



Usworth Colliery Primary School PSHCE Curriculum Narrative



Usworth Colliery Primary School Curriculum Vision

Enjoy achieving together...to be the best that we can be!

At Usworth Colliery, we have high expectations and aspirations for all. We pride ourselves on providing a safe, happy and healthy environment which supports our children to become confident, caring and independent learners. As a highly inclusive school, we support all our learners to access an education pathway that supports them to build on their starting points, considers their social and emotional needs and challenges them to thrive. Our ethos and core values, along with our engaging curriculum, prepares our children for modern day life and their next stage of learning. We aim to deliver a curriculum that supports our children to be ready for the real world with opportunities to problem solve, develop resilience, be inspired, curious and creative and develop aspirations for their futures. We are determined that our children will make strong progress regardless of their starting points through a well sequenced, broad and balanced curriculum. Oracy development is at the heart of the entire curriculum: children use key stem sentences to develop language structures and progression is designed across the curriculum in the Physical, Linguistic, Cognitive and Social & Emotional strands. Lessons are crafted to support pupils to build on prior knowledge, revisit key learning, practise key skills and make links, to help them learn more and remember more. We actively encourage respectful, positive relationships for all and promote British Values to maintain a strong whole school community.

Safety, Resilience, Care, Aspiration

PHSCE INTENT

At Usworth Colliery Primary, the acquisition of skills, attitudes, values and understanding is essential to ensure the entitlement of all pupils' spiritual, moral, cultural and social (SMSC) development. We seek to embed our core values of safety, care, resilience and aspirations through positive relationships, self-awareness and through our PSHCE curriculum.

Successful PSHCE education is achieved through formal and informal learning and from experiences throughout school life, including the direct and indirect teaching of the British Values. PSHCE lessons throughout our school enable our children to become independent thinkers who are confident to challenge the unknown and think deeply about the 'real' issues that they will be faced with as they leave school and go on to live their adult lives. We believe that children leave our school with our shared core values of resilience, care, safety and aspirations deeply rooted. Alongside the British Values, our curriculum prepares them for life in the 21st century with a particular focus on developing good mental health, emotional wellbeing and happiness. We empower children to become leaders who are flexible in their thinking who will explore and challenge social injustice and question deep-rooted beliefs to create a more equal society for everyone. Through an inspired love of learning, we equip children with the correct tools to develop their own characters to be respectful, tolerant and active members of society by strengthening their life skills so that they can become citizens of the future. We continually provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of the diverse society in which we live.

We INTEND that our curriculum will:

Me and My Relationships	Give children the skills needed for friendships and team work. They will think about people who are special to us and who we can turn to for help, when needed.
Valuing Difference	Embed the importance of celebrating our differences by exploring what we have in common with others, what makes us different, and the positive things about this. It will also focus on thinking about the positive differences that respect, tolerance and kindness - both face-to-face and online - can make to every one of us within our community.
Keeping Myself Safe	Allow children to understand the rules and laws of their country plus the different ways they can keep themselves safe, including online through social media, apps and gaming sites. They will learn the skills of assertiveness, recognising the influence of friends, and also how to think critically about the decisions they can make to help themselves manage risks safely both with and without an adult.
Rights and Responsibilities	Encourage children to look after the environment both locally and globally. They will understand how to manage money and the changing rights and responsibilities they will have as they grow older.
Being my Best	Demonstrate to children how to set achievable and aspirational goals whilst at the same time developing positive strategies to help them achieve their potential, through a positive growth mindset approach. They will learn about taking care of themselves and their wellbeing, physically and mentally.
Growing and Changing	Prepare our children for the physical and emotional changes that will happen to them as they grow older, including changes at puberty and how to approach this with confidence. Y6 will also have to option to attend a Sex Education lesson in line with current UK Government policies.

PHSCE IMPLEMENTATION

At UCPS we use the SCARF (Safety Caring Achievement Resilience Friendship) scheme of work from CORAM Life Education. We decided on this scheme because it provides a whole-school approach to delivering quality PSHCE lessons that encompasses our school intent as well as promoting good behaviour, safety, achievement, wellbeing and happiness. It is mapped to the PSHE Association programmes of study and meets the DoE statutory requirements for SMSC, the British Values and the statutory Relationship and Sex Education guidance. Our curriculum has been organised to promote age appropriate content and progression throughout each year group in a 'spiral'. The PSHCE long term plan clearly shows which year groups are dedicated which areas of learning (where appropriate) and the progression of subjects from EYFS, Key Stage 1 and Key Stage 2.

As you walk around Usworth Colliery, you may not see a PSHCE lesson being taught in the *traditional* way. As a staff, we understand that PSHCE needs to be taught at the point of learning and that opportunities to discuss PSHCE can arise at any point during the school day. PSHCE can be taught discretely through other subjects and curriculum areas; through pastoral care and guidance carried out by the class teacher or the THRIVE behaviour team; and in dedicated PSHCE activities and school events or through assemblies (whole school, class or key stage).

Real-world Opportunities:

- To encourage the teaching of PSHCE in our everyday life, we at UCPS:**
- Work with local charities and food banks.
 - Participate in local and national awareness days. (eg. Red Nose, Children in Need, Mental Health Week).
 - Have close links with our community and other mental health organisations local to the area (Kooth, Washington Mind, TfC, LumiNova, Police).
 - Encourage all adults within our school to follow our core values and be role models for all children.
 - Ensure extra-curricular activities and trips have the British Values and the school values discreetly threaded through them (Derwent Hill, London, Sunderland Empire).

Big ideas:

In each strand children will learn about:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being my Best
- Growing and Changing

PHSCE IMPACT

PSHCE and RSE education supports our pupils to achieve their academic and social potential. By the end of Y6, all of our children should have met the key outcomes of our PSHCE curriculum and therefore acquired the skills and attributes to help them build positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. They will have the necessary skills to stay healthy and safe and be prepared for life and work in modern day Britain.

The IMPACT of our curriculum will create pupils who are:

Healthy	They recognise the skills needed for a positive healthy relationship. They are assertive and make the right choices to stay safe in all areas of life, both online and in person.
Tolerant	They are tolerant, accepting and respectful of the similarities and differences of those around them.
Forward Thinking	They know how to look after the environment and understand the importance of sustainability for an ever-changing world.
Aspirational	They have aspirational goals and can develop a positive growth mindset then achieving these goals. They are resilient and have the capacity to recover quickly from difficulties.

Social Worker

Teacher

Counsellor

Child Psychologist

Career Coach