

FREE SCHOOL MEALS

If you think that your child may be eligible for free school meals, then we urge you to complete the online form.

[Free School Meals - Together for Children](#)

If your child is in reception, Year 1 or Year 2 they automatically receive a free lunch as part of the Universal Free School Meals scheme. You have to apply for free school meals. **THEREFORE, IT IS REALLY IMPORTANT YOU APPLY, IF YOU THINK YOU QUALIFY AND YOUR CHILD IS IN YEAR 2. THEY WILL NO LONGER GET FREE MEALS WHEN IN YEAR 3 IF YOU HAVE NOT APPLIED.**

We get updated lists of those who have applied on a weekly basis. Also, your child does not automatically receive free school meals even if a sibling in school does, you still have to apply for each child individually. Any questions then please contact the school office.

We have received an email from together for children that they have received funding for the vouchers £60.00 per child. For the Summer holidays however, you only receive these if you are in receipt of free school meals. If you have applied and you are eligible for the vouchers, you will receive a text from school when they are ready to be collected.

USWORTH COLLIERY SUMMER FAIR

We will be hosting our Usworth Colliery Summer Fair this year on **Friday 12th July** from 1.30pm to 3.30pm. You will be able to collect your child from their class in the afternoon and take them to the festival.

We will be having all the usual activities plus a lot more!

Money raised will be towards funding an outside play area

We would be grateful for any donations for the festival stalls: a general tombola – any unwanted or unused gifts, chocolate or sweets, a bottle tombola – anything ranging from soft drinks, toiletries, ketchup or wine and bottle bags.

We will be having a non-uniform day on FRIDAY 21st JUNE. Instead of bringing in money, we are asking if parents could send a small donation of any item above for the festival. As always, thank you so much for your support.



WHO HAS BEEN IN MY OFFICE THIS WEEK?

Emile 5GS came to show me the amazing work she has been doing in the holiday. Emile missed the last week of term and so was not able to complete her 'hot write'. But this didn't stop this young lady she spent her half term holiday recreating a non-chronological report on the Yellow Spotted Lizard which she made into a huge multi-coloured poster with fantastic facts, labelled diagrams and maps. She even created a glossary. Really impressive Emile, keep up the hard work!

PSHCE AND MENTAL HEALTH FAMILY OPEN MORNING

On Friday 21st June from 9am-1030am, we are hosting a PSHCE and Mental Health family open morning in school (in the hall) and we would love to invite you to collect your child from class to come to the main hall and see what it's all about! In our school, we teach PSHCE (Personal, Social, Health and Citizenship Education) on a weekly basis covering a wide range of issues and topics, always taking our lead from the children and teaching what is appropriate and necessary for the class and year group. Many lessons are drama or discussion based so we record our work in large 'floor books' and often use stories and scenarios to introduce and teach certain topics. There will be a chance for you to look through your child's floor books and have a go at some of the activities and techniques that we use throughout school to promote PSHCE and good mental health. There will also be a comfy reading area where you can sit and read with your child. We have invited ambassadors from the local area to come along and promote their mental health services which are available to everyone. Hopefully we will see you there! Mrs. Swinburn.



YEAR 3 BIODIVERSITY TRIP

On Thursday, the year 3 children spent half a day at Campground household waste and recycling centre. They got to go places within the grounds where all the rubbish goes (where the public normally aren't allowed,) which was surprisingly exciting. We observed bin motors from Gateshead and Sunderland dispose of rubbish and a huge front loader truck push the rubbish into piles. It was crazy to see how much rubbish had been disposed of from just a few houses in one morning. Outside in the garden, the children participated in a bug hunt to see what biodiversity could look like in green spaces around us. We then got to look at the pond water and saw some really interesting animals. We all had great fun.



SPOTLIGHT ON MUSIC



Over the course of the year, every year group has covered 3 different genres/themes in their music lessons. They have had the opportunity to listen and appraise pieces of music, learn new songs and play along with these on either the glockenspiel or recorder. The children have composed their own music and can represent this on musical staves/rhythm grids. Take a look at some of the exciting things the children have been doing this year on our website. Follow the link below to check out our musical skills!

<https://www.usworthcolliery.co.uk/blog/2023-10-19-20-34-43-subjects-in-the-spotlight>

WHAT'S ON AT THE RAINBOW CENTRE?

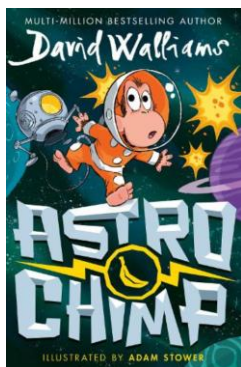
The Rainbow Centre is a fantastic resource on our doorstep for our children and families. It offers so many workshops, support programmes, baby and toddler groups and lots more. I have attached the current timetable to the bottom of this email so check out what is currently available to you as part of the local community!

<https://www.happity.co.uk/venues/baby-groups-washington-rainbow-family-centre>

INTERNATIONAL YOGA DAY

Have a look at the flyer at the bottom of the Newsletter this week advertising a free yoga class for kids on Friday 21st June for 3:30 at Usworth Park – Little Onions Club!

RECOMMENDED READS AND NEW RELEASES ASTROCHIMP BY DAVID WALLIAMS



Chump the chimpanzee was always being silly. He would:

- Make rude noises from both ends,
- Pick his nose with his little toe,
- Eat the skins of bananas, hurling out the tasty part inside.

NASA's scientists thought he'd be the perfect chimp to send into space. Little did Chump know that he had been selected for a deadly-dangerous mission. If a chimp could orbit Earth, then chances were a human could too. With Chump the chimp at the controls of a spacecraft, what could possibly go wrong?

As it turned out, everything. Blast off with Chump, and encounter a pirate space-dog, a laser-blasting cat, some dastardly fruit flies and the most ludicrous threat the world has ever faced in this wildly funny space opera fully illustrated in fantastic colour.

SUMMER TERM DATES

Mon 10th-Fri 14th June- Healthy Eating Week

Wednesday 12th June – Class photographs

Wednesday 12th June - Y6 Kooth Mental Health workshop

Thursday 13th June - Reception Mini Movers Intergenerational Visits

Thursday 13th June – Geography Fieldwork Showcase

Friday 14th June – Y5 assembly

Monday 17th June – 1EP Washington library

Tuesday 18th June – NSPCC Workshops Y2, Y5 and Y6

Monday 20th June - Base 1 Beamish

Friday 21st June - PSHCE/Mental Health Open Morning

Friday 21st June – Non Uniform (bring something in for Summer Fair!)

Monday 24th June – 1RD Washington library

Tuesday 25th June – KS1 Sports Day (pm)

Friday 28th June – KS2 Sports Day (pm)

Tuesday 2nd July – RAW Pizza Express visit

Friday 5th July - Washington 60th Anniversary picnic

Monday 8th July - Y5 Heritage Day Beacon of Light

Tuesday 9th July – RDB Pizza Express visit

Thursday 11th July - Reception Mini Movers Intergenerational Visits

Thursday 11th July - Y6 performance

Friday 12th July – End of Year reports

Friday 12th July - Summer Fair

Monday 15th July - Wilderness Trip 6CS

Tuesday 16th July - Wilderness Trip 6JM

Friday 19th July – Y6 Leavers Assembly

Friday 19th July – Break up for Summer holidays

EXTRA-CURRICULAR ACTIVITIES SUMMER TERM

Day	Club name	Staff	Location
Monday	KS1 Homework	Mrs Hilton	2CH Classroom
Monday	Review Crew	Mrs Kaur	Base 3
Monday	Mindful Colouring	Mrs Allen	3LC Classroom
Monday	Lego	Mrs Green and Mrs Edmunds	KS2 Intervention Room
Tuesday	KS2 Homework	Miss Skeen	5GS Classroom
Tuesday	Gardening	Mrs Lowe	3RL Classroom/Wild Garden
Tuesday	Yoga and Positivity	Mrs Comby	3LC Classroom
Tuesday	Games and jigsaws	Mrs Dixon	1RD Classroom
Tuesday			
Tuesday			

Day	Club name	Staff	Location
Monday STARTS 13 th MAY	Football Skills boys/Girls	Mr Rutherford	School Field
Thursday STARTS 2 nd MAY	Football Skills Girls	Mr Rutherford	School Field

TWITTER STARS

Remember to check out this week's Twitter Stars! These are tweeted on: @TStarKS1_UCPS or @TStarKS2_UCPS. They also appear on @UCPrimary and on our website Twitter feed

HOUSE POINTS

Check out our house point counter at <https://www.usworthcolliery.co.uk/children/house-point-counter>. Children are awarded points throughout the week for following the Colliery Code. This week's classes with the most house points are:

1st – 1EP 2nd – 2CB 3rd – 3RL

ATTENDANCE WINNERS

These classes have the highest attendance this week. Well done everyone!

Whole school attendance – 89.47%

EYFS/KS1 1EP - 97.5% KS2 3RL - 93.89%- **BASE 2SR -100% Well done**

Mrs Alison Forster Headteacher

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Tel: (0191) 417 8888 info@usworthcolliery.co.uk [@UCPrimary#](https://twitter.com/UCPrimary#)



NOTICES

Rainbow Family Hub Timetable
Monday 3rd June - Friday 19th July 2024
Family.hubwashington@togetherforchildren.org.uk

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Rainbow Family Hub Washington, NE37 3AE 0191 561 3995</p>	<p>Time for Rhyme 9.30am - 10.15am</p> <p>Play Space and Sensory Room 9am - 12noon 1.00pm - 3.00pm</p> <p>Busy Bodies 1.30-2.30pm</p> <p>Breastfeeding drop in group 1.00pm - 3.00pm</p>	<p>Stay and Play 9.30am - 10.30am</p> <p>Play Space and Sensory Room 9am - 12noon</p> <p>Parenting Drop in 9.30 - 11.30</p> <p>Super Communicator Stay & Play (speak to Health Visitor or email Family Hub as referral only) 1.15pm - 2.15pm</p> <p>Antenatal Programme 3.45pm - 5.45pm To book call 03000 031552</p>	<p>Review and Development Clinic 10.00 - 11.30am Book via Health Visitor</p> <p>Parenting Drop In 9.00-11.00am</p> <p>Special Lionesses SEN Playgroup 10.00am - 12noon</p> <p>Birth Registrations Please book via the Sunderland City Council</p> <p>Baby Massage Bookable</p> <p>Active Sunderland Healthy Lifestyle Club 5years and over 3.30-5.00pm Bookable</p> <p>Outside the Lines Play Group for SEND 0-11 years (siblings welcome) 4.30 5.45pm</p>	<p>Makaton To book call 0191 5613995</p> <p>Stop Smoking Support drop in Building Blocks 1-2.30pm</p> <p>Childminder Network 9.30am - 11.30am</p> <p>Warm Hub 9.30am - 11.30am</p> <p>Play Space & Sensory 1.00pm - 3.00pm</p> <p>Bread and Butter Thing To Reserve a bag text 07860063304</p>	<p>Play Space and Sensory Room 9am - 12noon 1.00pm - 3.00pm</p> <p>Weight Watchers 9.30am - 11.30am</p>

Social media

Please check 'My Best Life website', www.mybestlife.org.uk
 Sunderland Family Hubs Facebook and Instagram pages for more information,
 and booking details for some of our sessions.



Rainbow Family Hub Timetable
Monday 3rd June - Friday 19th July 2024
Family.hubwashington@togetherforchildren.org.uk

Special Lionesses Playgroup for children with SEN. Ran by Special Lionesses

Review and Development Clinic - please book through your Health Visitor. Call 03000 031552.

Baby Massage (birth - 6 months) a 5-week course and an opportunity to have special time with your baby through nurturing touch and massage.

Young Mams n Dads is a dedicated friendly group for parents aged between 14 and 22 years old, to have fun and socialise. Includes sensory, messy play, crafts, cooking and much more. Contact Angela 07917535234 or Anna on 0743575336.

Midwife Booking In Appointments. As soon as you find out you are pregnant, contact a GP or Midwife and they will help you book your first appointment. Your first Midwife appointment (also called the booking appointment) should happen before you are 10 weeks pregnant. This is because you'll be offered some tests that should be done before 10 weeks.

Sensory Room (from birth) sensory lights and equipment to help develop your child's senses. Also for children and young people with SEND aged 0-25 years. 30 minute exclusive slots are available.

Birth Registrations - Please book via Sunderland City Council website. Register a birth, a new born baby must be registered within 42 days of the date of birth. The baby should be registered in the registration district where it was born.

Warm Hub Come along for a free tea, coffee or hot chocolate.

Outside the Lines Play Group for SEND

0-11 years (siblings welcome) For children with a diagnosis or on the pathway, in mainstream, specialist or home educated.

Super Communicator Stay & Play - This is a dedicated group to help develop speech and language skills from age 18months - 3 years. Please speak with your Health Visitor or contact your Family Hub email address for more information.

Childminder Network Are you a registered childminder and would like to attend the childminder network with your childminded children? Please contact the Early Years team on this email early.years@togetherforchildren.org.uk

Play Space (0-5 years) a parent led session, where parents are encouraged to play and interact with your child/ren in a friendly environment.

Stay and Play (0-5 years) have fun with your little one whilst socialising with parents. Each week we will have a themed activity such as books, messy play and everyday opportunities.

Breastfeeding drop in to share experiences and advice about your breastfeeding journey with other parents. There is no need to book simply drop into any of the sessions.

Antenatal Parent Programme - a 5 week course book from 26 weeks gestation by calling 03000 031 552.

Time for Rhyme (birth - crawling) is an interactive session for babies and their parents / carers. Sessions are based around sharing nursery rhymes, action songs, musical instruments and books.

Mini Minds and Me (Sunderland Talking Therapies)
6 Week course to develop strategies using CBT.
How to refer? Via your maternity professional
Telephone: 0191 566 5454 Online:
<https://sunderlandtalkingtherapies.co.uk/>

Move to Rhyme (from moving) an interactive session for babies and their parents/ carers to share nursery rhymes, action songs, musical instruments and books.

Weaning - two sessions covering how to wean your baby on to solid food, understanding baby's cues, healthy key messages and food tasting. Your baby should be around 6 months old to attend the class. Please contact Jackie on 07786855891 to book a space.

Pre Natal Yoga stay active and healthy while pregnant. Improve your energy levels, strength, balance, posture, circulation, flexibility and breathing.

Makaton Support your little ones early language skills - 6 week programme for parents. Carers with babies over 6 months old. Please contact Rainbow Family Hub to discuss booking on.

TING - Together for Children Individual Needs Group. Informal play sessions which may benefit you or your child if they have additional needs. Support from other parents with similar experiences. sign posting and support around Behaviour, Sensory needs and regulation. For Children aged 4 and under.

Bread & Butter thing For just £7.50 people who sign up to become members of The Bread and Butter Thing will get around £35 worth of food, including fresh fruit and vegetables, chilled food for the fridge, and store cupboard staples.

Stop Smoking Support - The first step to quitting smoking, come along to the drop in clinic for support and tips.

Breast Pump Loan Scheme

Can be loaned on a 4 weekly basis. Each pack comes with information on how to use and a guide on how to clean. Call 03000 031552 to find out more.

Registering

Please complete a 'Welcome form' to register at our Family Hubs then sign in each time you come to any hub. Everything is FREE!



Funded by
UK Government

Sunderland
City Council

International

Yoga Day

Free kids class

fri 21 june
3.30-4.30pm
Usworth
Park



Links for Life
Sunderland



POWERED BY
**LEVELLING
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