



17.01.25
Urmston
Primary School

**Dear Parents and Carers...
Have a lovely weekend,
From us all at UPS**

Guide to What Support is on offer in Trafford

Life is pretty complex at the moment and we all need a bit of help now and again. Take a look at the guide at the link below which offers information on what is out there in Trafford to support you and your children...

<https://www.urmstonprimary.com/parents/resources-for-parents>



Being More...be more Arlo!

The world needs more people like Arlo. He has been concerned recently about children not having enough money to buy food so he decided to use £20 of his Christmas money to buy food to donate to Trafford North Food Bank. Kindness is everywhere, but there can never be too much. Great stuff, Arlo...what a fab role model for us all...we're proud of you!

'Being a Behaviour Detective' parent workshop, with Jackie Tarpey, SEN consultant and Autism and Social Communication specialist

Thank you to everyone who attended the workshop with Jackie on Wednesday. Her wealth of knowledge and experience of children and their behaviour meant that everyone benefitted hugely from her time, both parents and staff alike. Please go to www.urmstonprimary.com/resources-for-parents for the slides and video links.

Arts, Culture and Discovery...

Not so long ago, Mr Fisher and Mrs Cunningham sent out a 'Discovery Booklet', which gave the children and their families some ideas of things to do in and around Manchester. Importantly, many of these are free, and so please do take a look. Some key events coming up that you may be interested in are below. It isn't always easy with busy lives, but if you do have the time, give them a look perhaps...

Convergence: A Public Art and Design Symposium

Hosted by the University of Salford's School of Arts, Media and Creative Technology, this symposium explores collaborations in art and design across various sectors. Scheduled for Tuesday, 25 February 2025, from 1:00 pm to 4:30 pm at New Adelphi, University Road, Salford.

David Hockney: Bigger & Closer (not smaller & further away)

Running until 15 February 2025 at Aviva Studios, this immersive exhibition takes visitors on a journey through six decades of Hockney's art. Admission is free.

Sounds From The Other City (SFTOC)

Taking place in early 2025, SFTOC is Salford's renowned festival of new music and art, transforming venues along Chapel Street and The Crescent into vibrant spaces for live performances and immersive art. Many events are free to attend.

Manchester Art Gallery Exhibitions

The gallery continues to host a diverse range of exhibitions and events throughout the season. Admission is free, providing access to both classical and contemporary art.

YOUTH CONNECT 5 (YC5)

YC5 gives you the knowledge, skills and understanding to help your child to develop strong emotional skills, through resilience techniques. These techniques will strengthen your child's ability to adapt well to adversity.

★ **What will completing the programme do for you and your young person?**

Improve your relationship

Strengthen your communication

Improved connection

Increase your knowledge and confidence

5 week free programme

Develop family resilience

4th February 2025 1pm-3pm (Every Tuesday with a week off for half term)
1st May 10am-12pm (Every Thursday with a week off for half term)

at At Saint Matthews Community Hall, Chapel Lane, Stretford, Manchester, M32 9AJ

Calm Connections



Book on via Bookwhen
For more information please contact:
info@calmconnections.org

BOOK HERE



YOUTH CONNECT 5



GMCVO



[calmconnections.org](https://www.calmconnections.org)



[@calmcic](https://twitter.com/calmcic)

www.calmconnections.org



Trafford Thrive
in Education

Parent/Carer Training Series

All of our trainings are free and take place online.

To book send email to:

parentsandcarers.training@mft.nhs.uk

10/10/24 4.30-5.30pm	Supporting your Young Person to Manage Their Wellbeing
3/12/24 3.30-4.30pm	Supporting your Young Person to Manage Their Anxiety
3/2/25 3.30-4.30pm	Supporting Young People with Low Mood
4/3/25 9.30-10.30am	Supporting Young People's wellbeing around exams
13/5/25 3.30-4.30pm	Supporting Young People who Self-Harm
16/6/2025 3.30-4.30pm	Supporting Young People with Emotional Regulation
15/7/25 9.30-10.30am	Supporting your Young Person with Transitions in Education

Starting Strong...



Support and Guidance for Parents and Carers of children aged 5+ with emerging special education needs, who are not already accessing family support.

An interactive fully funded 6 week course



Join us from 05.02.2025 - 19.03.2025 from 12.30 - 2.30pm (Wednesdays)

or 11.01.2025 - 15.02.2025 from 9am - 11am (Saturdays)

Online from the comfort of your own home

Book online to secure your place:
www.thecfc.org.uk/sendparents

cfc | The Counselling & Family Centre

TRAFFORD COUNCIL

Classroom Action

This week, we've been...clay-making and marshmallow tasting; learning from and enjoying our Maya workshop; creating algorithms and games in Scratch; investigating different artefacts; investigating prime numbers when learning our times tables; working hard with money; and shapes; collecting adjectives of feelings and emotions; learning how to relax...and why sleep is so important...and much more!

