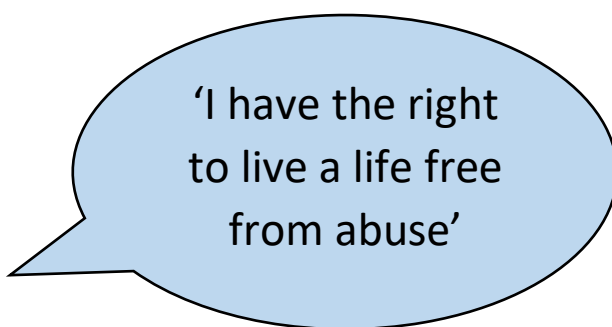




Valley College

# Keeping safe from abuse

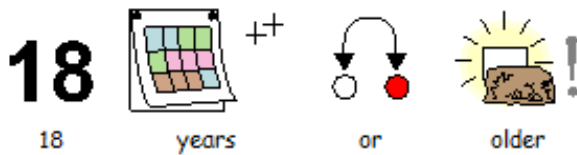
This leaflet tells you how you can get help  
and advice



Preparation for	Adulthood	Citizenship and	Employability
-----------------	-----------	-----------------	---------------

# Who is at risk?

An adult at risk is a person who is:

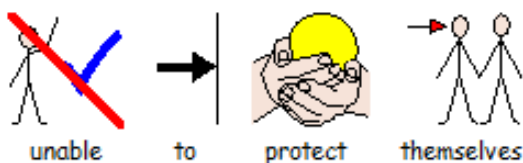


18 years or older

Has care and support needs. This maybe because of their age, disability, mental health needs, drug or alcohol misuse or other condition.



and

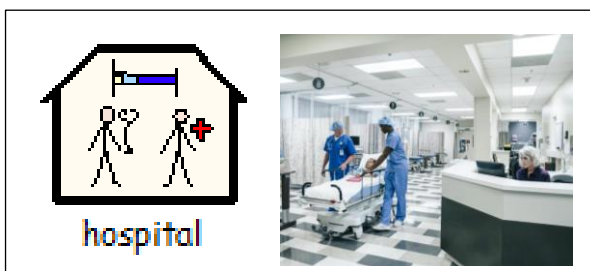


Is unable to protect themselves

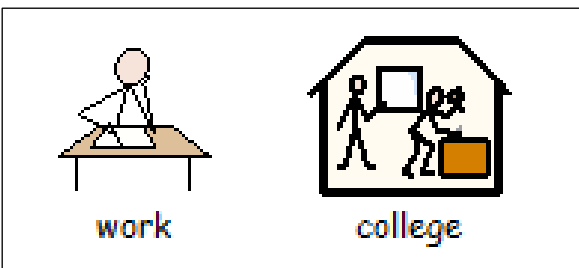
# Abuse can happen anywhere



At home



In a hospital



At work or in college



On the internet or  
phone



In a public place or in  
the community

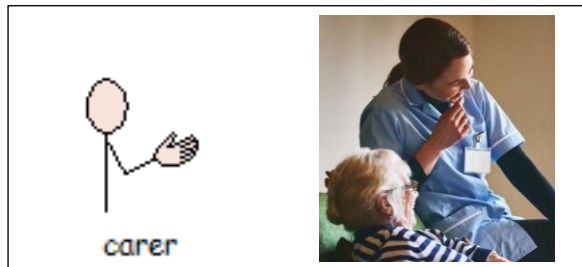
# Abuse can be caused by anyone



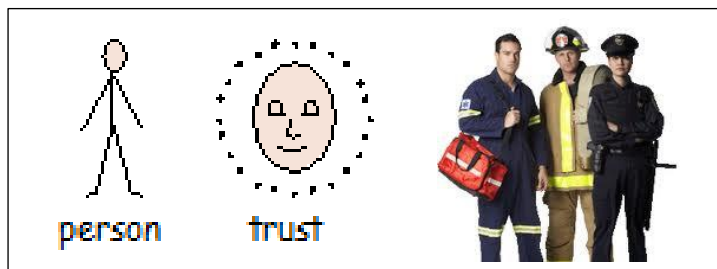
A partner or relative



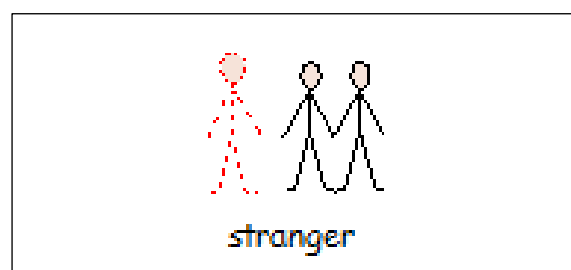
A friend or neighbour



A carer



Someone in a position of trust

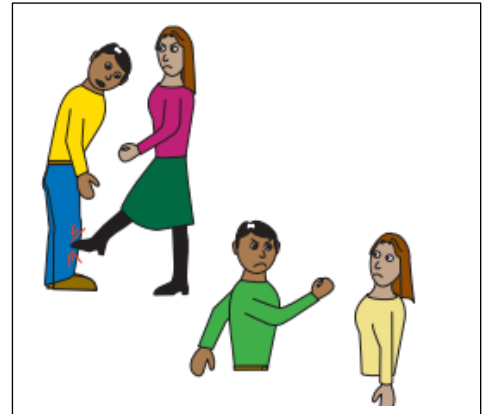


A stranger

# Different kinds of abuse

## Physical abuse

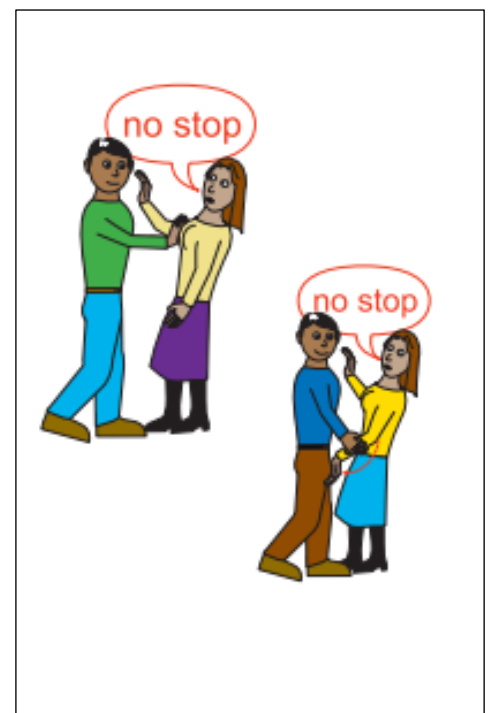
This involves being hit, slapped or kicked or hurt in another way



## Sexual abuse

This is when someone touches your private parts when you don't want them to, or makes you touch them.

It is also when someone talks to you about sex when you don't want them to.



## Psychological abuse

This is when someone makes you feel sad, afraid or not important.

This could be by shouting at you, calling you names or making fun of you



## Financial or material abuse

This is when someone takes something that belongs to you without asking, or makes you give them things



## Neglect

This is when you do not get the help you need. It might include not getting help with your medication or not giving you enough food.



## Discriminatory abuse

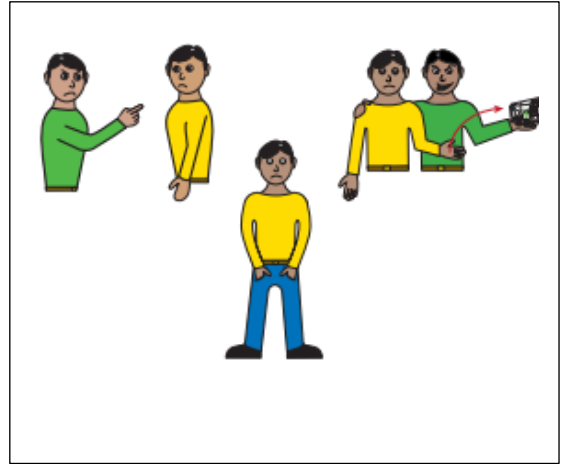
This is when someone treats you badly because you are different to them. This is sometimes called a Hate Crime. This could be because of your

- Age or gender
- Sexuality or disability
- Race or religious belief



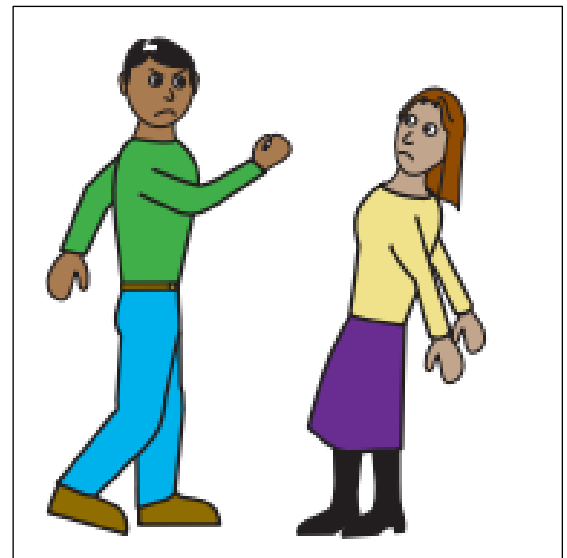
## Modern Slavery

This is when someone is forced to work with little or no pay, or threatened with violence if they do not work



## Domestic Violence and Abuse

This is when abuse takes place between partners or family members



## Self-neglect

This is when someone might come to harm because they do not look after themselves. This might be not eating or looking after their personal hygiene.



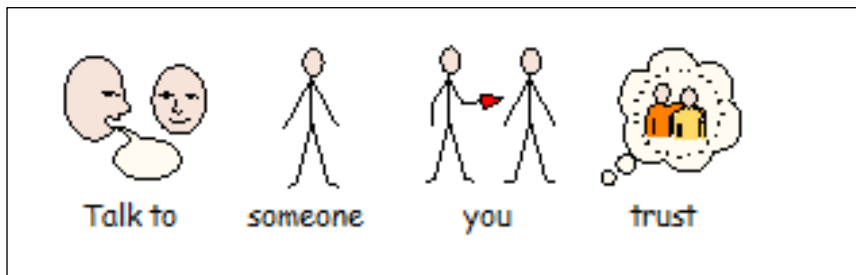
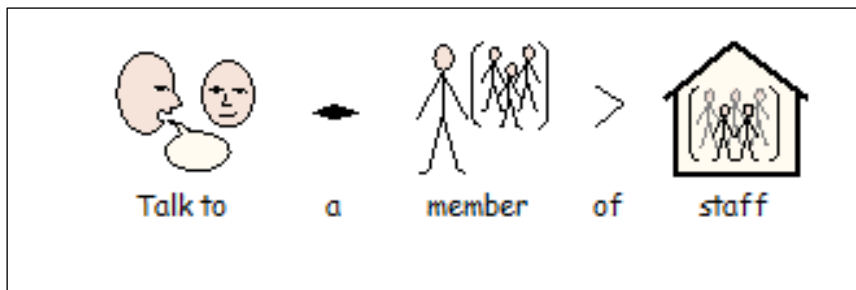


# What can you do?

Remember: Abuse is always wrong

If I was worried about abuse, I could talk to:

A member of staff in college or a person I trust



Or a DSL



Kelly Morgan  
Head of Valley College incl  
Tor View FE Department



Eileen Melling  
Assistant Head of Valley College  
incl Tor View FE Department



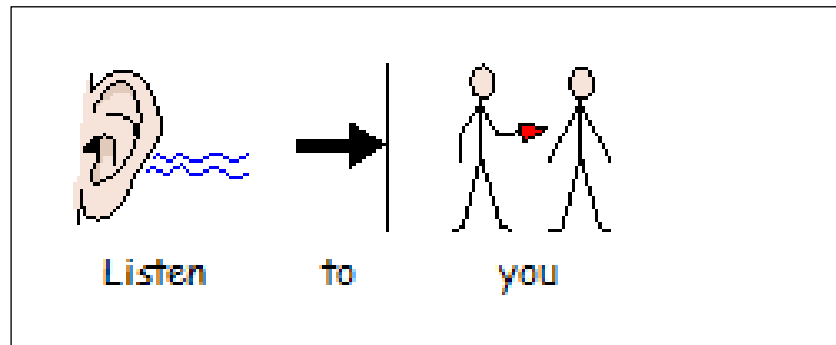
Sue Johnson  
Admin Lead

or talk to the police if it's a criminal matter



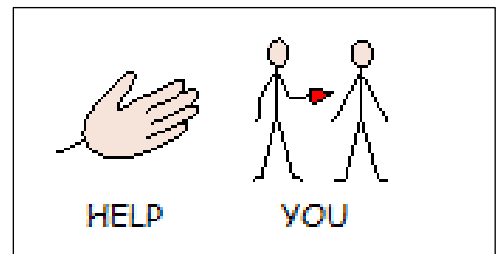
# When you talk to someone they will

Listen to you



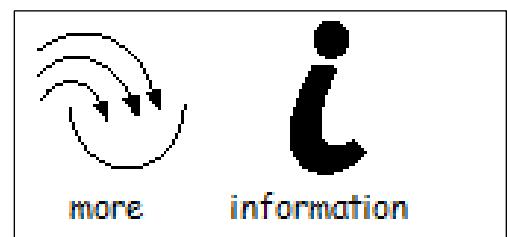
Take you seriously

Respond sensitively



Listen to your wishes

For more information:



<https://www.lancshiresafeguarding.org.uk/lancashire-safeguarding-adults.aspx>

Lancashire Adult social care

Telephone **0300 123 6721** and ask to speak to a duty social worker.