

Dear Parents and Carers,

As a part of your child's education at Usworth Colliery Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health, Citizenship and Economic (PSHCE) education programme. PSHCE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We follow a scheme developed by Coram Life Education called SCARF which stands for: Safety, Caring, Achievement, Resilience, Friendship.

PSHCE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our curriculum. All PSHCE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

The Department for Education has released new statutory guidance for Relationships Education (RSE) and Health Education and this will come into effect in all primary schools from September 2020 but due to the numerous disruptions this year, this has been slightly delayed.

All year groups, from Reception to Year 6, will have a focus on the relationships and sex education (RSE) aspect of this programme. This includes but is not exclusive to: healthy relationships including friendships and online safety; changing families and diverse families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will always have opportunities to ask questions during and after the lessons.

If you would like to find out more or discuss any concerns, please get in touch. There is no right to withdraw from Relationships Education at primary as we believe the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught. For more information there is also a list of 'Parents FAQ's' online at <https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>

Mrs. Claire Swinburn

(Subject lead for PSHCE Education)