

I can work collaboratively with others to achieve a shared goal.	I can recognise and apply basic skills I have learnt in various sporting contexts.	I understand the effect on my body of living a healthy lifestyle.	I can identify personal areas of development and work to make improvements.	I understand and can apply game tactics and rules in a range of sports.	I have spatial awareness of myself and others and understand how different parts of my body work together.
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## To be a Sportsperson, I...

