



29.11.24  
**Urmston**  
Primary School

Dear Parents and Carers...  
Have a lovely weekend.  
From us all at UPS

*Christmas Plays...we're getting closer guys...more info to follow...  
Tuesday 10th pm and Wednesday 11th December am—EYFS Christmas Play  
Wednesday 11th pm and Thursday 12th December pm—KS1 Christmas Play  
Wednesday 18th December, 2pm—KS2 St Clements performance*

# Thank You!

That's a massive thank you to everyone for supporting the PTA's Christmas Fair on Saturday. It was wonderful to see the school so busy and full of children (and adults!) having a great time.

A special mention to all of our volunteers - events like this simply wouldn't be possible without every single one of you. We needed at least 50 volunteers to put on the fair so a huge thank you to each and every one of you.

And finally, how much did you all help to raise for our school - a massive **£3,130!** This is an incredible figure and we are absolutely thrilled that our first big event as your new PTA raised so much money.



## 'Healthy Snacks'

Please be mindful junior parents, of the fact that children are welcome to bring in a 'healthy' snack for morning play. We know that there may be some debate about what constitutes 'healthy' and are fully aware that some of our children will just need to get a little more sustenance, whatever that may be. However, we can perhaps all agree that crisps and chocolate are not healthy snacks by any stretch of the imagination and so please be mindful of this—a piece of fruit is ideal and you certainly don't need us to tell you what isn't healthy. But, as said, please have a think about what snack the children have for break as we will be having a respectful chat with them about this. Thanks, As always.

## CLASSROOM ACTION...

This week we've been...experiencing volcanic eruptions; making models of the earth, using pegs, to help us to remember the 5 different layers of earth; doing some active maths, dividing by 4; experiencing the lives of Anglo-Saxons and Vikings(!); getting a visit from King James(!); and persuading him to let the Catholics pray peacefully; trying out subtraction using part-whole models;...and much more!





**Autism researchers discuss their work in a relaxed café atmosphere**

**28th November 2024 • 6pm–9pm • Contact Theatre  
Café open • Free tickets available from:**

**<https://www.eventbrite.co.uk/e/cafe-autistique-28th-november-2024-tickets-1076431488559?aff=oddtcreator>**

**Event organiser: [alexandra.sturrock@manchester.ac.uk](mailto:alexandra.sturrock@manchester.ac.uk)**

**Dr Erin Beeston**  
will share early findings surveying research into autistic health inequalities. And reflect on her own experiences as a parent of an autistic children & self-diagnosed as AuDHD

**Dr Kathy Leadbitter & Hilary Beach (SLT)**  
will discuss the findings of the large REACH-ASD Trial. Evaluating a new programme to support parents/carers of newly diagnosed autistic children

**MANCHESTER**  
1824

The University of Manchester

**AUTISM**

@MANCHESTER

### Guide to What Support is on offer in Trafford

Life is pretty complex at the moment and we all need a bit of help now and again. Take a look at the guide at the link below which offers information on what is out there in Trafford to support you and your children...

<https://www.urmstonprimary.com/parents/resources-for-parents>

### SPECTRUM GAMING

Spectrum gaming is run by teenagers with ASC. They run discussions - which are amazing - and this padlet has got various information on about Autism. Well worth a look!

<https://padlet.com/spectrumgaming/spectrum-gaming-autism-acceptance-training-ty10fgd8c5t6p8fc>

PARENT AND CARER INFORMATION  
AND ADVICE SESSIONS 24 - 25:



## School Attendance Difficulties & Emotionally Based School Non-Attendance

Is your child struggling or reluctant to go to school?

Trafford's Educational Psychology Service are hosting a series of advice and information sessions throughout this academic year. Each session will begin with some information about school attendance difficulties and what support can be offered, followed by a chance to ask questions and chat to other parents and carers. Each session will last around 90 minutes.

#### Online (via Teams):

1pm, Friday 29th November  
10.30am, Monday 3rd February  
6pm, Thursday 8th May

#### Firswood Community Centre:

1pm, Friday 6th December  
6pm, Wednesday 5th March  
10.30am, Thursday 19th June

#### Urmston Library:

5.30pm, Tuesday 19th November  
10.30am, Thursday 20th March  
1pm, Monday 23rd June

#### Altrincham (TPF):

10.30am, Wednesday 6th November  
1pm, Tuesday 11th March  
6pm, Thursday 19th June

Book your free place today via: <https://forms.gle/dNjkh96KRwwnhdSNA>



Trafford Thrive  
in Education

## Parent/Carer Training Series

All of our trainings are free and take place online.

To book send email to:

[parentsandcarers.training@mft.nhs.uk](mailto:parentsandcarers.training@mft.nhs.uk)

10/10/24 4.30-5.30pm	Supporting your Young Person to Manage Their Wellbeing
3/12/24 3.30-4.30pm	Supporting your Young Person to Manage Their Anxiety
3/2/25 3.30-4.30pm	Supporting Young People with Low Mood
4/3/25 9.30-10.30am	Supporting Young People's wellbeing around exams
13/5/25 3.30-4.30pm	Supporting Young People who Self-Harm
16/6/2025 3.30-4.30pm	Supporting Young People with Emotional Regulation
15/7/25 9.30-10.30am	Supporting your Young Person with Transitions in Education



## Autism courses for families

- Refreshments provided [tea, coffee, biscuits], please bring your own lunch
- This is open to parent/carers only. Receive a FREE course booklet to take home
- Learn from our experienced facilitators & other

### Understanding sensory needs course

5th December 9.30am-2.30pm

Benchill community centre

Benchill Road

Manchester M22 8EJ

**Booking is essential for this free course**

**more information: click [link](#)**

Email [gmac@nas.org.uk](mailto:gmac@nas.org.uk)

[www.autismgm.org.uk/events](http://www.autismgm.org.uk/events)





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### Understanding and supporting stress and anxiety-related behaviour course

21st Nov 2024 9.30-2.30pm

Bolton Central library

Bolton BL1 1SE

**Booking is essential for this free course**  
more information: click [link](#)

Email [gmac@nas.org.uk](mailto:gmac@nas.org.uk)

[www.autismgm.org.uk/events](http://www.autismgm.org.uk/events)

