WEEK 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **A** | Quorn Chicken KormaRice Crusty Bread  | SausagesChips Garden Peas | Caribbean Chicken Tri colour ricePeas n Sweetcorn | Beefburger in BunWedgesSalad | Fish Fingers,Garden Peas & Chipped Potatoes |
| **B** | Jacket Potato / side salad*Choose filling:*Cheese, Tuna or Beans | Jacket Potato / side salad*Choose filling:*Cheese, Tuna or Beans | Jacket Potato / side salad*Choose filling:*Cheese, Tuna or Beans | Jacket Potato / side salad*Choose filling:*Cheese, Tuna or Beans | Jacket Potato / side salad*Choose filling:*Cheese, Tuna or Beans |
| **C** | **Sandwich or Wrap**Cheese, Ham, Tuna, Chicken, Egg | **Sandwich**Cheese, Ham, Tuna, Chicken, Egg | **Sandwich**Cheese, Ham, Tuna, Chicken, Egg | **Sandwich**Cheese, Ham, Tuna, Chicken, Egg | **Sandwich**Cheese, Ham, Tuna, Chicken, Egg |
| **Deli****KEY** **Stage**  **2** **only** | **Please indicate Baguette or Wrap****Choose main and any fillings req and specify sauce**. | **Main filling:**Spicy Chicken Chicken GoujonsHam, Cheese or Tuna | **Extra filling;**Pepperonibaconlettuce & cucumber | **Sauce’s;** bbq, tomato sauce,mayo or sweet chilli |