

PSHCE Vocabulary EYFS, KS1 and KS2

The vocabulary is fairly similar for all of the different units as SCARF is a spiral curriculum but this document does show the progression of the vocabulary (both in terms of amount and meaning). I have tried not to replicate the vocabulary unless it appears regularly.



Year	Year Appropriate Vocabulary		
EYFS	<p>Same, different, friends, family, special, favourite, help, feelings, happy, excited, sad, angry, kind, caring, safe, unsafe, body, trust, can, can't, try, food, strong, energy, healthy, sleep, germs, exercise, seasons, babies.</p>		
KS1	<p align="center">KS1</p> <p>Jobs, responsibilities, behaviour, rules, comfortable, uncomfortable, feelings, emotions, happy, angry, sad, fearful, surprised, nervous, worried, safe, safety, controlled, body, mind, hurt, adults, trust, special, friends, family, conflict, resolution, qualities, difference, relationships, behaviour, teamwork, tolerance, racism, cooperation, caring, same, different, fair unfair, respect, unkind, teasing, bullying, rules, laws, thoughtful, generous, food, strong, energy, healthy, clean, unclean, hygiene, sleep, germs, exercise, regular, important, medicine, environment, resilient, fail, can, can't, difficult, portion, fruit, vegetable, baby, toddler, adult, grow, change, appropriate, inappropriate, good touch, bad touch, red/green areas, money, sensible, Growth Mindset, goals, aspirations, praise, dream, secrets, privates.</p>	<p align="center">EYFS</p> <p>Same, different, friends, family, special, favourite, help, feelings, happy, excited, sad, angry, kind, caring, safe, unsafe, body, trust, can, can't, try, food, strong, energy, healthy, sleep, germs, exercise, seasons, babies.</p>	

KS2	<p style="text-align: center;">KS2</p> <p>Listen, agree, disagree, resolve, argue, argument, dispute, communities, tolerance, diversity, respectful, needs, emotional needs, example, risk, risky, situation, cigarettes, alcohol, medicine, health, influence, online, personal details, share, information, communication, cyber, opinion, fact, false facts, responsibility, health, benefits, talents, skills, goals, goal-setting, careers, aspirations, improve, resilience, achieve, positive negative, human, egg, sperm, body space, comfortable, uncomfortable, body language, assertive, religion, faith, culture, differences, tolerance, stereotyping, racism, labels, challenge, influence, media, celebrity, image, body image, awareness, self-awareness, confidence, Growth Mindset, choice, harmful, positive, negative, selective, accurate, inaccurate, media, cyber, trolls, environment, bystander, active, rights, responsibilities, witness, biased, money, limited resource, generations, future, puberty, marriage, civil ceremony, couples, gender, same-sex, law, parental consent, consent, aggressive, passive, response, ignorance, misunderstanding, external, internal, male, female, develop, puberty, FGM, menstruation, sex, labour, birth, conceive (see below), HIV, immune system.</p>	<p style="text-align: center;">KS1</p> <p>Jobs, responsibilities, behaviour, rules, comfortable, uncomfortable, feelings, emotions, happy, angry, sad, fearful, surprised, nervous, worried, safe, safety, controlled, body, mind, hurt, adults, trust, special, friends, family, conflict, resolution, qualities, difference, relationships, behaviour, teamwork, tolerance, racism, cooperation, caring, same, different, fair unfair, respect, unkind, teasing, bullying, rules, laws, thoughtful, generous, food, strong, energy, healthy, clean, unclean, hygiene, sleep, germs, exercise, regular, important, medicine, environment, resilient, fail, can, can't, difficult, portion, fruit, vegetable, baby, toddler, adult, grow, change, appropriate, inappropriate, good touch, bad touch, red/green areas, money, sensible, Growth Mindset, goals, aspirations, praise, dream, secrets, privates.</p>	<p style="text-align: center;">EYFS</p> <p>Same, different, friends, family, special, favourite, help, feelings, happy, excited, sad, angry, kind, caring, safe, unsafe, body, trust, can, can't, try, food, strong, energy, healthy, sleep, germs, exercise, seasons, babies.</p>
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Menstruation/puberty/sex appears in the Y3 and Y4 curriculum (Unit 6 Growing and Changing), however puberty lessons actually appear in the Y5 curriculum and sex appears in the Y6 curriculum:

Year 3 and 4:

NB: the **Science National Curriculum** statement associated with this lesson is from the Y5 Programme of Study. However, it is not uncommon for menstruation to begin before that age. Girls can start their periods as young as 8 years old, so it is strongly recommended that children learn about periods from Y3/P4. You are best placed to decide whether to introduce the lesson at this age, or leave for Y4/P5, alongside the SCARF lesson that follows on from it, entitled *Period positive*.

Year 6:

NB: you may want to deliver this session in single sex groups, depending on class. You will be the best person to determine this. You can adapt the content of the session according to maturity levels and other relevant factors.

Please also note, this session deals with how babies are conceived. It is now not uncommon for children to be conceived through IVF or other means. There may be children in your class who were conceived this way, in which case particular sensitivity will be needed.

Note re National Curriculum links: in the absence of Science Programmes of Study statements for this age group for some elements of this lesson, it is linked to relevant Y5 statements. SCARF provides a spiral curriculum and therefore provides age-appropriate information for Relationships Education at regular intervals in line with recommended good practice.