFS Christmas Play
Wednesday 11th pm and Thursday 12th December pm—KS1 Christmas Play
Wednesday 18th December, 2pm—KS2 St Clements performance*

Tinker...

The little chap above is Tinker. He'll be joining us every now and again, perhaps once a week, to get used to our school environment, with a view to perhaps after Christmas providing our children with some, 'support'. Dogs have been proven to help in schools in improving health and wellbeing, increased confidence and improved communication skills. Used correctly, they have also been shown to help children with specific needs by giving focus and providing a calming environment. We have done a risk assessment which involves, moving forward, asking your permission on whether you'd like your child to spend some time with him. He will never be unaccompanied and you will of course be able to opt out of your child having any contact with him should you so wish. If you have any concerns or thoughts, please do get in touch!

*We've been celebrating the festival of lights in school today.
Happy Diwali to all of our Hindu, Sikh and Jain friends!*

Reverend Smith takes to the dance floor!

Please go to <https://www.justgiving.com/page/stephen-smith-1730750411507> to support our friend and Chair of Governors, Stephen Smith. Here's what's going on...

Back in February 2023, I joined a new dance class for adults run by the fabulous Angela Messina in Urmston. I didn't really know how I'd get on, or how long I'd stick at it; but nearly 2 years on, I love it! It's fantastic exercise with a great bunch of people that brings me so much fulfilment and joy. It's also really helped with my mental health, which I've had struggles with. And I don't think I'm too bad with it either.

Which is a big reason why I've signed up for Dr Kershaw's Strictly Dance 2025! I've received so much from learning to dance, and I want to use that to help raise funds for this amazing place. Hospices do such wonderful, caring work for those reaching the end of their lives as well as people in other stages of their illness; and provided much needed support, care and respite for their families and loved ones as well. Dr Kershaw's are part of this vital work, and it's a pleasure and a privilege to be part of this event that aims to raise much-needed funds for Dr Kershaw's.

So, if you can donate anything towards this fundraiser I, and more importantly Dr Kershaw's, would be so grateful. And I will keeep dancing to support their work on Feb 28th! Thank you.



PTA info!

Christmas Fair: You should by now have received an email with details of this year's UPS Christmas Fair on Saturday 23rd November from 12 to 2pm, outlining details such as wristbands, game tokens and the new prize format. All bookable via ParentPay.

Christmas Fair Raffle Tickets: You should have received these with your child earlier this week. If you require further books of tickets for friends and/or family, please contact the school office. Stubs and money should be placed in an envelope marked with friends of Urmston Primary, placed in your child's book bag or handed into the school office. Please ensure that you keep your tickets safe to claim any prizes won.

Soft Toy Donations: Don't forget that we need your kind donations of soft toys for our ever-popular Teddy Tombola at the Christmas Fair. We will have boxes in both playgrounds at drop off/pick up all next week. Please bring in your unwanted soft toys and give them a new loving home.

Christmas Fair Volunteer Request: We are appealing for volunteers to help at this year's Christmas Fair. We need lots of volunteers for large fundraisers like this to go ahead, so please get in touch if you can help. We need people for the event (12-2pm), plus tidy up afterwards. However much time you have to give will be appreciated. You can either provide your details to the school office or join the PTA Thread at the following WhatsApp link: <https://chat.whatsapp.com/K1xsFX7vMDIGQFdmhNcQ8b>.

Christmas Jumper Donations: Any unwanted Christmas jumper can be handed into the school office.

Half Term Litter Pick: Thank you to those people who participated and helped raise over £200. It is not too late to take part this weekend. Post a picture and tag Friends of Urmston Primary.

CLASSROOM ACTION!

We've been up to a lot this week...! Like looking at examples of prehistoric tools; starting lacrosse lessons; performing our half termly songs; toasting marshmallows in Forest School; 'reading' ourselves in tennis; making firework and bonfire art; retelling The Naughty Bus story using clues to help us(!); roleplaying and presenting as news reporters; showed our kindness, respect and responsibility when visiting the residents of Urmston Manor; creating our own number sentences; been inspired by our trip to the Imperial War Museum; done some Jackson Pollock inspired artwork; writing our very first firework poems.....and much more too!





Autism researchers discuss their work in a relaxed café atmosphere

**28th November 2024 • 6pm–9pm • Contact Theatre
Café open • Free tickets available from:**

<https://www.eventbrite.co.uk/e/cafe-autistique-28th-november-2024-tickets-1076431488559?aff=oddtcreator>

Event organiser: alexandra.sturrock@manchester.ac.uk

Dr Erin Beeston will share early findings surveying research into autistic health inequalities. And reflect on her own experiences as a parent of an autistic children & self-diagnosed as AuDHD

Dr Kathy Leadbitter & Hilary Beach (SLT) will discuss the findings of the large REACH-ASD Trial. Evaluating a new programme to support parents/carers of newly diagnosed autistic children

MANCHESTER
1824

The University of Manchester

AUTISM

@MANCHESTER

Guide to What Support is on offer in Trafford

Life is pretty complex at the moment and we all need a bit of help now and again. Take a look at the guide at the link below which offers information on what is out there in Trafford to support you and your children...

<https://www.urmstonprimary.com/parents/resources-for-parents>

SPECTRUM GAMING

Spectrum gaming is run by teenagers with ASC. They run discussions - which are amazing - and this padlet has got various information on about Autism. Well worth a look!

<https://padlet.com/spectrumgaming/spectrum-gaming-autism-acceptance-training-ty10fgd8c5t6p8fc>

PARENT AND CARER INFORMATION
AND ADVICE SESSIONS 24 - 25:



School Attendance Difficulties & Emotionally Based School Non-Attendance

Is your child struggling or reluctant to go to school?

Trafford's Educational Psychology Service are hosting a series of advice and information sessions throughout this academic year. Each session will begin with some information about school attendance difficulties and what support can be offered, followed by a chance to ask questions and chat to other parents and carers. Each session will last around 90 minutes.

Online (via Teams):

1pm, Friday 29th November
10.30am, Monday 3rd February
6pm, Thursday 8th May

Firswood Community Centre:

1pm, Friday 6th December
6pm, Wednesday 5th March
10.30am, Thursday 19th June

Urmston Library:

5.30pm, Tuesday 19th November
10.30am, Thursday 20th March
1pm, Monday 23rd June

Altrincham (TPF):

10.30am, Wednesday 6th November
1pm, Tuesday 11th March
6pm, Thursday 19th June

Book your free place today via: <https://forms.gle/dNjkh96KRwwnhdSNA>



Trafford Thrive
in Education

Parent/Carer Training Series

All of our trainings are free and take place online.

To book send email to:

parentsandcarers.training@mft.nhs.uk

10/10/24 4.30-5.30pm	Supporting your Young Person to Manage Their Wellbeing
3/12/24 3.30-4.30pm	Supporting your Young Person to Manage Their Anxiety
3/2/25 3.30-4.30pm	Supporting Young People with Low Mood
4/3/25 9.30-10.30am	Supporting Young People's wellbeing around exams
13/5/25 3.30-4.30pm	Supporting Young People who Self-Harm
16/6/2025 3.30-4.30pm	Supporting Young People with Emotional Regulation
15/7/25 9.30-10.30am	Supporting your Young Person with Transitions in Education



Autism courses for families

- Refreshments provided [tea, coffee, biscuits], please bring your own lunch
- This is open to parent/carers only. Receive a FREE course booklet to take home
- Learn from our experienced facilitators & other

Understanding sensory needs course

5th December 9.30am-2.30pm

Benchill community centre

Benchill Road

Manchester M22 8EJ

Booking is essential for this free course

more information: click [link](#)

Email gmac@nas.org.uk

www.autismgm.org.uk/events





Autism courses for families

- Refreshments provided [tea, coffee, biscuits], please bring your own lunch
- This is open to parent/carers only. Receive a FREE course booklet to take home
- Learn from our experienced facilitators & other

Understanding and supporting stress and anxiety-related behaviour course

21st Nov 2024 9.30-2.30pm

Bolton Central library

Bolton BL1 1SE

Booking is essential for this free course
more information: click [link](#)

Email gmac@nas.org.uk

www.autismgm.org.uk/events

