



Dear Parents and Carers,
Another week goes by...
Have a great weekend
everyone!
From us all at UPS

'Being More'...

Under the circumstances, and the somewhat more fragmented structure and set of procedures that we still have at school, it is still not as easy to instil a whole school culture of 'being more'. The concept is integral to our vision at UPS—for our children to be pro-active in making the world better through showing positive values and a can-do attitude. Please do keep letting us know about how your children are impressing outside of school so that we can celebrate their character here in school and continue to embed how important it is to 'be more' in any way that makes a positive difference to their own lives or that of others.

PARENT PARTNERSHIP AND WELLBEING

A select group joined us on Wednesday for our parent partnership and wellbeing meeting. We wanted to offer a forum where we have the opportunity to share thoughts and feelings on how to support our children in feeling safe and happy but also to support each other as adults, and vulnerable human beings ourselves(!) — indeed, during the meeting it was agreed that it is far more difficult for us to ensure the happiness of our children if we aren't happy ourselves.

We had some wonderful, supportive discussions about the difficulties of the past year or so and all acknowledged that the rhetoric of 'we're nearly out of this' is one which doesn't necessarily bring with it a feeling of ease. Indeed, there was an agreement that the current situation we find ourselves in—of getting back to a bit of normality—comes with added pressures that we all face in our daily lives and our working lives and reminds us that this 'normality' of life brings with it a host of challenges, especially with the constant lurking undercurrent of Covid.

We unanimously agreed how important it is that whilst we need to be strong for our children, sometimes that strength is displayed through showing our vulnerabilities to them, and almost modelling the importance of talking to those you trust about how you're feeling. Perhaps we should try and drop any fears we have of being judged and be willing to accept that we all find things hard from time to time...it's okay not to be okay!

We also talked about some of the difficulties that our children have faced since school reopened and that perhaps they have found it a little tricky to get back into the routine and to meet the expectations that we set at school.

Oh yes...and Zoom fatigue is most definitely a thing!!!

Thanks again to those who joined us and we hope that although some of you may find it a little uncomfortable to share thoughts and concerns in an open forum, you know that you can discuss those more confidentially should you feel the need.

We'll certainly be putting on another meeting towards the end of the summer term, but in the meantime, urge you to provide us with any feedback on how we are doing, particularly if it can support us in providing better support for your children.

KEEPING SAFE

We'll be sending out a letter on Monday (just in case parents don't all read this newsletter!) about a short video assembly that we'll be sharing with our children next week about keeping safe. It is very simple stuff which talks about, in an age-appropriate way, a number of ways to keep safe in and out of school, including touching on physical and emotional abuse and neglect and how, if our children are upset or uncomfortable about how they are treated, they can talk to trusted adults in school if they need to. Although we do not use the phrase 'sexual abuse', we do mention the 'PANTS' acronym developed by the NSPCC (see right), which gives our children some important reminders, as well as sharing the NSPCC's 'Pantosaurus' video. If you'd like any more information on this please email s.parker@urmstonprimaryschool.com.



EID MUBARAK!

What a fabulous day we all had on Monday! It was fantastic to see the children enjoying their Eid activities (and the goodies!), whilst having the opportunity to learn more about the Islamic faith and why Ramadan and Eid are such important events in the calendar. A huge thanks to everyone for helping the day to run brilliantly and especially to Ms Ahle, Mrs Sattar and Miss Shah for their organisation. Super stuff!



Raffle tickets

The PTA will be holding their raffle on 28th May, so get those tickets in...got to be in it to win it!

SLEEP TIGHT

If your child is struggling to sleep at night, help may be at hand at the Sleep Tight clinic. For more information please call 0161 286 4201 or email at tffad-min@togethertrust.org.uk

Friends of Urmston Primary present.....
Father's Day pop up shop
18th June in school hours.



Children wishing to buy something for someone special will need cash in an envelope with their name on it in school on this day.
Gifts range from at £1 to £4.