Dear Parents and Carers,

Welcome to a new term at UPS! We'll be giving you some dates for some upcoming events soon—the weather is certainly brightening up and we can't wait to invite you in, so please watch this space and we'll give you plenty of notice!

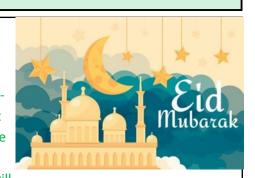
Although we have a few tweaks, our website is now a pretty thorough source of information with everything from curriculum to SEN to term dates, to all sorts of policies, so please do check it out. Have a lovely weekend.

Best wishes, Mr P.

EID

We sent you an email earlier in the week about Eid.

Next week, many Muslims will be celebrating Eid al-Fitr, also called the 'Festival of Breaking the Fast'. This is a religious festival celebrated by Muslims worldwide and marks the end of the fasting month of Ramadan. Next Friday, all classes at UPS will be having a party in the afternoon to celebrate Eid! We would love all children to take part and come to school wearing brightly coloured clothes with a voluntary £1 donation. The money raised will



Throughout the afternoon, children will be learning more about Eid and taking part in various activities set by their teachers. Traditionally, Eid is celebrated by having a big meal with family and friends, so we'd like to give each child a vegetarian samosa and a plain biscuit as a little snack during the party. None of the snacks contain nuts or eggs. If your child has any allergies or food requirements, please get in touch with their class teacher for an alternative to be provided.

go towards our class funds.

We'd also love children to experience having a small henna pattern drawn on their hands. The henna we have sourced is made up of 100% natural ingredients and usually fades away after a few weeks. If

PTA AGM

Our PTA do lots of fantastic work to raise funds through wonderful events! Please join us for the AGM on Wednesday 4th May—we'll see you at the main office...a crèche will be available!

Class Photo Day...is on Wednesday so let's make sure we're all looking our best!

The UPS environment

There are lots of things in the pipeline regarding our environment. We hope you

like the new entrance area. We aim to create a little area for scooters too and we'd really love to see more of our children scootering and cycling and walking to school, especially as it is soon to get a little safer (and maybe the air a little cleaner) outside school. The week beginning 16th May is Walk To School Week so watch this space for that. We sent you an email earlier in the week about possible changes at drop off and pick up times. Please do complete the survey and give your views. The link is again below.

https://forms.office.com/r/s39DbqvcMu



THE ROCKING REVERANDS

Take a look at this if you can! You may be able to spot someone playing the drums in the pic...our very own Reverend Smith! The appeal is particularly to help refugees fleeing Ukraine and churches in Poland and other neighbouring countries that are putting them up, often at great expense to themselves. The website is here: https://www.bmsworldmission.org/appeal/ukraine-2022/ so do feel free to attend (or give!) if you can.



TERRIFIC TUES-DAYS and WONDERFUL **WEDNESDAYS** at CALM CON-**NECTIONS** Please see the link below for some fantastic work that Calm Connections do to support children and their families... https:// mailchi.mp/

mailchi.mp/ eac7f9141fb3/ terrifictuesdays? e=f62a47ba57



BEING MORE!

We are so proud of Josh! Josh (and his sister, Elaina) were in the St George's Day Parade with their Cub and Brownies groups and at the end of the Parade there was a service where a few special awards were given out. One of those

awards was new this year and called the Arthur Brown Award.



Arthur Brown was a Scout leader who was well known for facing adversity with a smile and determination to move forward. Sadly he passed away recently and the Urmston District Scouts decided to name an award after him to be presented to a Scout who has been an example of resilience through difficult times. Josh became the first ever recipient of this award! We are certainly not surprised by this. Josh has inspired us all with his resilience over the months gone by and we are so lucky to have him as part of our UPS team...well done Josh!



This 'being more' seems to run in the family too...Elaina has been busy growing (and then cutting off!) her

hair for The Little Princess Trust – 13 inches donated for children who have lost their hair through illness. Great stuff Elaina!

More being more here...this time from Bonnie. Bonnie had the idea to have a stall where she could sell her preloved books and toys to raise money for Greenpeace as she is passionate about global warming and plastic pollution.

Bonnie set up her stall at Chassen Park and gave out leaflets she'd created (using canvas), which had recycling & energy saving tips on. Everyone read the leaflets and were impressed with Bonnie's creative ideas and dedication. She raised £91 for Greenpeace from all the donations. Plus some of her toys and books found new homes where they could be reused.



We are very proud of Bonnie and excited to see what activism ideas she comes up with next!



Frankie has also been doing her bit for the environment, cleaning up rubbish on her street. It is so good to see you taking such responsibility, Frankie...well done you!

And last but not least, we have Sophia. Sophia used her own money from doing jobs around the house and jobs for family members, to put towards buying easter eggs for the Food Bank and Maggie's Centre at The Christie. With the addition of some money from her dad's company, she bought and donated over 100 easter eggs! It



was something Sophia wanted to do because she likes to help other people. We are all so very proud of her! Great stuff Sophia!

SUNDAY &

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Do something kind for someone you really care about

Focus on what you can do rather than what you can't do

Take a step towards an important goal however small

Send your friend a photo from a time you enjoyed together

Let someone know how much they mean to you and why

Look for people doing good and reasons to be cheerful

Make a list of what matters most to you and why

Set yourself a kindness mission to help others today

What values are important to you? Find ways to use them today

Be grateful for the little things, even in difficult times

. Look around for things that bring you a sense of awe and wonder

Listen to a favourite piece of music and remember what it means to you

Find out about the values or traditions of another culture

Get outside and notice the beauty in nature

15 Do something to contribute to your local community

Show your gratitude to people who are helping to make things better

Find a way to make what you do today meaningful

Send a handwritten note to someone you care about

19 Reflect on what makes you feel valued and purposeful

Share photos of 3 things you find meaningful or memorable

21 Look up at the sky. Remember we are all part of something bigger

Find a way to help a project or charity you care about

23 Recall three things you've done that you are proud of

24 Make choices that have a positive impact for others today

25 Ask someone else what matters most to them and why

26 Remember an event in your life that was really meaningful

27 Focus on how your actions make a difference for others

Do something special and revisit it in your memory tonight



Today do something to care for the natural world

Share a quote you find inspiring to give others a boost

31 Find three reasons to be hopeful about the future







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