

R'SPACE[©]

For Children & Young People aged 5-13 years old living in Trafford who have lived through domestic abuse
R'SPACE[©] is a short support programme consisting of 7 after school sessions

Children & Young People can

Express themselves in a safe place
Share their feelings & experiences in a safe place

Develop their coping skills

Socialise with other young people

Have fun

Sessions cover

Feelings

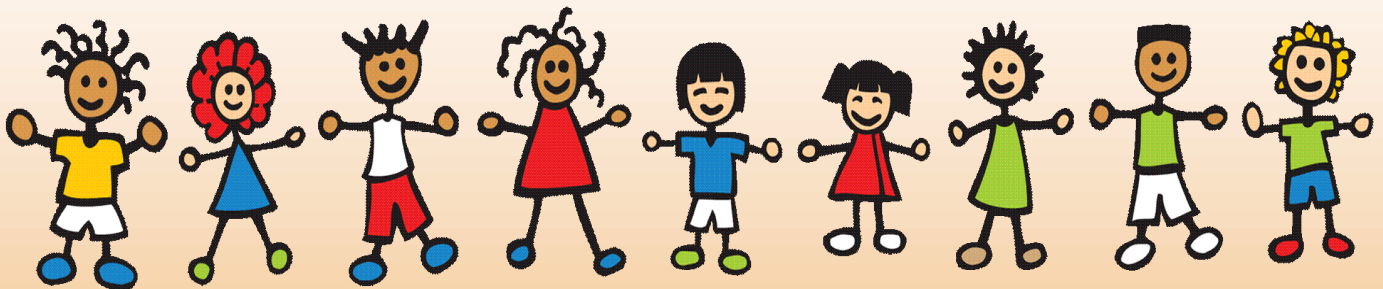
Self Esteem

Anger

Safety Planning

Problem Solving

Personal Responsibility



Priority shall be given to children at CAF/CIN/CP level.

Support is available for parents/carers throughout the programme. For more information please contact: Kirsty McAllister on 01618727368 / kirsty.mcallister@tdas.org.uk

