

Intent:

To facilitate the development of independent skills across a range of activities in preparation for adult life.

		Cycle A (2023-24)	Cycle B (2024-25)	Cycle C (2025-26)
Autumn	1	Health and Hygiene <i>To understand the importance of health and hygiene and the resources to support.</i>	Health Appointments <i>To develop and understanding of health appointments necessary to maintain a healthy life.</i>	Appropriate Equipment and Clothing <i>To gain an awareness of appropriate clothing for different household tasks, and potential hazards.</i>
	2	Independence in the Kitchen <i>To gain independence in a range of tasks and use of appliances within a kitchen.</i>	Independent Household Tasks <i>To gain an understanding of making and changing a bed, folding and hanging clothes and ironing.</i>	Cleaning a Bathroom <i>To develop skills and understanding of the requirements to clean a bathroom.</i>
Spring	1	Laundry <i>To develop confidence in laundry tasks.</i>	Cleaning a Bedroom <i>To understand how to tidy, polish and Hoover a bedroom and maintain organisation.</i>	Independent Household Tasks <i>To gain an understanding of hoovering, polishing, emptying bins, cleaning windows, sweeping, mopping, washing up, drying up.</i>
	2	Shopping and Stock <i>To develop the ability to check stock and complete shopping lists.</i>	Household Stock <i>To develop the knowledge to check household stock and add essential items to a shopping list.</i>	Organisation in the House <i>To develop systems to organise everyday living, shopping lists, notice boards, recipes, cleaning products, budgeting.</i>
Summer	1	Making a Meal <i>To plan a meal using a recipe, resource, budget and cook.</i>	Shopping on a Budget <i>To gain an understanding of planning meals and shopping on a budget.</i>	Reading Recipes <i>To gain confidence using recipes with the kitchen.</i>

	2	Cleaning a Kitchen <i>To understand all of the tasks required to maintain a clean kitchen.</i>	Understanding Maintenance of a Garden <i>To gain an understanding of maintaining a garden, bins and recycling.</i>	Understanding Bills within a Home <i>To gain an understanding of water, electrics and heating.</i>
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Running throughout each cycle	<u>Spiritual, Moral, Social and Cultural Development</u> The spiritual development of learners is shown by their: - Ability to be reflective about their own beliefs (religious or otherwise) and perspective on life. - Knowledge of, and respect for, different people's faiths, feelings and values. - Sense of enjoyment and fascination in learning about themselves, others and the world around them. - Use of imagination and creativity in their learning. - Willingness to reflect on their experiences. The moral development of learners is shown by their: - Ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, recognise legal boundaries and, in so doing, respect the civil and criminal law of England. - Understanding of the consequences of their behaviour and actions. - Interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues. The social development of learners is shown by their: - Use of a range of social skills in different contexts, for example working and socialising with other learners, including those from different religious, ethnic and socio-economic backgrounds. - Willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively. - Acceptance and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs; they develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain. The cultural development of learners is shown by their: - Understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and that of others. - Understanding and appreciation of the range of different cultures in the college and further afield as an essential element of their preparation for life in modern Britain.	<u>Fundamental British Values</u> Individual Liberty: - Freedom of speech to make own decisions. Mutual Respect: - Treating others as you would want to be treated. Tolerance: - Learning about other cultures and faiths and listening to viewpoints. Rule of Law: - Understanding rules and why they are important.
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	• Ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities. • Knowledge of Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain.	
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