

PE Curriculum Overview Document

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Walking (negotiating space) Ball Skills (balloons)	Moving (Gymnastics)	Nursery Rhymes (Dance)	High, Low, Over, Under (Gymnastics)	Rackets, Bats & Balls	Games for Understanding (Attack v Defence) Multi-skills
	Outdoor Continuous Provision: Hands, Feet & Jumping					
Year 1	Health and Wellbeing	Heroes (Dance)	Wide, Narrow, Curled (Gymnastics)	The Zoo (Dance)	Rackets, Bats and Balls (tennis) <i>*Intra-house competition</i>	Team Building
	Running and Jumping		Hands1		Feet 1	
Year 2	Health and Wellbeing	Mr Candy's Sweet Factory (Dance) Prepare for festival	Linking (Gymnastics)	Explorers (Dance)	Rackets, Bats and Balls (tennis) <i>*Intra-house competition</i>	Games for Understanding (Attack v Defence) <i>*Intra-house competition</i>
	Dodging and jumping		Hands 2		Feet 1	
Year 3	Mindfulness	Wild Animals (Dance)	Handball	Symmetry and Asymmetry (Gymnastics)	Athletics <i>*Intra-house competition</i>	Rounders
	Basketball <i>*Intra-house competition</i>		Hockey <i>*Intra-house competition</i>		Communication & Tactics	
Year 4	Mindfulness	World War II (dance)	Skipping	Bridges (Gymnastics)	Dodgeball <i>*Intra-house competition</i>	Cricket
	Netball <i>*Intra-house competition</i>		Problem Solving		Athletics <i>*Intra-house competition</i>	
Year 5	Tag Rugby (Other class swimming)	Basketball <i>*Intra-house competition</i> (Other class swimming)	Athletics <i>*Intra-house competition</i> (Other class swimming)	Tag Rugby (Other class swimming)	Basketball <i>*Intra-house competition</i> (Other class swimming)	Athletics <i>*Intra-house competition</i> (Other class swimming)
	Health Related Exercise		Orienteering		Football	
Year 6	Health Related Exercise	Carnival (Dance)	Netball	Matching & Mirroring (Gymnastics)	Tennis <i>*Intra-house competition</i>	Badminton
	Tag Rugby <i>*Intra-house competition</i>		Athletics <i>*Intra-house competition</i>		Cricket & Leadership	

