

Dear Parent/Carer,

As part of our Personal, Social, Health and Economic (PSHE) and Relationships Education curriculum, Year 6 pupils will shortly be taking part in a unit of learning about puberty, human development and reproduction. The session is planned for **XXXXXX** where the school nurse (who the children are already familiar with) will also be present.

The aim of these lessons is to provide children with accurate, age-appropriate information to support their transition into adolescence and secondary school. The lessons will be delivered in a sensitive manner and will provide opportunities for pupils to ask questions in a safe and supportive environment.

What will be covered?

The programme will include:

- Physical and emotional changes that occur during puberty (covered in Y5).
- How babies are conceived and develop in the womb.
- The process of birth.
- Respectful relationships and personal boundaries.
- Correct scientific names for body parts.
- Where children can access help, advice and support from trusted adults.

All content will be taught using age-appropriate language and resources and will be in line with Department for Education guidance (more information can be found here <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>).

Parents' right to withdraw

Relationships Education and Health Education are statutory subjects and parents do not have the right to withdraw their child from these elements of the curriculum. This includes learning about friendships, families, safety, body changes during puberty, menstruation and healthy relationships.

Parents do have the right to request that their child is withdrawn from any elements of sex education taught outside of the National Curriculum for Science. You do have the right to withdraw your child from the session, but we would urge you to come and chat to a member of staff first if you are thinking about this so we can chat through any worries or concerns you have. Y6 staff will also be able to answer any questions you may have before or after the session and are able to show you the resources we are planning to use. We are committed to working in partnership with parents and carers and welcome any questions you may have.

Thank you for your continued support.

Yours sincerely,

Mrs. Swinburn
Year 6 Teacher and PSHCE Lead