

# USWORTH COLLIERY PRIMARY SCHOOL Weekly Newsletter 31st January 202

31st Tanuary 2025

#### ATTENDANCE WINNERS THIS WEEK

These classes have the highest attendance this week. Well done everyone who achieved 100% attendance this week! EYFS/KS1 1BD 92.92% KS2 4EH 99.44% Base Blue 97.27% Whole school attendance - 91.49%

#### OFSTED INSPECTION

This week we received our Ofsted report which will go live on the Ofsted website in few days' time. All parents and carers will have received an email with the report attached and it is now also on our website (please follow the link below to access it). As a school, we are very pleased with the outcome and the report as we feel it reflects our school, vision and values and celebrates the hard work of our whole school community.

https://www.usworthcolliery.co.uk/parents/ofsted-parent-pupil-view

#### NUMBER DAY (Friday 7th February)



On Friday, we will be celebrating NSPCC Number Day. Children will be taking part in some special activities in their classrooms for Maths lessons and they are invited to wear non-uniform linked to number. It could be joggers that have 3 stripes or a top that they can count the spots on. Let's all have some number fun!

#### CHILDREN'S MENTAL HEALTH WEEK (3-7TH FEBRUARY 2025)

Next week, we will be celebrating Children's Mental Health Week (3-7th February 2025). The theme for this year is 'Know Yourself, Grow Yourself' and focuses on the importance of understanding self-awareness and managing emotions. Each class will spend time learning about ways to combat and deal with overwhelming feelings and situations, with a specific focus on their own emotions and how they look and feel. We will be using resources and activities from children's mental health charity, Place2Be. There is a dedicated family section if you wish to complete some activities at home:

https://www.childrensmentalhealthweek.org.uk/families/

Also see the poster attached to the bottom of this newsletter for more information

Thank you for your support. *Mrs Swinburn*.

#### **HEALTHY HEADS: WORKING IN SCHOOL**

We have worked really hard as a school to be able to bring in the Healthy Heads Team to support our children and families. Healthy Heads is a mental health service that school is now accessing. The service is provided by South Tyneside & Sunderland NHS Foundation Trust and is based in Sunderland. Heathy Heads can offer early intervention to help children, young people and their families who are struggling with mild to moderate anxiety and/or depression. The team involved includes Clinical Lead's, Primary Mental Health Specialists, Primary Mental Health Workers, Senior Educational Mental Health Practitioners (EMHP), and Speech and Language Therapists. The Clinicians in the team provide a range of emotional, behavioural and psychological support services to children, young people, parents and professionals. Through-out the remainder of the year. Healthy Heads will be running school wide assemblies, group workshops, 1 to 1 workshops and support for parents. If you feel your child could benefit from this support, or for further information please speak to our Family Liaison Officer Mrs L Thubron.

#### SPOTLIGHT ON SUSTAINABILITY

This week's spotlight is on Sustainability. Across school, we have been working hard to implement the topics from our sustainability curriculum. Some of the topics we have covered so far include learning about healthy living, climate change, biodiversity, healthy living, transport and waste – the Three R's Reduce, Reuse and Recycle. It has been lovely to see the children so engaged and learning about such an important topic. To see examples of your children's work, follow this link to the website page <a href="https://www.usworthcolliery.co.uk/blog/2025-01-31-09-00-00-subjects-in-the-spotlight">https://www.usworthcolliery.co.uk/blog/2025-01-31-09-00-00-subjects-in-the-spotlight</a>

#### YEAR 3 BASKETBALL COMPETITION

On Tuesday this week, ten of our Year 3 pupils took part in a basketball competition against children from schools in Gateshead. It was a tough competition and our children had to fight hard, show great determination and work together as a team which they did incredibly well. They showed some fancy footwork too! I was so impressed by their attitudes and their fighting spirt and as always when out of school they made us proud! Well done all of you!



#### YEAR 6 MINDFULNESS



Amidst the experience of mocks SATs this week, Y6 also had a Mindfulness Session with Anthony from Active Sunderland. We looked at the benefits of exercise, sleep and a healthy, varied diet. We then had a go at yoga, finger breathing (ask and we'll show you!) and even used Maltesers and strawberries to practise mindful eating! Hopefully these techniques will help the children if they are feeling overwhelmed or worried over the next few months.



#### WHO HAS BEEN IN MY OFFICE THIS WEEK?

**Layla 5GS** was so proud of herself. She came rushing in to tell me that in maths she had pushed herself, shown true resilience and manged to complete not only the main maths task but also the challenge question. I was so proud of her and so was her teacher! Well done Layla keep up the hard work.

**Finley, Max, Lucas, Oscar S, Oscar F and George** all came to show me their writing which has improved so much since September. What is really impressive is their attitude to learning and how hard they are trying to improve. Super work boys well done!



## RECOMMENDED READS AND NEW RELEASES THE NEW FAMOUS FIVE: FIVE AND THE FORGOTTEN TREASURE BY CHRIS SMITH

Join the original Famous Five and a new group of children in this exciting new adventure by bestselling author Chris Smith, inspired by Enid Blyton.

When Fran, Tom, Maddy and Gilbert the dog stay with Professor George Kirrin for the holidays, they soon find themselves caught up in a robbery of a top-secret treasure map. Professor George will have to tell them about an old case of the Famous Five if they're ever going to catch the thief and rescue the forgotten treasure...

### POLITE REMINDER ABOUT EXPECTATIONS FOR PARENTS, CARERS AND ALL VISITORS TO SCHOOL

- Please make sure, in order to set a good example for our children that all visitors to the school wear appropriate clothing and avoid wearing pyjamas, dressing gowns etc.
- We have a no smoking policy for anywhere on the school grounds and this includes vapes and/or cigarettes.
- Please do not bring dogs onto the school premises even if they are carried.
- Please remember no bikes or scooters should be ridden in the playground or between yards for the safety of everyone

Many thanks for your on-going co-operation

#### **AFTER-SCHOOL CLUBS**

| Day      | Club name          | Staff                 | Year Groups |
|----------|--------------------|-----------------------|-------------|
|          |                    |                       |             |
| Monday   | Lego               | Mrs Edmonds/Mrs Green | 1-6         |
| Monday   | Mindful Colouring  | Mrs Allen             | 3-6         |
| Monday   | Forrest School     | Mrs Prinn/Mrs Walker  | Rec-2       |
| Monday   | KS1 Homework       | Miss Coxon            | 1-2         |
| Monday   | Jewellery Making   | Mrs Dixon             | 1-3         |
| Monday   | Book Club          | Miss Brown            | 3-6         |
| Tuesday  | Film Club          | Mrs Jones             | 1-6         |
| Tuesday  | Multi Sports       | Mr Pearson            | 3 and 4     |
| Tuesday  | KS2 Homework       | Mrs Henderson         | 3-6         |
| Tuesday  | Choir              | Mrs Barella           | 2-6         |
| Thursday | Hama Bead Crafting | Mrs Burrell           | 1-3         |
| Thursday | Skipping           | Miss Armstrong        | 2-4         |

#### **SPRING TERM DATES**

Events next week New dates added

Saturday 1st February
Tuesday 4th February
Thursday 6th February
Friday 7th February
Monday 10th February

Science is my Superpower
EYFS Gruffalo stay and play
Lego League Team Event
NSPCC Number Day
Bikeability Week (Year 5)

Tuesday 11<sup>th</sup> February EYFS Cat in the Hat Stay and Play

Tuesday 11<sup>th</sup> February Reception Mini Movers Intergenerational Visits

Friday 14th February
Wednesday 19th February
Wednesday 19<sup>th</sup> February
Wednesday 20<sup>th</sup> February
Thursday 20<sup>th</sup> February

Friday 21<sup>st</sup> February Staff INSET DAY (no pupils in school)

Monday 3<sup>rd</sup> March School opens for all pupils

Tuesday 11th March Reception Mini Movers Intergenerational Visits

Wednesday 12th MarchParents' MeetingsTuesday 1st April5GS trip to OuseburnWednesday 2nd April5JW trip to OuseburnThursday 3rd AprilKS1 Girls football eventMonday 7th AprilY6 Phoenix ProgrammeTuesday 8th AprilY6 Phoenix Programme

Tuesday 8<sup>th</sup> April

Wednesday 9<sup>th</sup> April

Thursday 10<sup>th</sup> April

Selection Mini Movers Intergenerational Visits

Y6 Phoenix Programme Final Presentation

Y1/Y2 Easter Performance for Y1 parents (pm)

Friday 11th April School closes for the Easter Holidays

Children return to school on Monday 28th April

#### TWITTER STARS

Remember to check out this week's Twitter Stars! These are tweeted on: @TStarKS1\_UCPS or @TStarKS2\_UCPS. They also appear on @UCPrimary and on our website Twitter feed

#### **HOUSE POINTS**

Check out our house point counter at <a href="https://www.usworthcolliery.co.uk/children/house-point-counter">https://www.usworthcolliery.co.uk/children/house-point-counter</a>. Children are awarded points throughout the week for following the Colliery Code. This week's classes with the most house points are:

1st - 4EH 2nd - 3RL 3rd - 6CS

#### Headteacher Mrs Alison Forster

Manor Road, Sulgrave, Washington, Tyne and Wear, NE37 3BL

www.usworthcolliery.co.uk

Tel: (0191) 417 8888

info@usworthcolliery.co.uk @UCPrimary#













Artsmark Silver Award Awarded by Arts Council England

#### **NOTICES**



We have a new website where you'll find lots of information about the services we provide and how we can help you.

You can find the Sunderland Mental Health Support Service: Healthy Heads Team website by visiting www.stsftmentalhealth.nhs.uk or scan the QR code using the camera on your mobile phone.

If you would like your child to access the service, please speak to your child's school.



