

Dear Parents and Carers... It's been a short, but long, half term! As always, thank you for your support and challenge. It helps us to continue to think of ways to be better for our children. Have a lovely half term week, From us all at UPS

PTA Disco Fever

Thank you so much to our PTA for organising such a wellattended event. The kids clearly had an absolutely fantastic time! Thanks too to Mr Smith for his DJing prowess and to all staff who supported. Great stuff!

CROSS COUNTRY PRIDE!

A team of over 40 children attended the cross

country running event at Davyhulme on Monday. We must say that we are so proud of all of the children for the effort and resilience they have shown. There is definitely some huge talent there. Keep that running up guys...for your body and minds! We'll see you in the Olympic Games in the years to come!

SEND FORUM AND PARENT PARTNERSHIP

Thank you to those who attended and contributed to the meeting yesterday. The summary can be found at https://www.urmstonprimary.com/information/send

As always there was some meaty discussion and food for thought. Something worth considering...

Dear constituent

I am delighted to invite you to my second constituency listening event on tackling the SEND crisis. This follows an online event that I held last month with constituents.

We will invite feedback on how the Government can help address the wide range of challenges that we face in this area and deliver better outcomes for children.

• Friday 28 February, 10:00am – 11:30am. The event will be held in the centre of Stretford and my team will confirm venue details in due course.

Following the same approach as my online event last month and to get the most out of the session, we will focus on inviting your views and ideas on how we can tackle the SEND crisis and improve service provision. Your feedback will help support my parliamentary work and future discussions with ministers, Whitehall officials and sector leaders.

If you would like to attend the event, please confirm your attendance by emailing <u>andrew.western.mp@parliament.uk</u>. You are also welcome to bring your children along to the meeting. I kindly ask that you **RSVP by Wednesday 19 February** so that my team can make sure that we have enough space.

Because this is a group event, I will not be able to discuss individual cases. If you have a personal SEND issue, please email me or call my office on 0161 749 9120.

I hope you can attend the event and look forward to hearing from you.

Best wishes

Andrew Western Labour Member of Parliament for Stretford and Urmston

PARK AND STRIDE

We understand that parking outside our School Street Zone can be pretty tricky so please do remember that we have our Park and Stride option—parking is free at the Golden Hill Car Park between 8 and 9!

Starting Primary School: Transition Questionnaire-

Starting school is a special moment for families and is a big change for a young child. Planning this transition increases the likelihood of a positive start to school for all children but especially for children with SEND.

Trafford have produced Transition Guidance for Schools and Settings and the Early Years SENAS Team have made transition into school a priority. We want to continue to improve this process and would be grateful for feedback from families and children.

Thank you for your Support,

Carmen Gornall,

EY SENAS Consultant

Give us your views

https://forms.office.com/e/DfgpmABz9t

Thank you for your Support, Carmen Gornall, EY SENAS Consultant



Free School Meals Holiday Award

Please check the link if you feel it is relevant and could help...

https://www.trafford.gov.uk/residents/schools/trafford-catering/Freeschool-meals-holiday-award.aspx

Equality, Equality, and Diversity

We'll continue to leave this on...we have a governing body committee that focuses on the School Community's welfare and wellbeing. Part of the remit is to constantly look at ways in which we can be inclusive to all in our school community children, their families and our staff. We'd really like your views on how we do this and so please, if you would take a minute to complete the eight questions in the ink below, we'd really appreciate it! Thanks!

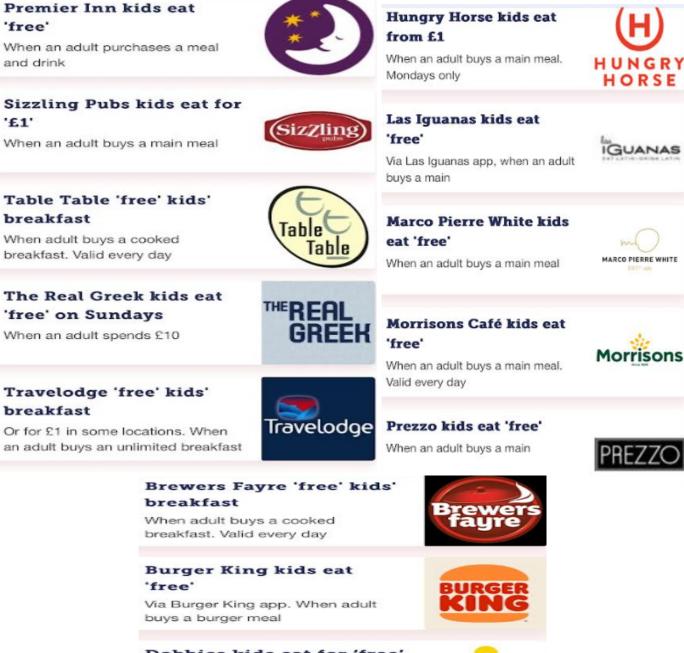
https://s.surveyplanet.com/i4yy43z2

Guide to What Support is on offer in Trafford

Life is pretty complex at the moment and we all need a bit of help now and again. Take a look at the guide at the link below which offers information on what is out there in Trafford to support you and your children... https:// www.urmstonprimary.com /parents/resources-for-

parents

Some great offers for half term...



Dobbies kids eat for 'free' When an adult buys a main meal



Dunelm Pausa Café kids eat 'free' When an adult spends £4 in café

Fridays kids eat 'free' Via Stripes Rewards app, when an

adult buys a main





Harvester kids eat for '£1'	
When an adult purchases a main	1
meal. Get voucher via the Harvester	
app	

Harvester

Classroom Action

This week, we've been researching for our non-chronological reports; presenting our topic projects; subtracting fractions; using problem solving skills during team games; discussing the beatitudes and ten commandments; counting fractions beyond 1; going on a geographical mission to

save the world, using NPP(!); conversing real life author; working on our odd and more!

in French; learning from a even numbers...and much

OK, OK, FAIR ENOUGH... When I said I was the magnet king I might have been exaggerating. Joint discrete magnets they aren't hamed after me. I down invest

Discussing the beattitudes and ten

A bit of role play on Now Press Play to end our Geography lessons. We went on a mission to save the U.K.



FRAGILE MINDS: RETHINKING SMARTPHONES AND THE DEVELOPING BRAIN

While watching my children play in the snow last week, I saw my son trying to force a carrot into the frozen head of his snowman, and it struck me, our brains are a lot like that. Have you tried learning a new skill as an adult? It's slow and frustrating, like forcing a vegetable into ice. But children learn with such ease because their brains are like soft, fresh snow. Malleable and ready to form new pathways.

The beauty of the snow gave us all a reason to be present-to sledge, build, and simply appreciate. It was a pull to get outside, to connect with the world around us. Sadly, though, the virtual world is increasingly becoming a stronger temptation than real, active play. When we allow children unrestricted access to the internet, social media, or inappropriate games, we risk shaping their neural pathways in ways that can become fixed. The instant gratification of scrolling through endless videos conditions their brains to prioritise quick rewards over deeper engagement. Modern childhood is losing the time and space for imagination and exploration, replaced by screens that steal their focus and limit their potential. By setting boundaries now, we allow their minds to grow in ways that foster creativity, resilience, and meaningful connections. Just as snowflakes are unique, so too are our children's developing minds. We aren't powerless in this journey. By making thoughtful choices and sticking together, we can help shape a future where our children thrive.

ROOTS & WINCS RAY DURAT Meg x

Roots and Wings Play Therapy

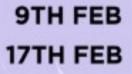
Smart phone free childhood parent pact

https://parentpact.sm artphonefreechildhoo d.co.uk/

Join the growing movement of parents across Britain who believe that childhood is too short to be spent on a smartphone

It takes 30 seconds to sign the Parent Pact. And the more of us who do, the quicker we'll change the social norm - and protect childhood for our children and future generations.





THE NEBULA CENTRE

FAMILY SEND SESSIONS BUSHCRAFT ACTIVITIES FOR ALL THE FAMILY



CLICK HERE TO BOOK ON

16TH MARCH 30TH MARCH







Friday Night SEN Football for Ages 5-11

Get involved with football through fun training sessions. Whether you want to play for fun, or looking for extra training, our sessions are for you!



Every Friday 5-6pm

Partington Sports Village, Partington, M31 4ES

Ages 5-11

FREE OF CHARGE



Scan the QR code to register:



Or Contact : josh.mcvety@accesssport.org.uk





Online relationship support for parents



Parents in this area can now access THREE ONLINE COURSES from the relationship experts at OnePlusOne. Learn to cope with stress and communicate better, wherever you are in your parenting journey.



Arguing better

Disagreements are a normal part of life. How you approach them can make all the difference to you, your partner, and your children. You will learn:

- How to recognise stress and how it can affect you.
- How to support each other through difficult times.
- What causes arguments and how to stop them.



Me, You and Baby Too

Learn how to navigate the changes that happen in a relationship when a baby arrives, including:

- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.



Getting it right for children

When parents are separating or separated, children can often get caught in the middle. Learn how to manage conflict to minimise the impact it has on your children, as well as:

- How to stop a discussion from turning into an argument.
- How to stay calm and listen as well as talk.
- Skills for finding solutions and making compromises.

To access the courses, you will need a smartphone, tablet, or computer, and a good internet connection. They are all FREE to use, so you'll just need to select your local authority area and create an account with a username and password.

You can get started by scanning the QR code or visiting: www.oneplusone.org.uk/parents

