Dear Parents and Carers...
Have a lovely weekend!
From us all at UPS

#### Dates...further details will follow...

Friday 18<sup>th</sup> October 2.30: SEND Parent/Staff/Govs Parent Partnership meeting Friday 18th October—Show Racism the Red Card—Wear Red Friday Friday 8<sup>th</sup> November: Diwali

WB Monday 11<sup>th</sup> November: Anti-Bullying Week/World Kindness Day Thursday 14<sup>th</sup> and Tuesday 19<sup>th</sup> November: Parents Evening

Friday 15<sup>th</sup> November: Children In Need

Thursday 21st November: 9.15 - Sleep Talk with Sleep Therapy Services Friday 22nd November: Own clothes and tombola donation (chocolates

or bottle!)

### SEAN PERKINS AUTHOR...OSCAR AND BEN!

On Wednesday 16th October, we will be having the pleasure of hosting author Sean Perkins, who will visit our school to read from his latest book, Oscar and Ben – The Sleepover. This exciting new release is the third instalment in the popular Oscar and Ben series. We're thrilled to offer you the chance to purchase a signed copy of this book.

In addition, Sean will have copies of his first two books available, and is offering a special discount if you'd like to purchase all three titles. The prices are as follows:

- £22.00 for all three books
- £15.00 for any two books
- £8.00 for a single book

If you would like your child's book(s) signed by the author, please complete the details on ParentPay by Monday 14th October 2024.

#### HARVEST...AND WORLD MENTAL HEALTH DAY

A big thanks to Rev. Smith for joining us for our assemblies yesterday. He talked to us about how special harvest time is and thanked those who have given so generously for Stretford Food Bank.

We all wore yellow to remind us of the importance of looking out for one another—that we all have our own stories that others might not know about, and that we all need to be treated with kindness and respect, especially those who may at times 'seem' less in need of it.





#### **Author Visit**

We are very excited to announce that the brilliant author Marie Basting will becoming to our school to talk about her new book, Auntie Medusa and Me on Thursday 17th October 2024. 'An action-packed, laugh-out-loud funny Greek mythology adventure.

I'm Silvia, an ordinary kid just like you. At least, I was ordinary until I wound up in Ancient Rome and found out I'm a demigoddess. Yeah, that took me by surprise too. But seriously, travelling back in time is nothing compared to what's happening now.

Medusa the gorgon wants her head back – and she's chosen me to find it!'

Urmston Bookshop is providing copies of Marie's books, - and your child will be able to get their book signed by Marie and be able to say hi and have a short chat.

If you would like your child to buy a book, please complete Parent Pay by Friday 11th October, paying for the book / books you wish to purchase.

#### **BLACK LEGACY MONTH**

During Black History Month this year, we would like to celebrate the **LEGACY** of black individuals. This will give our children the opportunity to research the life of a famous black individual who has made a positive impact in society and left a lasting legacy on the rest of us. Please use the opportunity to talk to your children about their year group's chosen individual and, along with us, discuss with your children their thoughts on what it means to be anti-racist and how we can commit to being anti-racist citizens. This is something we'll be doing in school. We'll look to have a forum or meeting of sorts later in the month to discuss how we might do this better, so please watch this space and do come and have a chat if you'd like!

#### **BEING MORE...**

Well done Oriel and Everly who have again been making a positive difference! This time they helped their Grandma at her yearly STCF coffee morning. They are the 4th generation of the family to fundraise for the charity and helped make a whooping £1989! They ran a stall which was guess the name of the Highland cow teddy and also guess the number of chocolates in the jar. Great stuff girls – giving your time to help others is what being more is all about!



#### **CLASSROOM ACTION!**

We've been up to a lot recently...! Like...comparing stone, bronze and iron age houses; investigating properties of materials; understanding the importance of forgiveness; practising our netball skills; whittling at

forest school; finding 1, 10, 100, 1000 more than and less than numbers; clues arrived in the classroom about our new book.

sequencing our stories; investigating clues for our new book; learning how to





#### **Supporting Autistic Girls**

An online learning series: 4th - 5th October 2024

Watch live and/or stream recordings of all webinars for 30 days

# Autism Learns Online learning for parents, carers and professionals

https://
www.autismlea
rns.co.uk/
supportingautistic-girls-4/

#### **DYSLEXIA AWARENESS WEEK**

...is upon us and we'll be raising awareness here. Please take a look at these links which may well be useful...

https://www.bdadyslexia.org.uk/support-us/awarenessevents/download-an-information-and-resources-pack

https://www.bdadyslexia.org.uk/events/daw-2024-freewebinar-understanding-dyslexia

#### **Guide to What Support is on offer in Trafford**

Life is pretty complex at the moment and we all need a bit of help now and again. Take a look at the guide at the link below which offers information on what is out there in Trafford to support you and your children...

https://www.urmstonprimary.com/parents/resources-for-parents

For any dads out there who might be finding things a bit tough...

https://andysmanclub.co.uk/ who-we-are

PARENT AND CARER INFORMATION AND ADVICE SESSIONS 24 - 25:



## School Attendance Difficulties & Emotionally Based School Non-Attendance

Is your child struggling or reluctant to go to school?

Trafford's Educational Psychology Service are hosting a series of advice and information sessions throughout this academic year. Each session will begin with some information about school attendance difficulties and what support can be offered, followed by a chance to ask questions and chat to other parents and carers. Each session will last around 90 minutes.

#### Online (via Teams):

1pm, Friday 29th November 10.30am, Monday 3rd February 6pm, Thursday 8th May

#### **Urmston Library:**

5.30pm, Tuesday 19th November 10.30am, Thursday 20th March 1pm, Monday 23rd June

#### Firswood Community Centre:

1pm, Friday 6th December 6pm, Wednesday 5th March 10.30am, Thursday 19th June

#### Altrincham (TPF):

10.30am, Wednesday 6th November 1pm, Tuesday 11th March 6pm, Thursday 19th June

Book your free place today via: https://forms.gle/dNUkh96KRwwnhdSNA



in Education

## Parent/Carer Training Series

All of our trainings are free and take place online.

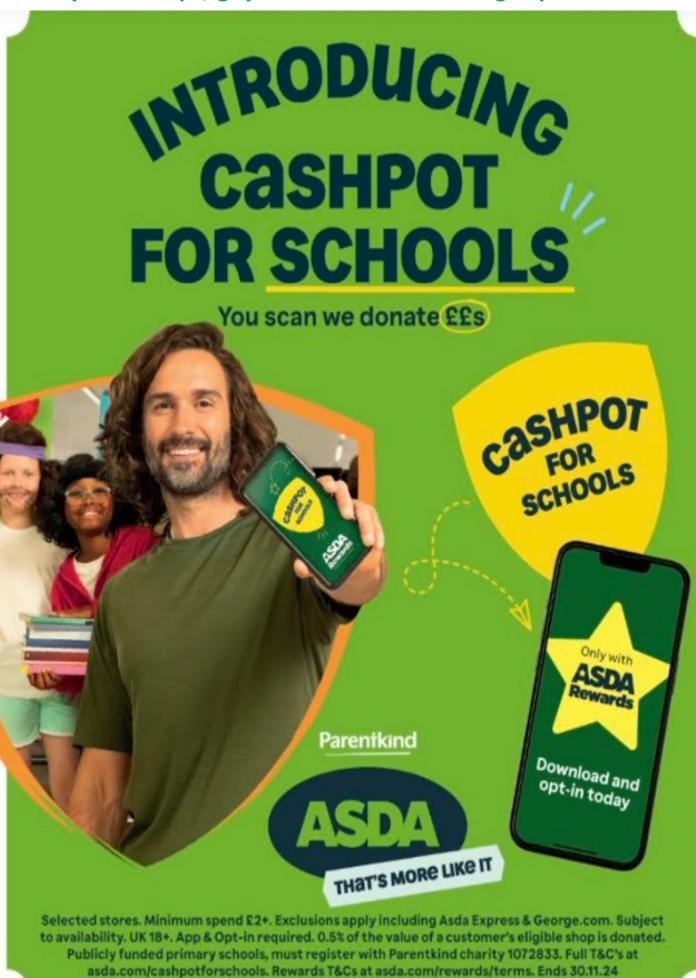
To book send email to:

#### parentsandcarers.training@mft.nhs.uk

10/10/24	Supporting your Young Person to Manage
4.30-5.30pm	Their Wellbeing
3/12/24	Supporting your Young Person to
3.30-4.30pm	Manage Their Anxiety
3/2/25 3.30-4.30pm	Supporting Young People with Low Mood
4/3/25 9.30-10.30am	Supporting Young People's wellbeing around exams
13/5/25	Supporting Young People who
3.30-4.30pm	Self-Harm
16/6/2025	Supporting Young People with
3.30-4.30pm	Emotional Regulation
15/7/25	Supporting your Young Person with

Transitions in Education

9.30-10.30am







## **Autism courses for families**

- Refreshments provided [tea, coffee, biscuits], please bring your own lunch
- This is open to parent/carers only. Receive a FREE course booklet to take home
- Learn from our experienced facilitators & other

#### **Understanding sensory needs course**

5th December 9.30am-2.30pm
Benchill community centre
Benchill Road
Manchester M22 8EJ

Booking is essential for this free course more information: click <u>link</u>

Email gmac@nas.org.uk www.autismgm.org.uk/events





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Understanding and supporting stress and anxiety-related behaviour course

> 21st Nov 2024 9.30-2.30pm Bolton Central library Bolton BL1 1SE

Booking is essential for this free course more information: click <u>link</u>

Email gmac@nas.org.uk www.autismam.org.uk/events





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- Learn from our experienced facilitators & other

Understanding and supporting stress and anxiety-related behaviour course

3rd October 2024 9.30-2.30pm
Brigehall Community Centre
Siddington Ave, Stockport SK3 8NR

Booking is essential for this free course more information: click <u>link</u>

Email gmac@nas.org.uk www.autismgm.org.uk/events

